

# West Cheshire Endurance Competition 2018

## Female Points Table at end of September

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points																						
		At end of 2017	Now - at end of September 18	Cross Country	Fell	Multi-terrain	Park Runs (subject to performance)	Road	Track (3000m plus)	Total Races	Cross Country				Track	Multi Terrain	Road Leagues/series		Team points	Distance Pts (any surface; one race at each distance)		Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event								
											L&D ()	Manchester (Jan)	North Wales (Jan, Feb)	North Staffs (Sep)	Championships (Ches, N Wales, Northern)	Chesh League (May, Jun); Ches Champ (May)	Wirral (September - 4 races)	Borders L (Jan, Feb, Apr1,2)	Ches GP/Whitley 10K	Colshaw H 10K, Hollins Gr 5K	Relays (Ches; MA Manchester)	Cross Country (NWales2; Ches.Ch, Nstafs1)	Road (BL: Jan, Apr1,2)	Track (Ches L Jun, Jly)	25K(15 ml) to 20ml (32K) Inc	>20ml to Marathon inc >Marathon							
											1 point per event										1 2 3 pts												
<b>Females</b>																																	
Angela	TEGG	19.4	18.6	6	5	20	1	20	4	56		1	2	1	2	4	3	3	2	1	4	3	2	1	2		7	4	98	1.68			
Eleanor	ROBINSON	12.5	13.4	6	14	9		11	6	46			2	1	3	3		4		2	4	3	2			1	5	76	1.54				
Clare	MALLON	17.9	18.1	3		4		13	4	24		2	1	1	3			2	1	1	4	2	2	1		4	3	51	2.00				
Kay	HAYES		22.8			6	14	4		24							2	1			4	2	2			13	2	43	1.71				
Claire	HARRIS	11.0	10.0	5	1	1		7	2	16			2		3	1		2		1	3	2	1			3	2	36	2.13				
Kerry	RILEY	[15.7]	15.1	3	2	4		5	2	16			1		2	1		2	1	1	2	1	1			2	2	32	1.88				
Debra	BEMAND	[21.0]	17.3			1		11		12								3				3				6	2	28	2.17				
Rosemary	ROGERS	20.9	23.0			3	3	15		21																1	2	24	1.05				
Brygida	GORECKA	[19.8]	21.5	1		2	1	8		12			1					2				1	2			3	3	21	1.75				
Hannah	MOORHOUSE	29.6	29.5	3		3	1			7		1	1	1							3					1	1	15	2.00				
Anest	MULLER	10.0	11.1	3				4		7					1			1			2	1						14	2.00				
Claire	WILLIAMS		16.5			3	3	1		7									1							5		13	1.86				
Ellen	McMAHON		26.1	1			2	2		5				1						2	1					3		12	2.40				
Keely	SMITH	10.7	11.5			1		8		9								1	1									12	1.33				
Pam	ACKROYD	18.1	18.9					3		3								2				2						10	2.33				
Sarah	HUGHES	26.3	26.6			1		4		5																1		6	1.20				
Anne-Marie	TAIT	[20.6]	30.7			2				2																2		4	2.00				
Zoe	REES	[26.0]	27.8					2		2																		4	1.00				
Chloe	VENABLES	[19.5]	[20.2]					1		1								1				1						3	3.00				
Alex	DUFFEY			1						1				1							1							3	3.00				
Heather	McLINTLOCK		14.0			1	1			2									1									3	1.50				
Shilpa	MANUPATI		[44.7]					1		1																1		2	2.00				
Isobel	ROBERTSON	28.0	27.9					1		1																1		2	2.00				
Sharon	DODD		[23.5]					1		1																		1	1.00				
Lorraine	McFAUL	24.5	24.6					1		1																		1	1.00				
Claire	GLOYNE-PHILLIPS	23.5	23.7					1		1																		1	1.00				
<b>Totals</b>				32	22	52	30	##	19	283																							

NOTE : Handicap number requires minimum of 3 races in previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.