West Cheshire Endurance Competition 2018

Male Points Table at end of November

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points																				
											Cross Country					Track	Multi Terrain	Road Leagues/series				Team points			Distance Pts (any surface; one race at each distance)			Road & Track Performance Pts	"Helpers" Points	Total Points	
		At end of 2017	Now - at end of November 18	Cross Country	Fell	Multi-terrain , Trail	parkruns (subject to performance)	Road	Track (3000m plus)	Total Races	L&D (Feb, Nov)	Manchester (Jan, Feb, Oct)	North Wales (Jan,Feb, Oct 1,2,Nov)	North Staffs (Sep, Oct,Nov)	Championships (Ches, Northern, National, BMAF)	Cheshire League (May, Jun, Jly); Ches Champs	Wirral (September - 4 races)	Borders L (Jan, Feb, Apr1,2, Oct, Nov)	Ches GP (Crewe 10K, Whitley 10K, Mobberley MT, Hollins Gr 5K)	Relays (Ches, Delamere; NA Manchester)	Cross Country (Ches Ch, N Wales 5, M/c 1, N Staffs 3)	Road (BL Jan, Feb, Apr1,2; Oct, Nov)	Track (Ches Lg May)	25K (15ml) to 20ml (32K) inc	>20ml to Marathon inc	>Mara thon				Points/event
											1 point per event														1	2	3pts				
Males																															
Andrew	CARTER	12.1	11.7	9		10	1	25	4	49	2	1	2	2	2	2	2	5	3	1	6	5	1	1	2		11	2	99	1.98
Andrew	CLAGUE	11.9	12.7	12		5	2	14	8	41		3	5	2	2	2	4	6		2	8	6					3		84	2.05
Dave	ALEXANDER	11.2	11.3	13	6	8	2	8	1	38		2	5	3	3	1		2			9	2					2	5	72	1.76
Peter	SMITH	25.8	25.8	12	3	2		8	2	27		2	5	3	2	2		5			9	5	1				4	6	71	2.41
Anthony	WOODALL	15.3	14.6	9	1	8	2	14	4	38		3	5	1		2	1	5			6	4		1			4		70	1.84
Steven	FERNYHOUGH	[18.5]	13.8	4		2	10	18		34	1		2		1			4			3	4		1			18		68	2.00
Julian	TEGG	20.4	20.5	2		16		18	2	38			1		1	2	4	3	2		2	3	1	1	2		5		65	1.71
Mark A	DAVIES (M40)	11.0	10.3	2		8	1	20		31	1		1				2	6		2	1	6		1	2		5		58	1.87
Richard	HAYES	13.3	13.9	9		7		7		23		2	5	1	1		2			1	8				2		4	4	53	2.13
Bob	BENSON	18.4	21.0	5		2	3	6	5	21	1		2	1	1	1	2	5		1	3	5	1					4	48	2.10
John	PARLEVLIET	13.5	12.8	3	2	1		6	1	13			3			1		5		1	3	5	1				4	5	41	2.77
Mark	GALLAGHER		20.8	1		5	6	12		24			1					3			1	3			2		6		40	1.67
Phil	WOODLEY	17.0	15.1	3		2	2	7	2	16			2		1	1		2			3	2		1			5	1	34	2.06
Brian	BEATTIE	31.9	33.6			6	3	12		21							4	3				3		1			1	1	34	1.57
Tom	CABLE	15.8	12.7				1	14		15								5				5					8		33	2.20
Neil	HERSHAW	12.5	11.4	2		1		11		14			1		1			5			2	5					4		32	2.29
Graham	WELLS	11.3	10.0	1		2	1	10		14			1					6			1	6					3		31	2.21
Neil	FIELD		20.1	1		1		8	1	11				1		1		4			1	4	1		2		4		29	2.64
Stuart	THOMAS	18.0	18.2	5		4	1	5		15		2	2	1				1			4	1		1			1		28	1.87
David	BRIERLEY	40.4	42.5			7		6		13							3	4				4						3	27	1.85
Alex	STANIFORTH	11.6	10.4				5	13		18															2		5	2	27	1.39
Chris	PALMER	13.7	13.3	2	2	2	1	5		12			1		1			2			2	2			2		2		24	2.00
Tony	KENNEDY	25.9	27.0			7		4		11							4	4				4							23	2.09
Ian	GLOYNE-PHILLIPS	13.1	14.1			2		7	1	10						1		4				4		1				3	23	2.00
Danny	PADDOCK		12.9					11		11								3				3		1			4		22	2.00
Robert	LITTLE	9.8	9.2					13		13								3				3					3		22	1.69
Tom	BOOTH	9.3	10.3	1	4	5		4	1	15					1						1				2	3			22	1.47
Stephen	BALL	25.1	24.2					7		7								4				4			2		3		20	2.86
Ian	ACKROYD	24.2	23.3			1	3	6		10								2				2		1			4	1	20	1.90
David	BISH	29.0	30.5				7	4		11															2		2	5	20	1.36
Joe	FOY	16.8	16.6					11	1	12								2		1		2					2		19	1.58
Steve	HILLIER	18.3	18.3			1	4	9		14																	5		19	1.36
Dave	TIERNAN	19.5	21.8					6		6								6				6							18	3.00
Darren	SHILLINGTON	25.4	25.4	1		1	3	4		9			1					2			1	2					3		18	2.00
David	TAIT		16.1				8			8																	6	2	16	1.75
David	IRVING	18.4	18.1			1	2	6		9								1				1			2		2		15	1.67
Mark	POVEY	29.6	30.2			5		7		12							1										2		15	1.25
Andrew	LEISHMAN	25.6	25.1					5		5								2				2			2		3		14	2.80
Phil	HOWE	24.7	26.3	1				4		5				1				3			1	3						1	14	2.60
Richard	HUNT	25.5	24.7			1	2	4		7														1	2		4		14	2.00
Anthony	SPRUCE		[16.6]	3		1		2		6	1		1	1				1			2	1							13	2.17
Adam	POOLE		23.8	2				2		4	1		1					1			1	1					2		11	2.75
Luke	ELLIS	14.0	14.6					7		7									1								2	1	11	1.43
Mark	DUFFEY			3						3			1	2							3								9	3.00
Jack	GANNON		14.7					5		5																	4		9	1.80
Danny	WATLING		[24.9]			5		2		7							1							1					9	1.29
Richard	BATTERHAM	23.9	25.6					2		2																		7	9	1.00
Bradley	SPURDENS		9.8	2				1		3	1		1					1			1	1							8	2.67
Jon	MOORHOUSE	[23.2]	27.3	2				2		4					2						1								7	1.75
Robert	BOGGILD	22.0	22.2					4		4															2		1		7	1.75
Trevor	HOLMES	16.2	16.9				1	3		4															2		1		7	1.75
Wullie	McGARRELL	16.7	16.6					3		3															2		1		6	2.00
John	MERCER		40.6					3		3																	2		5	1.67
Clive	GIDDIS					2				2							2												4	2.00
Mike	HENESY	[15.4]	15.1					2		2																	1		3	1.50
John	PUGHE		[29.1]				1			1																	1		2	2.00
Paul	WOOD		[34]					1		1														1					2	2.00
Neil	ATKINSON		[28.5]				1			1																	1		2	2.00
Gerard	ELLIOTT	[18.7]	20.2					1		1																			1	1.00
										0																				
	Totals			*##*	*18*	*131*	*73*	*399*	*33*	*764*																				

NOTE : Handicap number requires minimum of 3 road races within previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.