



WCAC – Northgate Arena – 2018-19 Winter Routes



Route 1 – St Oswald’s Way, Boughton, Sandy Lane, Dee Banks, Chester Road, left Caldley Valley Rd, left to Whitchurch roundabout. SO Ring Rd left Pearl Lane, cross into Green Lane, Melrose Ave, Cawdor Drive, Pentland Close, footpath, right at Hoole Lane, Lightfoot Street, Brook St. Bridge, St Anne Street – Arena. – *Distance* – **5½ miles 5.69m** (1a – Gorse Way – 5.85m).

Route 2 – Victoria Road, Liverpool Road to Moston TL, right Moston Road, Long Lane, right Plas Newton Lane, Brook Lane, Victoria Road – Arena. – *Distance* – **5½ miles.**

Route 3 – [**Hill Route**] – St Oswald’s Way, Dee lane, **{Dee Lane}**, Dee Lane, Grosvenor Park Terrace, The Groves, Queens Park Bridge, **{Victoria Crescent/Queens Park Road – circuit}**, Queens Park Road, Overleigh Road, Hugh Street, Brown’s Lane, **{River Lane}**, Overleigh Road, Grosvenor Road, car park **{Castle Drive}**, Nuns Road, Crane Street, Walls Avenue, Tower Road, *Raymond Street*, **{Canal Street}**, under Fountain Roundabout, Upper Northgate, left Chichester Street, Bouverie Street, **{Walpole Street}**, Parkgate Road, **{Abbots Park}**, Liverpool Road, Victoria Road – Arena. – *Distance* – **6 miles.**

Route 4 – under Fountains Roundabout, St Martin’s Way, City Walls Road, Nuns Road, Grosvenor Road, footbridge to Dingle Bank, Curzon Park North, Earlsway, Mount Pleasant, cross Hough Green by the lights to Cliveden Road, left into Lache Park Avenue, left at Lache Lane, cross Wrexham Road path to ‘Dukes Drive’ (Chester Approach), left Old Wrexham Road, right through college grounds, Appleyards /Cheshire Lane, Cross Hey, St George’s Crescent, Victoria Crescent, Queens Park Bridge, The Groves, Grosvenor Park Terrace, Dee Lane, St Oswald’s Way – Arena. – *Distance* – **6 miles.**

Route 5 – Victoria Road, Liverpool Road, Countess Way, Deva Link, on Saughall Road **{Lampposts!}** to St Chad’s Road, Blacon Point Road, Treborth Road, left 2nd cul-de-sac down footpath to Sealand Road and along to ‘B&Q’, through ‘B&Q’ to Knutsford Way, lap of **{Knutsford Way/ Winsford Way – circuit}**, cross to lap of **{Bumper’s Lane/ Hartford Way – circuit}**, Bumper’s Lane, Sealand Road, South View Road, Raymond Street, Canal Street, under Fountains Roundabout – Arena. – *Distance* – **6 ¼ miles.**
[5a using Sovereign Way – up to 6.9 miles, depends where circuits are started from on Knutsford Way]

Meet in the Arena Foyer @ 6.30pm

Routes are suitable for modification to allow for fitness and experience

→→ Follow the Route description

←← Reverse the Route description

Route 1		Route 2		Route 3		Route 4		Route 5						
>>>September<<<														
Thu	20 th	→→	Mon	24 th	→→	Thu	27 th	→→						
>>>October<<<														
– use Summer route if the light is available														
Mon	8 th	←←	Thu	11 th	←←	Mon	15 th	→→	Mon	1 st	→→	Thu	4 th	→→
Thu	25 th	←←	Mon	29 th	←←				Thu	18 th	←←	Mon	22 nd	←←
>>>November<<<														
Mon	12 th	→→	Thu	15 th	→→	Thu	1 st	→→	Mon	5 th	←←	Thu	8 th	←←
Thu	29 th	→→				Mon	19 th	→→	Thu	22 nd	→→	Mon	26 th	→→
>>>December<<<														
Mon	17 th	←←	Mon	3 rd	→→	Thu	6 th	→→	Mon	10 th	→→	Thu	13 th	→→
			Thu	20 th	←←	Mon	24 th	→→	Thu	27 th	←←	Mon	31 st	←←
Happy New Year 2019														
>>>January<<<														
Thu	3 rd	←←	Mon	7 th	←←	Thu	10 th	→→	Mon	14 th	←←	Thu	17 th	←←
Mon	21 st	→→	Thu	24 th	→→	Mon	28 th	→→	Thu	31 st	→→			
>>>February<<<														
Thu	7 th	→→	Mon	11 th	→→	Thu	14 th	→→	Mon	18 th	→→	Mon	4 th	→→
Mon	25 th	←←	Thu	28 th	←←				Thu	21 st	→→			
>>>March<<<														
Thu	14 th	←←	Mon	18 th	←←	Mon	4 th	→→	Thu	7 th	←←	Mon	11 th	←←
			Thu	21 st	→→	Thu	21 st	→→	Mon	25 th	←←	Thu	28 th	←←
>>>April<<<														
– switch to Summer routes if the light is available														
Mon.....	1 st	→→	Thurs	4 th	→→	Mon	8 th	→→	Thu	11 th	→→	Mon	15 th	→→
Thu	18 th	→→	Mon BH	22 nd	→→									