West Cheshire Endurance Competition 2019
Male Points Table at end of January

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points: Cross Country (1 point per event)					Track	Multi Terrain	Road Leagues/series			Team points						Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event
		At end of 2018	Now-end of Jan 19	Cross Country	Fell	Multi-terrain, Trail	Park Runs (subject to performance)	Road	Track	Total Races	L&D ()	Manchester (Jan)	North Wales (Jan,)	North Staffs ()	Championships (Ches, Northern)	Cheshirte League	Wirral (September - 4 races)	Borders L (Jan)	Ches GP ()	Relays	Cross Country (Ches, NWalesJan)	Road (BLJan,)	Track	25K (15ml) to 20ml (32K) inc (1)	>20ml to Marathon inc (2)	>Marathon (3pts)				
Males																														
Steven	FERNYHOUGH	13.8	12.3	1			3	2		6			1					1			1	1					3		13	
Andrew	CLAGUE	13.0	13.2	3				2		5			1		2			1			2	1							12	
Richard	HAYES	13.9	14.0	2			1	1		4			1		1						2								8	
Dave	ALEXANDER	11.3	11.3	3						3			1		2						2								8	
Andrew	CARTER	12.2	13.7	1				2		3					1			1			1	1							7	
Ian	GLOYNE-PHILLIPS	14.1	14.8	1				2		3			1					1			1	1							7	
Adam	POOLE	23.8	22.9	1				1		2			1					1			1	1					1		7	
Mark	GALLAGHER	20.8	21.9	1				2		3			1					1			1	1							7	
Neil	HERSHAW	11.4	11.4	2						2			1		1						2								6	
John	PARLEVLIET	13.3	13.6	1				1		2					1			1			1	1							6	
Bradley	SPURDENS	9.8	10.0	1				1		2			1					1			1	1							6	
Mark A	DAVIES (M40)	10.3	10.5	1				1		2					1			1			1	1							6	
Neil	CARTER	45.5	33.5				3			3																	3		6	
David	IRVING	18.1	18.3				1	2		3								1				1					1		6	
Ian	ACKROYD	23.3	22.1				1	2		3								1				1					1		6	
Antony	SPRUCE	[16.6]	18.0	1				1		2			1								1								4	
Tom	CABLE	12.7	12.9					2		2								1				1							4	
Joe	FOY	16.6	17.2					2		2								1				1							4	
Graham	WELLS	10.1	10.4					2		2								1				1							4	
Steve	HILLIER	18.3	17.8				1	1		2																	2		4	
Tom	BOOTH	10.3	10.3			1				1															2				3	
Antony	WOODALL	14.6	14.6	1						1			1								1								3	
Phil	HOWE	26.3	26.6					1		1								1				1							3	
Dave	TIERNAN	22.1	22.4					1		1								1				1							3	
Stephen	BALL	24.2	24.5					1		1								1				1							3	
Phil	WOODLEY	15.1	15.1	1						1					1						1								3	
Darren	SHILLINGTON	25.2	25.3					1		1								1				1							3	
Barrie	THOMAS	[34.1]	[34.1]	1						1					1						1								3	
Brian	BEATTIE	34.1	34.6					1		1								1				1							3	
Ian	WETHERALL			1						1			1								1								3	
Danny	PADDOCK	12.9	13.1					1		1																			1	
Nick	DUFFY	[19.8]						1		1																			1	
Richard	HUNT	24.7	25.3					1		1																			1	
David	BISH	30.5	30.8					1		1																			1	
Luke	ELLIS	14.6	14.9					1		1																			1	
			Totals performances	*23*	*0*	*1*	*10*	*37*	*0*	*71*																				
			athlete	*17*	*0*	*1*	*6*	*27*	*0*	*35*																				

NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races
Handicap is up-dated after each road race, if necessary.