West	Ches	hire A	AC - fixtures - 2018									
Colour C						Club Promot	ions_	Mars	shals	_Offi	cials,	!!!!!
Sportshall	Indoor	Leagues	Cross Country Cross Country	Championships	Road/	Borders Leag	gue	Bor	nus po	ints	NV	AC
T&F	T&F Champ	ionships	Multi-Terrain/Fell	Schools Indoor	School				Age G	roups	5	
Dete	Davis	Time	Firest	V	F	01/-		10	4.5	47		0
<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Event</u>	<u>Venue</u>	<u>Entry</u>	Close/date	<u>u11</u>	<u>u13</u>	<u>u15</u>	<u>u17</u>	<u>Jun</u>	Sen
>>>>>	April	2018	<<<<<		040 5440 55					4-	—	
1st	Sunday	9.30am	Hale 5 - [Interval Races]	Hale village	£18.5/16.50	· .		Onday	-	17+	m+f	_
	Sunday		Air Products10K [CGP 1]	Crewe		3rd Apr	NO o	,		15+	m+f	m+f
2nd	Monday	noon	Trafford open Medal meeting	Longford Park M21 9TA	£5+£2extra	spectator £2	m+f	m+f	m+f		-	
7th		2.22		0117 " 1	000.00							
8th	Sunday		Manchester Marathon	Old Trafford	£60.00			 				m+f
•	Sunday		Borders League - 6	Wrexham Tri, Mold	075/00 +	Club	_	- ()		m+t	m+f	_
	Sunday		TuffNutz 11/6.5m Team Challenge	Thustaston CP	£75/60 team		Team				m+f	m+f
11th	Wednesday		ESSAR SPRING 5	Upton, CHESTER	£10/8.00	NONE on day			\sqcup	15+	m+f	m+f
4.411	Tuesday	· ·	NMAC T&F	Liversedge WF15	£5.00	On Day	_	H-S-F				Vets
14th	Saturday		Liverpool Throws & Jumps	Wavertree	£8/10/14	9th Apr	1	m+t	m+f	m+t		-
	Saturday		National 12/6 Stage Relays	Sutton Park		need to qualit	y!	 			m+f	m+f
14/15th	Sat/Sun	12.30pm	UK Sportshall Final BTR - Mersey Tunnel 10K	Sportcity, Manchester	Selection by			m+t	m+f			
15th	Sunday		·	Liverpool/Wallasey	£23/21.00	6th Apr	4	6	6		m+f	
	Sunday	10.30am		Oval, Bebington		£5 on day	m+f		m+f		m+t	m+f
•	Sunday		National Road Relays	Sutton Park	Club	4th Apr?		m+f	m+f	_	H -	
-	Sunday		Whitley 10K [CGP 2]	Whitley, Warrington	£15/13.00	£2 ex onday	500 li			15+	m+f	m+f
	Sunday		Trafford open Medal meeting	Longford Park M21 9TA		spectator £2	m+f		m+f		-	
21st	Saturday		Tk 11.30am YDL Lo NPrem1 Rd1	Becketts Park LS6 3QS	Club			m+f	m+f		-	
22nd	Sunday		LONDON MARATHON	London	Closed	22nd Oct!!!		<u> </u>			<u> </u>	m+f
25th	Wednesday		Wirral Seaside Run - 5K	Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f			-
	Wednesday		Borders League - 7	Deestriders, Shotton	044/0.00	Club				15+	m+f	_
27th	Friday	7.15pm	(Cute) Mid-Cheshire 5K	Kingsley cricket club	£11/9.00	£2 ex onday				16+	m+f	m+f
28th											<u> </u>	
29th	Sunday		ESSAR Chester Half Marathon	Roodee to City Hall	£35/33.00	5000 limit					m+f	m+f
	Sunday		Tk 11.40am YDL Up NW1 Rd1	Bebington	Club					m+f	m+f	
>>>>>	May	2018	<<<<<	_							 	
3rd	Thursday	4.00pm	WCAC Invitation Schools Cup	Stanney	School			Jun	Int	Sen		
5th	Saturday		Northern T&F Division 1 Rd1	Wigan	Club					m+f	m+f	_
6th	Sunday	12 noon	· · · · · · · · · · · · · · · · · · ·	Stanney	Club	On Day	m+f		m+f	m+f	m+f	m+f
7th	Monday	noon	Trafford open Medal meeting	Longford Park M21 9TA		spectator £2		m+f			<u> </u>	
8th	Tuesday	19.15pm		Wirral Country Park	£6.00/4.00	4th May	_	On D)ay	17+	m+f	m+f
TBC	Tuesday	•	Annual Anniversary 4 minute mile	Stanney			all	L			<u> </u>	
	Tuesday		Mobberley 'R the R 5m' [CGP 3]	Mobberley nr Rly Sta	£9/7.00	on-line only	NO o	nday		m+f		
9th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,	Oval, Bebington	£2.00	on night					m+f	m+f
10th	Thursday		ESAA Schools Cup,1st Round	Warrington	School	28th Feb		Jun	Int		L	
	Thursday		ESAA Schools Cup,1st Round	Macclesfield	School	28th Feb		Jun	Int		L	
	Thursday		Mow Cop 'Killer' Mile - / - 'Fun Run'	nr Kidsgrove ST7 3LS	£8.50/ 6.50	May 5th	m+f	m+f	m+f	m+f	m+f	m+f
12th	Saturday		Sandstone Trail Challenge	Whitchurch > Frodsham	Full [£20]	125run 125 [*	4+] v	valk			m+f	m+f
12/13th	Sat/Sun		Cheshire T&F Championships	Macclesfield	no info	tba		m+f	m+f			
13th	Sunday		Ffrith 5K	Ffrith Complex LL19 7AR		9th May		l	m+f	m+f	m+f	m+f
18th	Friday		Christleton 5K	Christleton CH3 7AD	£10/8.00	on-line only	Limit	500		16+	m+f	m+f
19th	Saturday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd2	South Leeds	Club			m+f	m+f		<u> </u>	
	Saturday	12 noon	CAU Fell Championships - senior	Alan Kirk Memorial Lad's Leap	£6.00	+ £1 on day		<u> </u>	igsqcut			m+f
20th												
24th	Thursday	7.15pm	Dunham Massey Park 5K [NCGP1]	Dunham Massey	£1.33	20th Jun	£32/2	4 Seri	300	12+	m+f	m+f
26th												
26/27th	Sat/Sun		England (+NA) Combined Events	Bedford	no info	tba					m+f	m+f
27th	Sunday		Tk 11.40am YDL Up NW1 Rd2		Club					m+f		
	Sunday	11.30am	Mynydd Myfyr Hill Run (SY10 9DY)	Trefonen, Oswestry	£7.00	On Day only			15+	m+f	m+f	m+f
28th	Monday	noon	Trafford open Medal meeting	Trafford open Medal meetin	Longford Pa	spectator £2	m+f	m+f	m+f	L		
29th	Tuesday	7.00pm	Queens Park Quacker 5K series	Queens Park, Crewe	£7.3/5.20	17.6/11.50 se				m+f	m+f	m+f
30th	Wednesday	7.00pm	Wirral Seaside Run - 5K	Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f
31st	Thursday	7.30pm	Birchwood Brook 5K [NCGP2]	Birchwood Comm. HS	£8.00/6.00	27th May	£34/2	4 Seri	400	12+	m+f	m+f
>>>>>	June	2018	<<<<<									
2nd	Saturday	11.30am	Cheshire League Rd2	Macclesfield	Club		m+f	m+f	m+f	m+f	m+f	m+f
3rd	Sunday		Deva Triathlon - Olympic/ Middle	Grosvenor Pk, Chester	£68>31Mar	5th Jun						m+f
	Sunday	11.30am	Northern T&F Division 1 Rd2	Wakefield	Club					m+f	m+f	m+f
6th	Wednesday	7.30pm	Birkenhead Park 5M +family 7.00pm	Birkenhead	£12/10.00	tba	YA £1	1 on d	ay	15+	m+f	m+f
7th	Thursday	12.30pm		Stanney	School						 	
7 (11)		•	• • • •	Bowdon		3rd Jun	£34/2	4 Ser	300	12+	m+f	m+f
	Thursday	7.15pm	Bowdon 5K [NCGP3]	DOWGOII	20.00,0.00	ora oarr						
TBC	Thursday Thursday		Deestriders Offroad 1 of 4	Tata Sports & SC	£5/3.00 -	£12/10 series					m+f	m+f
	-								Jun		m+f Sen	m+f
TBC	Thursday	7.30pm	Deestriders Offroad 1 of 4 Cheshire Schools T&F Champs	Tata Sports & SC	£5/3.00 -	£12/10 series		dditi	Jun	m+f		

Date Day Time Event	4AS) ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford	School £8.00/6.00 County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	On line on night qualify 9th Jun	u11 £34/2	Bon	u15 14+ Jun 300 Int	u17 m+f	NV/	AC Sen m+f
Date Daty Time Event	4AS) ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	Schools Indoor Venue OswestryRugbyClub Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	\$\frac{\text{Entry}}{\pmu} \text{\$\frac{\text{Entry}}{\pmu} \text{\$\frac{\text{E}}{10}/8.00} \text{\$\frac{\text{E}}{2.00}} \text{\$\frac{\text{E}}{00}/6.00} \text{\$\frac{\text{County}}{\text{no info}} \text{\$\text{E}} \text{\$\frac{\text{E}}{17.00} \text{\$\text{E}} \text{\$\frac{\text{E}}{17.00} \text{\$\text{Club}} \text{\$\text{E}} \text{\$\frac{\text{E}}{24}/23.00} \text{\$\text{School}}	Close/date On line on night qualify 9th Jun 31st May 3rd Jun	<u>u11</u>	u13 24 Seri	u15 14+ Jun 300 Int	u17 m+f	Jun m+f m+f	Sen m+f
Date Day Time Event	ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	Venue OswestryRugbyClub Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	Entry £10/8.00 £2.00 School £8.00/6.00 County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	On line on night qualify 9th Jun 31st May 3rd Jun	£34/2	<u>u13</u> 24 Seri	<u>u15</u> 14+ <u>Jun</u> 300 <u>Int</u>	u17 m+f	Jun m+f m+f	m+f
13th Wednesday 7.30pm Park Hall 5K (OsOly SY11 4 . Wednesday 7.45pm Wirral Endurance Series Trans 14th Wednesday 11.00am NW Reg Schools Cup A F 1.00am 16h17th Sat/Sun 10.00am Colshaw Hall 10k . Sunday 10.00am BTR - Port Sunlight 5k . Sunday 11.00am BTR - Port Sunlight 5k . Sunday 11.00am BTR - Port Sunlight 10k . Sunday 11.00am BTR - Port Sunlight 10k . Sunday 11.00am Warrington RR 10k [Warr GP: 22nd Friday 7.30pm Warrington RR 10k [Warr GP: 23rd Sunday 10.00am PLS 10k Race Finday 10.00am PLS 10k Race Finday 10.00am PLS 10k Race Finday 7.00pm Wednesday 7.00pm PLS 10k Champs & Euro Trials 9.30m	ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	OswestryRugbyClub Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	£10/8.00 £2.00 School £8.00/6.00 County no info £19/17.00 £19/17.00 Club £24/23.00 School	On line on night qualify 9th Jun 31st May 3rd Jun	£34/2	24 Seri	14+ <i>Jun</i> 300 <i>Int</i>	m+f	m+f m+f	m+f
13th Wednesday 7.30pm Park Hall 5K (OsOly SY11 4 . Wednesday 7.45pm Wirral Endurance Series Trans 14th Wednesday 11.00am NW Reg Schools Cup A F 1.00am 16h17th Sat/Sun 10.00am Colshaw Hall 10k . Sunday 10.00am BTR - Port Sunlight 5k . Sunday 11.00am BTR - Port Sunlight 5k . Sunday 11.00am BTR - Port Sunlight 10k . Sunday 11.00am BTR - Port Sunlight 10k . Sunday 11.00am Warrington RR 10k [Warr GP: 22nd Friday 7.30pm Warrington RR 10k [Warr GP: 23rd Sunday 10.00am PLS 10k Race Finday 10.00am PLS 10k Race Finday 10.00am PLS 10k Race Finday 7.00pm Wednesday 7.00pm PLS 10k Champs & Euro Trials 9.30m	ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	OswestryRugbyClub Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	£10/8.00 £2.00 School £8.00/6.00 County no info £19/17.00 £19/17.00 Club £24/23.00 School	On line on night qualify 9th Jun 31st May 3rd Jun	£34/2	24 Seri	14+ <i>Jun</i> 300 <i>Int</i>	m+f	m+f m+f	m+f
Nednesday 7.45pm	ack 3K, Final CGP4] unty m1 Rd3 Final P3] i mile	Oval, Bebington Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston, Linear Park	£2.00 School £8.00/6.00 County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	on night qualify 9th Jun 31st May 3rd Jun		Jun	Jun 300 Int	Int	m+f	
14th	Final CGP4] unty m1 Rd3 Final P3] i mile	Wigan Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston, Linear Park	School £8.00/6.00 County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	qualify 9th Jun 31st May 3rd Jun		Jun	300 <i>Int</i>			m+f
Thursday 7.15pm Dunham Massey Park 5K [NC	m1 Rd3 Final is mile	Dunham Massey Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	£8.00/6.00 County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	9th Jun 31st May 3rd Jun		Jun	300 <i>Int</i>		m+f	
16th Saturday 10.30am 10.00am EAu23/u20Champs 17th Sunday 10.00am Colshaw Hall 10k Sunday 10.00am STR - Port Sunlight 5k Sunday 11.00am STR - Port Sunlight 10k Sunday 11.00am STR - Port Sunlight 10k 11.00am STR - Port Sunlight 10k Sunday 11.00am STR - Port Sunlight 10k STR - Port S	m1 Rd3 Final Final Final Final Final Final Final Final Final	Alexander Stadium Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston, Linear Park	County no info £19/ 17.00 £19/17.00 Club £24/23.00 School	31st May 3rd Jun		Jun	Int	12+	m+f	
16/17th Sat/Sun 10.00am EAu23/u20Champs 17th Sunday 10.00am Colshaw Hall 10k	m1 Rd3 Final P3] S mile	Bedford Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	no info £19/ 17.00 £19/17.00 Club £24/23.00 School	3rd Jun	£7 ac					m+f
17th	m1 Rd3 Final P3] 5 mile	Over Peover, Knutsford Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	£19/ 17.00 £19/17.00 Club £24/23.00 School	3rd Jun	£7 ac	ditior		\vdash		
Sunday	Final P3] i mile Reg Rd	Port Sunlight Stanney Port Sunlight Warrington Woolston,Linear Park	£19/17.00 Club £24/23.00 School				ıaı		m+f	u23
Sunday	Final P3] i mile Reg Rd	Stanney Port Sunlight Warrington Woolston,Linear Park	Club £24/23.00 <i>School</i>	2nd Jun				o16	m+f	m+f
Sunday	Final P3] i mile Reg Rd	Port Sunlight Warrington Woolston,Linear Park	£24/23.00 School				13+	m+f	m+f	m+f
18th	P3] i mile Reg Rd	Warrington Woolston,Linear Park	School	1		m+f	m+f			
21st Thursday 7.30pm Warrington RR 10K [Warr GP: 22nd 22nd Friday 7.15pm Tattenhall 'Tough Team' - 9.5 23rd 23/24th Sat/Sun ESAA Combined Events Reservents Res	P3] i mile Reg Rd	Woolston,Linear Park		2nd Jun				15+	m+f	m+f
22nd Friday 7.15pm Tattenhall 'Tough Team' - 9.5 23rd 23/24th Sat/Sun ESAA Combined Events Reservents R	mile Reg Rd	·		qualify			Jun	Int		
22nd Friday 7.15pm Tattenhall 'Tough Team' - 9.5 23rd 23/24th Sat/Sun ESAA Combined Events Reservents R	mile Reg Rd	·	'Nifty'	21st Jun				18+	m+f	m+f
23rd Sat/Sun ESAA Combined Events Re 24th Sunday 10.00am Hollins Green 5k [NCGP5]&[6] . Sunday 10.30am PLS 10K Race from Mar Sunday 10.30am Wilmslow 1/2 Marathon 25th Monday 4.30pm Cheshire Minors Cham 25th Wednesday 7.00pm Robbie Websters Wobble . Wednesday 7.00pm Wirral Seaside Run - 5K 30th Saturday noon UK Champs & Euro Trials >>>>>> July 2018 40 ceres 1st Sunday 9.30am Alderley Bypass 10K Sunday 11.15am TK 11.40am YDL Up NW1 . Sunday 14.30pm Langley Fete (see Fell R Asso 4th Wednesday 7.30pm Forest Park 5K [Ladies] 5th Thursday 7.30pm Deestriders Offroad 2 of 4 6th Friday 7.30pm Deestriders Offroad 2 of 4 6th Friday 1.30am NoA Inter-County T&F Cha	Reg Rd	rattornan	£10.00/ 8.00		Limit	100 te	ams		m+f	
23/24th Sunday 10.00am Hollins Green 5k [NCGP5]&[€ . Sunday 10.30am PLS 10K Race from Mar Sunday 10.30am Wilmslow 1/2 Marathon 25th Monday 4.30pm Cheshire Minors Cham 25th Wednesday 7.00pm Queens Park Quacker 5K seri 27th Wednesday 7.00pm Robbie Websters Wobble . Wednesday 7.00pm Wirral Seaside Run - 5K 30th Salvady noon UK Champs & Euro Trials ≥>>>>> July 2018 1st Sunday 9.30am Alderley Bypass 10K . Sunday 11.15am Tk 11.40am YDL Up NW1 . Sunday 14.30pm Langley Fete (see Fell R Asso	_		210.00/ 0.00	y one and			unio			
24th Sunday 10.00am Hollins Green 5k [NCGP5]&[6] . Sunday 10.30am PLS 10K Race from Mar Sunday 10.30am Wilmslow 1/2 Marathon 25th Monday 4.30pm Cheshire Minors Cham 26th Tuesday 7.00pm Queens Park Quacker 5K seri 27th Wednesday 7.00pm Robbie Websters Wobble . Wednesday 7.00pm Wirral Seaside Run - 5K 30th Salurday noon UK Champs & Euro Trials 30/1st Sa/Su noon UK Champs & Euro Trials 4 Sunday 11.15am Tk 11.40am YDL Up NW1 1st Sunday 7.30pm <	_	Stockport	School	30th May			Jun	Int	Sen	
Sunday 10.30am PLS 10K Race from Mar Sunday 10.30am Wilmslow 1/2 Marathon 25th Monday 4.30pm Cheshire Minors Cham 27th Wednesday 7.00pm Robbie Websters Wobble Wednesday 7.00pm Wirral Seaside Run - 5K 30th Saturday noon UK Champs & Euro Trials 2018 30/1st Sa/Su noon UK Champs & Euro Trials 2018 30/1st Sa/Su noon UK Champs & Euro Trials 2018 30/1st Sa/Su noon UK Champs & Euro Trials 2018 30/1st Sa/Su noon UK Champs & Euro Trials 2018 30/1st Salunday 9.30am Alderley Bypass 10K Tk 11.40am YDL Up NW1 11.15am Tk 11.40am YDL Up NW1 11.50am Tk 11.40am YDL Up NW1 11.50am Tk 11.40am YDL Up NW1 11.50am Noon Cheshire/Merseyside Saturday 1.30am Noon Chester Primary School ESAA Schools Cup, Fin Saturday 11.00am Noon Noo	[CarJ]	Hollins Green	£8.00/6.00	_	むひりに	24 Seri			m+f	m- f
from Mar Sunday 10.30am Wilmslow 1/2 Marathon 25th Monday 4.30pm Cheshire Minors Cham 26th Tuesday 7.00pm Queens Park Quacker 5K seri 7.00pm Wirral Seaside Run - 5K Wednesday 7.00pm Wirral Seaside Run - 5K OAU Fell Championships u17 OAU										
25th		Riversdale Police Club	£15.5/13.50			Limit		-	m+f	
26th Tuesday 7.00pm Queens Park Quacker 5K seri 27th Wednesday 7.00pm Robbie Websters Wobble . Wednesday 7.00pm Wirral Seaside Run - 5K 30th Salurday noon CAU Fell Championships u17 30/1st Sa/Su noon UK Champs & Euro Trials >>>>>> July 2018 <<<<<<		Wilmslow	£33/31.00	24th Feb	Limi	t 480	υ	$\vdash \vdash$	m+f	m+f
27th Wednesday 7.00pm Robbie Websters Wobble . Wednesday 7.00pm Wirral Seaside Run - 5K 30th Saturday noon CAU Fell Championships u17 30/1st Sa/Su noon UK Champs & Euro Trials >>>>>> July 2018 <<<<<<		Warrington	School	9th Jun		Yr7				
Wednesday 7.00pm	ries	,	£7.3/5.20	17.6/11.50 se		imit	011			m+f
30th Saturday noon CAU Fell Championships u17 30/1st Sa/Su noon UK Champs & Euro Trials >>>>>> July 2018 <<<<<<<		Forest Hills, Frodsham	£5.00	On day 6:15/7pm	1					m+f
30/1st		Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f
Sunday S	' u19	Up The Nab	£5.00	pre & onday				m+f	m+f	
1st		Alexander Stadium								m+f
Sunday										
Sunday 11.15am Tk 11.40am YDL Up NW1 Sunday 14.30pm Langley Fete (see Fell R Assouth Fell R Assouth Fell R Assouth Fell R Assouth Responsible Respons		Wilmslow	£19.5/17.50	6th Jun				m+f	m+f	m+f
4th Wednesday 5.00pm Cheshire/Merseyside . Wednesday 7.30pm Forest Park 5K [Ladies] 5th Thursday 7.30pm Waverton Fun Run TBC Thursday 7.30pm Deestriders Offroad 2 of 4 6th Friday 1-3.00pm Chester Primary School 7th Saturday 11.00am NoA Inter-County T&F Cha 8th Sunday 11.00am NoA Inter-County T&F Cha 8th Sunday 9.00am Chester Race for Life . Sunday 11.30am Northern T&F Division 1 11th Wednesday 7.00pm NMAC T&F . Wednesday 7.30pm NMAC T&F . Wednesday 7.30pm Wizard 5 m M-T (SK10 4U 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4U 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 25th Wednesday 7.00pm Wirral Seaside	1 Rd3		Club					m+f	m+f	
4th Wednesday 5.00pm Cheshire/Merseyside . Wednesday 7.30pm Forest Park 5K [Ladies] 5th Thursday 7.30pm Waverton Fun Run TBC Thursday 7.30pm Deestriders Offroad 2 of 4 6th Friday 1-3.00pm Chester Primary School 7th Saturday 11.00am NoA Inter-County T&F Cha 8th Sunday 11.00am NoA Inter-County T&F Cha 8th Sunday 9.00am Chester Race for Life . Sunday 11.30am Northern T&F Division 1 11th Wednesday 7.00pm NMAC T&F . Wednesday 7.30pm NMAC T&F . Wednesday 7.30pm Wizard 5 m M-T (SK10 4U 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4U 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 25th Wednesday 7.00pm Wirral Seaside	c)	SJ942717	£4.00	after 1pm			14+	m+f	m+f	m+f
Wednesday 7.30pm Forest Park 5K [Ladies]		Stanney	County			Yr7				
Thursday 7.00pm Waverton Fun Run Thursday 7.30pm Deestriders Offroad 2 of 4 6th Friday 1-3.00pm Chester Primary School 7th Saturday 11.00am NoA Inter-County T&F Chall 8th Sunday 8.30am Deva Divas Triathlon . Sunday 11.30am Northern T&F Division 1 11th Wednesday 7.00pm NMAC T&F . Wednesday 7.45pm Wirral Endurance Series Trace . Wednesday 7.30pm Sefton Park 5 (Mossley Hill) 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4U) 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 21st Saturday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	7	Birchwood		29th Jun	400	limit	12+	f	f	f
Thursday	-		£4 adult £2		all		-			•
6th Friday 1-3.00pm Chester Primary School 7th Saturday 11.00am NoA Inter-County T&F Cha 8th Sunday 8.30am Deva Divas Triathlon . Sunday 9.00am Chester Race for Life . Sunday 11.30am Northern T&F Division 1 11th Wednesday 7.00pm NMAC T&F . Wednesday 7.30pm Wirral Endurance Series Trace . Wednesday 7.30pm Wizard 5 m M-T (SK10 4UI 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 21st Saturday 1.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday			£5/3.00 -	£12/10 series				m_f	m+f	m_f
7th Saturday ESAA Schools Cup, Fin. . Sunday 11.00am NoA Inter-County T&F Cha 8th Sunday 8.30am Deva Divas Triathlon . Sunday 9.00am Chester Race for Life . Sunday 7.00pm NMAC T&F . Wednesday 7.45pm NMAC T&F . Wednesday 7.30pm Sefton Park 5 (Mossley Hill) 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4UI 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 21st Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	ala	<u>'</u>	School	212/10 361163		إ	-	11171	111+1	111+1
Sunday 11.00am NoA Inter-County T&F Charles		Stanney			m+f		1	land.		
8th Sunday 8.30am Deva Divas Triathlon . Sunday 9.00am Chester Race for Life . Sunday 11.30am Northern T&F Division 1 11th Wednesday 7.00pm NMAC T&F . Wednesday 7.45pm Wirral Endurance Series Trace . Wednesday 7.30pm Sefton Park 5 (Mossley Hill) 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4UIII) 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th Sunday 12 noon Cheshire League 21st Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri		Gateshead	School	qualify			Jun			
Sunday 9.00am Chester Race for Life	amps	-	County	1011 1 1	050.0		m+t	m+f		
Sunday 11.30am Northern T&F Division 1		Meadows, Chester		•	350 li		<u> </u>		, 1	1
11th		Roodee	£14.99		Ladi	ies or		016		f
. Wednesday 7.45pm Wirral Endurance Series Trace . Wednesday 7.30pm Sefton Park 5 (Mossley Hill) 12th Thursday 7.30pm Wizard 5 m M-T (SK10 4UI 13/14th Fri/Sat 10.00am ESSA T&F Championshi 14th 15th Sunday 12 noon Cheshire League 21st Saturday Saturday Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	Rd3	York	Club					m+f	m+f	m+f
Wednesday 7.30pm Sefton Park 5 (Mossley Hill)		Liversedge WF15	£5.00	On Day	Field	H-D-S	3-LJ			Vets
12th Thursday 7.30pm Wizard 5 m M-T (SK10 4UI 13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 21st Saturday Saturday Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	ck 10K,	Oval, Bebington		on night					m+f	m+f
13/14th Fri/Sat 10.00am ESSA T&F Championsh 14th 15th Sunday 12 noon Cheshire League 21st Saturday SIAB T&F International 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri		Sefton Pk, Liverpool	£16.5/14.50	on-line				16+	m+f	m+f
14th Sunday 12 noon Cheshire League 21st Saturday SIAB T&F International 2. Saturday Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	JB)	Alderley Edge NT CP	£8/6.00	SJ860776	SK10	4UB		m+f	m+f	m+f
15th Sunday 12 noon Cheshire League 21st Saturday SIAB T&F International . Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	nips	Alexander Stadium	County	23rd Jun			Jun	Int	Sen	
Saturday SIAB T&F International . Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri										
Saturday SIAB T&F International . Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	Rd3	Deeside	Club		m+f	m+f	m+f	m+f	m+f	m+f
Saturday 11.00am Tk 11.30am YDL Lo NPrem 25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	al	Grangemouth,Scotland	Country					Int		
25th Wednesday 7.00pm Wirral Seaside Run - 5K 28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri	m1 Rd4	Bebington	Club			m+f	m+f			
28th Saturday 1.00pm Gyrn Gallop (Os Oly) 28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri			£6/ 4.00	Limit 300				m+f	m+f	m+f
28/29th Sat>Sun 5/2/3.00pm EA UK, CAU & AAA Char 29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri		Rhiwlas SY10 7JH			-		٢١		m+f	
29th Sunday 11.00am (Cute) Helena Tipping 10K 31st Tuesday 7.00pm Queens Park Quacker 5K seri		Manchester	Invitation	with Qualifying	na r	orfor	mer		m+f	
31st Tuesday 7.00pm Queens Park Quacker 5K seri	mne						_			
, ,	ımps		£16/14.00	subject to limit 17.6/11.50 se					m+f	
>>>> August 2018 <<<<<	•	Queens Park, Crewe	£7.3/5.20	17.0/11.3U SE	الالاح	mill	UII	111+1	111+1	111+1
Moderna Vivia Committee Co	•		Davi	0. 1. 1.	<u></u>	45-	\bigsqcup			-
1st Wednesday 7.00pm Ponderosa Fell Race	•	Dandana III 00 000	Pay	On day (befor	e 6.4	+5pm	,		m+f	
7	ries	Ponderosa LL20 8DR	E19/14 00	Race Full	<u> </u>	Ш			m+f	
TBC Thursday 7.30pm Deestriders Offroad 3 of 4	•	Moulton, nrWinsford	£13/11.00	£12/10 series					m+f	
The same of the sa	ries CGP4]	Moulton, nrWinsford Tata Sports & SC	£5/3.00 -	+					m+f	
. Saturday 2.30pm Teggs Nose (see Fell R Assc)	ries CGP4]	Moulton, nrWinsford Tata Sports & SC Preston	£5/3.00 - Club		e	.!!	1	T	18+	m+f
4/5th Sat/Sun 10.45am England (+NA) Combined E	ries CGP4]	Moulton, nrWinsford Tata Sports & SC	£5/3.00 - Club £3 + £3.00 t	to Sheep Dog	tield!	. —	m+f	m+f		
5th	ries CGP4] Rd4	Moulton, nrWinsford Tata Sports & SC Preston	£5/3.00 - Club	to Sheep Dog	field!				+	
8th Wednesday 7.45pm Wirral Endurance Series Trace	ries CGP4] Rd4	Moulton, nrWinsford Tata Sports & SC Preston Sutton, Macclesfield	£5/3.00 - Club £3 + £3.00 t	to Sheep Dog	field!				1	
11th	ries CGP4] Rd4 C) Events	Moulton, nrWinsford Tata Sports & SC Preston Sutton, Macclesfield	£5/3.00 - Club £3 + £3.00 t £15o-£20p	to Sheep Dog	field!				m+f	m+f
11/12th Sat/Sun 10.30am NoAth T&F Championsh	ries CGP4] Rd4 C) Events	Moulton, nrWinsford Tata Sports & SC Preston Sutton, Macclesfield Manchester	£5/3.00 - Club £3 + £3.00 t £15o-£20p	to Sheep Dog	field!				m+f	m+f
12th	ries CGP4] Rd4 c) Events ack 5K,	Moulton, nrWinsford Tata Sports & SC Preston Sutton, Macclesfield Manchester	£5/3.00 - Club £3 + £3.00 t £15o-£20p	to Sheep Dog	field!	m+f	m+f		m+f	m+f
15th Wednesday 7.15pm Capenhurst 5K (EPRC)	ries CGP4] Rd4 c) Events ack 5K,	Moulton, nrWinsford Tata Sports & SC Preston Sutton, Macclesfield Manchester Oval, Bebington	£5/3.00 - Club £3 + £3.00 t £15o-£20p	to Sheep Dog 29th Jul on night	field!	m+f			m+f	m+f