West Cheshire Endurance Competition 2019

Female Points Table at end of January

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points																			
											Cross Country					Track	Multi Terrain	Road Leagues/series			Team points			Distance Pts (any surface; one race at each distance)						
		At end of 2018	Now - at end of Jan 19	Cross Country	Fell	Multi-terrain	Park Runs (subject to performance)	Road	Track	Total Races	L&D ()	Manchester ()	North Wales (Jan)	North Staffs ()	Championships (Ches, Northern)	Cheshirte League	Wirral (September - 4 races)	Borders L (Jan)	Ches GP	Relays	Cross Country (N Wales 1, Ches, NA Ch)	Road (Jan BL1)	Track	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon	Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event
											1 point per event													1	2	3pts				
Females																														
Clare	MALLON	18.2	17.9	2				2		4			1		1			1			2	1					1		11	
Angela	TEGG	18.6	18.6	3						3			1		2						3								9	
Eleanor	ROBINSON	13.6	13.6	3						3			1		2						3								9	
Claire	HARRIS	10.3	10.3	3						3			1		2						3								9	
Debra	BEMAND	20.5	20.5	1				2		3			1					1			1	1					1		8	
Claire	WILLIAMS	16.5	16.5	2						2			1		1						2								6	
Kerry	RILEY	13.6	13.7	1				1		2			1					1			1	1							6	
Alex	DUFFEY	[24.4]		1				1		2			1					1			1	1							6	
Ellen	McMAHON	25.0	25.0	2						2					2						2								6	
Hannah	MOORHOUSE	29.5	29.5	1			1			2					1						1						1		5	
Kay	HAYES	22.7	22.1	1			1			2			1								1						1		5	
Keely	SMITH	10.8	10.9					2		2								1				1					1		5	
Anest	MULLER	11.2	11.2	1						1			1								1								3	
Pam	ACKROYD	18.9	18.9	1						1			1								1								3	
Sharon	STOLL			1						1			1								1								3	
Sophie	SMITHDALE	[27.2]	[26.1]			1		1		1																	1		2	
Rosemary	ROGERS	23.4	23.4							1																			1	
	Totals	*performances*		*23*	*0*	*1*	*2*	*9*	*0*	*35*																				
			athletes	*14*	*0*	*1*	*2*	*6*	*0*	*17*																				

NOTE : Handicap number requires mimimum of 3 races in previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.