

West Cheshire AC - fixtures - 2019

Colour Code							Club Promotions_Marshals_Officials_!!!!							
Sportshall	Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC					
T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor	School			Age Groups					
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen	
>>>>>	March	2019	<<<<<<<											
2nd	Saturday	10.00am	WCAC Schools CC Races 4		Stanney	School	Yr 3 to 8	m+f	m+f					
3rd	Sunday	11.00am	Borders League - 5 - Birkenh'd		Bromborough	Club					m+f m+f m+f			
.	Sunday	11.00am	High Legh 10K (open Soon ?)		High Legh	'Nifty'	fills up				m+f m+f m+f			
.	Sunday	11.00am	26th Cloud Nine Hill Race		Congleton, CW12 1RG	9.5+booking	fills up			min 18yr	m+f m+f			
9th	Sat/Sun	10.30am	Eng Ath Comb Event Champs		EIS Sheffield	on Entry	15th Feb			m+f m+f				
.	Saturday	11.00am	Inter-counties CC Champs		Prestwold Hall,Loughborough	Selection by County		XXX	m+f	m+f	m+f	m+f m+f		
.	Saturday	12noon	British Masters CC Champs		Malone, Belfast, NI	£12/15.00	3rd Mar					Mas		
10th	Sunday	9.00am	BTR Liverpool Half Marathon/ 10m		Pier Head, Liverpool	£33/31 +b	tba		8000 limit		m+f m+f			
.	Sunday	9.30am	Chester 10K		Northgate Arena	£24/22.00	1st Mar				16+	m+f m+f		
.	Sunday	9.30am	Trafford 10K (chip time)		PartingtonLiesureCen	£18/16.00	1st Mar			min 16yr	m+f m+f			
.	Sunday	10.30am	Sale H - Indoor Open T&F [6]		Etiihad Campus	£6/ event	extra on Day				m+f m+f m+f m+f			
.	Sunday	10.30am	Knighton 20 [Staffs Area]		Knighton ST20 0QH	£17/ 15.00	+£1 onday				17+ m+f			
13th	Wednesday	pm	Cheshire County Indoor Finals		EPSV	Area	qualify			7&8				
15th	Friday	4.00pm	Chester & Dist Primary CC races		Stanney	School			m+f					
16th	Saturday		ESAA CC Championships		Temple Newsam,Leeds	Selection by County				Jun	Int	Sen		
17th	Sunday	09.00am	Marathon & 20mile (Run Wales)		Wrexham town centre	£40/38.00					18+ m+f			
.	Sunday	10.30am	Wrexham Half Marathon		Wrexham town centre	£30/32.00					17+ m+f			
.	Sunday	11.00am	TuffNutz 11/6.5m Team Challenge		Thustaston CP	£75/60 team	25th Mar		Team of 3		m+f m+f			
19th	Tuesday	10.00am	Falésia 5K		Falésia, 8200 Albufeira	€ 5.00 cash (Euros)				13+	m+f m+f m+f			
22nd	Friday	1.00pm	Helsby & Frodsham Primary Sch		Delamere	School			m+f					
23rd	Saturday	10.00am	WCAC T&F Trials for YDL		Stanney					m+f	m+f	m+f m+f		
.	Saturday	noon	(SIAB) SchoolsCC International		Santry Park, Dublin	Selection by Country				Jun	Int			
24th	Sunday	10.30am	Wilmslow 1/2 Marathon		Wilmslow	£29/27+fee	23rd Feb		Limit 4800		m+f m+f			
.	Sunday	11.00am	Northern 5k road race championship		Birkenhead Park	club £7/ath	15th Mar				m+f m+f			
.	Sunday	12.00am	NoAth Men 12/Ladies 6 stage relays		Birkenhead Park	£96/48.00	15th Mar				m+f			
.	Sunday	12.30pm	NW Regional u13Team & u15AllRound		Sport City	Selection by County				m+f m+f				
.	Sunday	12.30pm	NW Fun in Athletics, Sportshall		Sportcity, Manchester	Selection by County				m+f				
27th	Wednesday	5.00pm	Intercounty School match		Stanney	County				Yr7				
.	Wednesday	6.30pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500			11+	m+f m+f m+f m+f			
28th	Thursday	18.00pm	WCAC T&F Trials for YDL		Stanney					m+f	m+f	m+f m+f		
31st	Sunday	11.00am	Borders League - 6 - Buckley		Hope/Caergwrlle	Club					m+f m+f m+f			
>>>>>	April	2019	<<<<<<<											
6th	Saturday	10.30am	National 12/6 Stage Relays		Sutton Park	Senior Men need to qualify!					m+f m+f			
7th	Sunday	9.00am	Manchester Marathon		Old Trafford	£60.00					18+ m+f			
TBC	Sunday		National Road Relays		Sutton Park	Club	tba			m+f	m+f	m+f		
.	Sunday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2			m+f	m+f	m+f		
10th	Wednesday	7.00pm	ESSAR SPRING 5		Upton, CHESTER	£11/9.00	NONE on day	500 limit			15+	m+f m+f		
13th	Saturday	10.00am	Liverpool Throws & Jumps		Wavertree	£10/13/16.00	8th Apr/ol	7th XXX		m+f	m+f	m+f m+f		
13/14th	Sat/Sun	12.30pm	UK Sportshall Final		Sportcity, Manchester	Selection by County				m+f m+f				
14th	Sunday	9.30am	BTR - Mersey Tunnel 10K		Liverpool/Wallasey	£24/22.00	online+fee!				m+f m+f			
.	Sunday	10.30am	Wirral YA Open + Mile 3.30pm		Oval, Bebington	£4.00	£5 on day			m+f	m+f	m+f m+f m+f		
.	Sunday	11.00am	Whitley 10K		Whitley, Warrington	£16/14.00	12th Apr		500 limit		15+	m+f m+f		
19th	Good Friday	10.00am	Salford 10K		LwrKersall M7 3NQ	£16/14.00	on-line		750 limit		15+	m+f m+f		
20th														
21st	Sunday	9.30am	Hale 5 - [Interval Races]		Hale village	£19/ 17.00	9th Apr		+ £2 Onday		17+	m+f m+f		
21st	Sunday	10.15am	Air Products10K		Crewe	£12/10.00	3rd Apr				15+	m+f m+f		
22nd	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2			m+f	m+f	m+f		
24th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500			11+	m+f m+f m+f m+f			
.	Wednesday	7.30pm	Borders League - 7 - Prestatyn		Ffrith	Club					15+ m+f m+f			
26th	Friday	7.15pm	(Cute) Mid-Cheshire 5K		Kingsley cricket club	£13/11.00	Fri 19th				16+ m+f			
27th	Saturday	11.00am	Tk 11.30am YDL Lo NPremW Rd1		Sport City	Club				m+f m+f				
.	Sunday	8:55/10ar	LONDON MARATHON		London	Closed					m+f			
>>>>>	May	2019	<<<<<<<											
4th	Saturday	11.45am	Cheshire League Rd1		Connah's Quay	Club	On Day			m+f	m+f	m+f m+f m+f		
5th	Sunday	11.10T/10	Tk 11.40am YDL Up W2 Rd1		Leigh	Club					m+f m+f			
6th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2			m+f	m+f	m+f		
7th	Tuesday		ESAA Schools Cup,1st Round		Warrington	School	28th Feb			Jun	Int			
TBC	Tuesday	7.15pm	Thurstaston M-T Challenge (PensbyR)		Wirral Country Park	£6.00/4.00	4th May		+£1 On Day		17+	m+f m+f		
.	Tuesday	7.30pm	Mobberley 'R the R 5m'		Mobberley nr Rly Sta	£10/8.00	waiting list!		NO onday		m+f m+f m+f			

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T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor	School			Age Groups				
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen
TBC	Tuesday	8.00pm	WCAC Anniversary 4 minute mile		Stanney			all					
8th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,		Oval, Bebington	£3.00	on night					m+f	m+f
9th	Thursday	6.15pm	Mow Cop 'Killer' Mile - / - 'Fun Run'		nr Kidsgrove ST7 3LS	£8.50/ 6.50	May 5th	m+f	m+f	m+f	m+f	m+f	m+f
11th	Saturday	8.30am	Sandstone Trail Challenge		Whitchurch > Frodsham	£20.00	125run 125 [14+] walk					m+f	m+f
11/12th	Sat/Sun	10/10.15	Cheshire T&F Championships		Macclesfield	£6/ event	5th May		m+f	m+f	m+f	m+f	m+f
12th	Sunday	11.00am	Market Drayton 10K		Market Drayton	£22/20.00	waiting list!				15+	m+f	m+f
TBC	Sunday	11.30am	Ffrith 5K		Ffrith Complex LL19 7AR	£12/10.00	9th May		m+f	m+f	m+f	m+f	m+f
14th	Tuesday		ESAA Schools Cup,1st Round		Macclesfield	School	28th Feb		Jun	Int			
17th	Friday	7.15pm	Christleton 5K		Christleton CH3 7AD	£12/10.00	o-l 16th May	Limit 500			16+	m+f	m+f
18th	Saturday	11.00am	Tk 11.30am YDL Lo NPremW Rd2		Wavertree	Club			m+f	m+f			
19th	Sunday	9.00am	ESSAR Chester Half Marathon		Roodee to City Hall	£35/33.00	5000 limit					m+f	m+f
.	Sunday	11.30am	Northern T&F Division 1 Rd1		Blackburn	Club						m+f	m+f
22nd	Wednesday		Chester & District T&F Champs		Deeside	School			Yr 7 & 8				
23rd	Thursday	7.15pm	Dunham Massey Park 5K [NCGP1]		Dunham Massey	£9.30/7.30	20th Jun	£32/24 Seri	400	12+		m+f	m+f
25/26th	Sat/Sun		England (+NA) Combined Events		Bedford	£20.00	7th May					m+f	m+f
26th	Sunday	11.10T/10	Tk 11.40am YDL Up W2 Rd2		Stanney	Club						m+f	m+f
.	Sunday	11.30am	Mynydd Myfyr Hill Run (SY10 9DY)		Trefonen, Oswestry	£7.00	On Day only			15+	m+f	m+f	m+f
27th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2	m+f	m+f	m+f			
28th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f	m+f
29th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500		11+	m+f	m+f	m+f	m+f
30th	Thursday	7.30pm	Birchwood Brook 5K [NCGP2]		Birchwood Comm. HS	£9.30/7.30	28th May	£34/24 Seri	400	12+		m+f	m+f
>>>>>>	June	2019	<<<<<<<										
1st													
1/2nd	Sat/Sun	10.30am	NoAth T&F Championships		Sport City	£12 + 8add	21st May	£6 additional				m+f	m+f
2nd	Sunday	7.10am	Deva Triathlon - Olympic/ Middle		Grosvenor Pk, Chester	£68>31Mar	5th Jun					m+f	
5th	Wednesday	7.30pm	Birkenhead Park 5M +family 7.00pm		Birkenhead	£12/10.00	tba	YA £1 on day	15+	m+f	m+f	m+f	m+f
6th	Thursday	7.15pm	Bowdon 5K [NCGP3]		Bowdon	£9.30/7.30	3rd Jun	£34/24 Seri	400	12+		m+f	m+f
8th	Saturday	9.45am	Cheshire Schools T&F Champs		Warrington	School	24th May		Jun	Int	Sen		
TBC	Sunday	11.00am	Passing Clouds ST13 8SW		Tittesworth R. Vis/Cen	tba	On day only					18+	m+f
11th	Tuesday	12 noon	ESSA Schools Cup Reg A Round		Blackpool	School	qualify		Jun	Int			
12th	Wednesday	7.30pm	Park Hall 5K (OsOly SY11 4AS)		OswestryRugbyClub	two prices!	On line		14+	m+f	m+f	m+f	m+f
.	Wednesday	7.45pm	Wirral Endurance Series Track 3K,		Oval, Bebington	£3.00	on night					m+f	m+f
13th	Thursday	7.15pm	Dunham Massey Park 5K [NCGP4]		Dunham Massey	£9.30/7.30	9th Jun	£34/24 Seri	400	12+		m+f	m+f
15th	Saturday	10.30am	Mason Trophy, Intercountry		Alexander Stadium	County			Jun	Int			
16th	Sunday	11.30am	Northern T&F Division 1 Rd2		Wigan	Club						m+f	m+f
.	Sunday	10.00am	BTR - Port Sunlight 5k		Port Sunlight	£20/18.00	+fee online		13+	m+f	m+f	m+f	m+f
.	Sunday	11.00am	BTR - Port Sunlight 10k		Port Sunlight	£25/23.00	+fee online				15+	m+f	m+f
19th	Wednesday	12 noon	ESSA Schools Cup Reg B Round		Warrington	School	qualify		Jun	Int			
20th	Thursday		Chester & District T&F Champs		Deeside	School			Yr 9, 10 & 11				
Provisio	Thursday	7.30pm	Warrington RR 10K		Woolston,Linear Park	'Nifty'	21st Jun				18+	m+f	m+f
TBC	Friday	7.15pm	Tattenhall 'Tough Team' - 9.5 mile		Tattenhall	£10.00/ 8.00/ entrant		Limit 100 teams	o17	m+f	m+f	m+f	m+f
22nd	Saturday	11.00am	Tk 11.30am YDL Lo NPremW Rd3		Stockport	Club			m+f	m+f			m+f
22/23rd	Sat/Sun	10.00am	EAu23/u20Champs		Bedford	on sign in	29th May	£7 additional				m+f	u23
.	Sat 10.30/ Sun 10.00		ESAA Combined Events Reg Rd		Crewe	School	30th May		Jun	Int	Sen		
23rd	Sunday	10.00am	Hollins Green 5k [NCGP5]		Hollins Green	£9.30/7.30	20th Jun	£34/24 Seri	400	12+		m+f	m+f
.	Sunday	10.00am	Colshaw Hall 10k		Over Peover, Knutsford	£21/ 19.00	3rd Jun?				o16	m+f	
.	Sunday	10.30am	PLS 10K Race		Riversdale Police Club	£16.5/14.50	22nd Jun	490 Limit			16+	m+f	m+f
24th	Monday	4.30pm	Cheshire Minors Champs		Warrington	School	9th Jun		Yr7				
25th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f	m+f
26th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500		11+	m+f	m+f	m+f	m+f
27th	Thursday	4.00pm	WCAC Invitation Schools Cup		Stanney	School			Jun	Int	Sen		
28th	Friday	1-3.00pm	Chester Primary Schools		Stanney	School			m+f				
29th													
30th	Sunday	11.10T/10	Tk 11.40am YDL Up W2 Rd3		Blackpool	Club						m+f	m+f