

# West Cheshire AC - fixtures - 2019

Colour Code							Club Promotions_Marshals_Officials_!!!!							
Sportshall	Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC					
T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor	School			Age Groups					
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen	
>>>>>	February	2019	<<<<<<											
2nd	Saturday	10.00am	Cheshire Schools CC Champs		Knights Grange,	District						Jun	Int	Sen
.	Saturday	1.00pm	North Wales CC League 5		Oswestry, SY11 2AP	Club		1 <sup>st</sup> Members				m+f	m+f	m+f
.	Saturday	18.30pm	Annual Awards Evening		Crown Plaza, Chester	£12.00	<< 1st Jan	u12 > £8			u5 free			
3rd	Sunday	10.45am	NoAth Indoor T&F Champs		EIS Sheffield	£12+2nd 8	19th Jan					m+f	m+f	
.	Sunday	11.00am	Alsager 5M		Alsager	£16/14.00	tba	+£2.00onday				m+f	m+f	m+f
9th	Saturday	10.00am	WCAC Schools CC Races 3		Stanney	School		Yr 3 to 8				m+f	m+f	
.	Saturday	11.00am	NMAC CC Championships		Knight's Grange	£6.00	6th Feb							Mas
.	Saturday	12noon	Manchester Area CC League Rd5		Kenworthy Woods	Club						m+f	m+f	m+f
10th	Sunday	10.00am	Sale H - Indoor Open T&F [4]		Ethiad Campus	£6/ event	extra on Day					m+f	m+f	m+f
.	Sunday	11.00am	Liverpool & District CC Champs.		Clark Gardens	£2.00	6th Feb						m	m+f
.	Sunday	12noon	Llandudno, Nick Beer 10K		Llandudno	£17/15.00	1st Feb						m+f	m+f
16th	Saturday	2.00pm	49th Parbold Hill Race 6.75M		Parbold - (+fee online)	£8.50/ 6.50	12th Feb	Limit 500					m+f	m+f
17th	Sunday	10.00am	Sale H - Indoor Open T&F [5]		Ethiad Campus	£6/ event	extra on Day					m+f	m+f	m+f
.	Sunday	11.00am	Village Bakery 1/2 Marathon		Wrexham LL13 9PQ	£21/19.00	trans till 15th	500 limit					17+	m+f
23rd	Saturday	10.00am	Rhyl 10m		Rhyl	£26/24.00	tba						16+	m+f
.	Saturday	11.00am	English National CC Champs.		Leeds LS17 9LG	£8.00	Fr 11th Jan	XXX	m+f	m+f	m+f	m+f	m+f	m+f
24th	Sunday	noon	England Athletics Indoor Champs		Sheffield	on Entry	1st Feb						m+f	m+f
>>>>>	March	2019	<<<<<<											
2nd	Saturday	10.00am	WCAC Schools CC Races 4		Stanney	School		Yr 3 to 8				m+f	m+f	
3rd	Sunday	11.00am	Borders League - 5 - Birkenh'd		Bromborough	Club							m+f	m+f
.	Sunday	11.00am	High Legh 10K (open Soon ?)		High Legh	'Nifty'	fills up						m+f	m+f
.	Sunday	11.00am	26th Cloud Nine Hill Race		Congleton, CW12 1RG	9.5+booking	fills up				min 18yr		m+f	m+f
9th	Sat/Sun	10.30am	Eng Ath Comb Event Champs		EIS Sheffield	on Entry	15th Feb						m+f	m+f
.	Saturday	11.00am	Inter-counties CC Champs		Prestwold Hall,Loughborough	Selection by County	XXX	m+f	m+f	m+f	m+f	m+f	m+f	m+f
.	Saturday	12noon	British Masters CC Champs		Malone, Belfast, NI	£12/15.00	3rd Mar							Mas
10th	Sunday	9.00am	BTR Liverpool Half Marathon/ 10m		Pier Head, Liverpool	£33/31 +b	tba	8000 limit					m+f	m+f
.	Sunday	9.30am	Chester 10K		Northgate Arena	£24/22.00	1st Mar						16+	m+f
.	Sunday	9.30am	Trafford 10K (chip time)		PartingtonLiesureCen	£18/16.00	1st Mar				min	16yr	m+f	m+f
.	Sunday	10.30am	Sale H - Indoor Open T&F [6]		Ethiad Campus	£6/ event	extra on Day						m+f	m+f
.	Sunday	10.30am	Knighton 20 [Staffs Area]		Knighton ST20 0QH	£17/ 15.00	+£1 onday						17+	m+f
TBC	Wednesday	pm	Cheshire County Indoor Finals		EPSV	Area	qualify						7&8	
16th	Saturday		ESAA CC Championships		Temple Newsam,Leeds	Selection by County						Jun	Int	Sen
17th	Sunday	09.00am	Marathon & 20mile (Run Wales)		Wrexham town centre	£40/38.00							18+	m+f
.	Sunday	10.30am	Wrexham Half Marathon		Wrexham town centre	£30/32.00							17+	m+f
.	Sunday	11.00am	TuffNutz 11/6.5m Team Challenge		Thustaston CP	£75/60 team	25th Mar	Team of 3					m+f	m+f
19th	Tuesday	10.00am	Falésia 5K		Falésia, 8200 Albufeira	€ 5.00 cash (Euros)							13+	m+f
23rd	Saturday	10.00am	WCAC T&F Trials for YDL		Stanney								m+f	m+f
.	Saturday	noon	(SIAB) SchoolsCC International		Santry Park, Dublin	Selection by Country						Jun	Int	
24th	Sunday	10.30am	Wilmslow 1/2 Marathon		Wilmslow	£29/27+fee	23rd Feb	Limit 4800					m+f	m+f
.	Sunday	11.00am	Northern 5k road race championship		Birkenhead Park	tba	tba						m+f	m+f
.	Sunday	12.00am	NoAth Men 12/Ladies 6 stage relays		Birkenhead Park	tba	tba							m+f
.	Sunday	12.30pm	NW Regional u13Team & u15AllRound		Sport City	Selection by County							m+f	m+f
.	Sunday	12.30pm	NW Fun in Athletics, Sportshall		Sportcity, Manchester	Selection by County							m+f	
27th	Wednesday	5.00pm	Intercounty School match		Stanney	County							Yr7	
.	Wednesday	6.30pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500						11+	m+f
28th	Thursday	18.00pm	WCAC T&F Trials for YDL		Stanney								m+f	m+f
31st	Sunday	11.00am	Borders League - 6 - Buckley		Hope/Caergwrlle	Club							m+f	m+f
>>>>>	April	2019	<<<<<<											
6th	Saturday	10.30am	National 12/6 Stage Relays		Sutton Park									m+f
.	Sunday	9.00am	Manchester Marathon		Old Trafford	£60.00								18+
TBC	Sunday		National Road Relays		Sutton Park	Club	tba						m+f	m+f
.	Sunday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2						m+f	m+f
10th	Wednesday	7.00pm	ESSAR SPRING 5		Upton, CHESTER	£11/9.00	NONE on day	500 limit					15+	m+f
13th	Saturday	10.00am	Liverpool Throws & Jumps		Wavertree	£10/13/16.00	8th Apr/ol	7th XXX	m+f	m+f	m+f	m+f	m+f	m+f
13/14th	Sat/Sun	12.30pm	UK Sportshall Final		Sportcity, Manchester	Selection by County							m+f	m+f

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Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen
14th	Sunday	9.30am	BTR - Mersey Tunnel 10K		Liverpool/Wallasey	£24/22.00	online+fee!					m+f	m+f
	Sunday	11.00am	Whitley 10K		Whitley, Warrington	£16/14.00	12th Apr	500 limit			15+	m+f	m+f
19th	Good Friday	10.00am	Salford 10K		LwrKersall M7 3NQ	£16/14.00	on-line	750 limit			15+	m+f	m+f
21st	Sunday	9.30am	Hale 5 - [Interval Races]		Hale village	£19/ 17.00	9th Apr	+ £2 Onday			17+	m+f	m+f
21st	Sunday	10.15am	Air Products 10K		Crewe	£12/10.00	3rd Apr				15+	m+f	m+f
22nd	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2	m+f	m+f	m+f			
24th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500	11+	m+f	m+f	m+f	m+f	m+f
	Wednesday	7.30pm	Borders League - 7 - Prestatyn		Ffrith	Club					15+	m+f	m+f
26th	Friday	7.15pm	(Cute) Mid-Cheshire 5K		Kingsley cricket club	£13/11.00	Fri 19th				16+	m+f	
27th	Saturday	11.00am	Tk 11.30am YDL Lo NPremW Rd1		Sport City	Club			m+f	m+f			
	Sunday	8:55/10am	LONDON MARATHON		London	Closed							m+f
>>>>> May 2019 <<<<<<													
TBC	Thursday	4.00pm	WCAC Invitation Schools Cup		Stanney	School					Jun	Int	Sen
4th	Saturday	11.45am	Cheshire League Rd1		Warrington	Club	On Day	m+f	m+f	m+f	m+f	m+f	m+f
5th	Sunday	11.10T/10	Tk 11.40am YDL Up W2 Rd1		Leigh	Club						m+f	m+f
6th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2	m+f	m+f	m+f			
7th	Tuesday		ESAA Schools Cup, 1st Round		Warrington	School	28th Feb		Jun	Int			
TBC	Tuesday	7.30pm	Mobberley 'R the R 5m'		Mobberley nr Rly Sta	tba	on-line only	NO onday			m+f	m+f	m+f
11th	Saturday	8.30am	Sandstone Trail Challenge		Whitchurch > Frodsham	£20.00	125run 125 [14+] walk					m+f	m+f
11/12th	Sat/Sun	10/10.15	Cheshire T&F Championships		Macclesfield	£6/ event	5th May		m+f	m+f	m+f	m+f	
TBC	Sunday	11.30am	Ffrith 5K		Ffrith Complex LL19 7AR	£12/10.00	9th May				m+f	m+f	m+f
14th	Tuesday		ESAA Schools Cup, 1st Round		Macclesfield	School	28th Feb		Jun	Int			
17th	Friday	7.15pm	Christleton 5K		Christleton CH3 7AD	£12/10.00	o-l 16th May	Limit 500			16+	m+f	m+f
18th	Saturday	11.00am	Tk 11.30am YDL Lo NPremW Rd2		Wavertree	Club					m+f	m+f	m+f
19th	Sunday	9.00am	ESSAR Chester Half Marathon		Roodee to City Hall	£35/33.00	5000 limit					m+f	m+f
	Sunday	11.30am	Northern T&F Division 1 Rd1		Blackburn	Club						m+f	m+f
22nd	Wednesday		Chester & District T&F Champs		Deeside	School					Yr 7 & 8		
26th	Sunday	11.10T/10	Tk 11.40am YDL Up W2 Rd2		Stanney	Club						m+f	m+f
	Sunday	11.30am	Mynydd Myfyr Hill Run (SY10 9DY)		Trefonen, Oswestry	£7.00	On Day only				15+	m+f	m+f
27th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	tba	spectator £2	m+f	m+f	m+f			
28th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se 200limit	o11	m+f	m+f	m+f	m+f	
29th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£7/ 5.00	Limit 500	11+	m+f	m+f	m+f	m+f	
>>>>> June 2019 <<<<<<													
1st													
2nd	Sunday	7.10am	Deva Triathlon - Olympic/ Middle		Grosvenor Pk, Chester	£68>31Mar	5th Jun						m+f
8th	Saturday	9.45am	Cheshire Schools T&F Champs		Warrington	School	24th May				Jun	Int	Sen
TBC	Sunday	11.00am	Passing Clouds ST13 8SW		Tittesworth R. Vis/Cen	tba	On day only					18+	m+f
11th	Tuesday	12 noon	ESSA Schools Cup Reg A Round		Blackpool	School	qualify				Jun	Int	