West Cheshire Endurance Competition 2017

Final Female Points Table

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points																					
											Cross Country						Track	Multi Terrain	Road Leagues/series			Team points			Distance Pts (any surface; one race at each distance)			Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event
		At end of 2016	End of Dec 2017	Cross Country	Fell	Multi-terrain & Trail	Park Runs (subject to performance)	Road	Track (3K or longer)	Total Races	L&D (Nov)	Manchester (Dec)	North Wales (Jan, Feb, Oct, Oct2, Nov)	North Staffs (Sep, Oct, Nov)	Championships (Ches, N Wales, Northern, National)	Cheshirte League	Wirral (September - 4 races)	Borders L (Jan, Feb, Apr1,2)	Ches GP (Mid-Ches 5K, Pie & Peas, Cong HM, Farndon), WCR	Relays (NW RR, NA RR)	Cross Country (N Wales Jan, Feb,Nov Ches.(N Staffs Sep, Oct) Road (BL-Jan, Feb, Apr1,2)(GP - Apr, Aug, Farndon), WCR	Track	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon						
											1 point per event														1	2	3					
Females																																
Eleanor	ROBINSON	14.4	12.5	10	7	16		14	6	53			5	3	2	2	1	5	3	2	8	7	1				6	6	104	1.85
Angela	TEGG	[24.2]	19.4	4	4	21		14	4	47				3	1	1	4	4	5	1	3	8	1				8	1	87	1.83
Clare	MALLON	18.3	17.9	2		3	1	20	4	30				2		2	1	5	3	1	2	8	1	1			6	1	63	2.07
Pamela	ACKROYD	18.7	18.1	4				8		12			2	2				4	1		4	5					3	4	37	2.75
Keely	SMITH	12.7	10.7			3		15		18								3	1			4			2	3	5	1	37	2.00
Rosemary	ROGERS	20.4	20.9			12	4	13		29																	6	2	37	1.21
Lisa	DAVIES	16.3	15.6	2	1	1		7	2	13			1		1			4	1		2	5					3	4	34	2.31
Anne-Marie	TAIT	20.2	20.6	2		1		5	3	11				1	1	1		3	1		2	4	1				1		26	2.36
Anest	MULLER	9.3	10.0	4				6		10			3		1			3			3	3							23	2.30
Claire	HARRIS	[12.4]	11.0	4				1		5			2	2				1			3	1					1		15	3.00
Kerry	RILEY		[15.7]	2		1		1		4			2					1			2	1					1		11	2.75
Hannah	MOORHOUSE		29.6	2		1	1	2		6	1			1						1	1			1					11	1.83
Kay	HAYES	21.3	21.7	2				1		3			1		1			1			1	1						2	10	2.67
Isobel	ROBERTSON		28.0			1		6		7														1			1		9	1.29
Sarah	HUGHES	26.4	26.3			1	2	4		7																	1	1	9	1.14
Susan	BAIRD		[23.9]					2		2								2				2					1		7	3.50
Lorraine	McFAUL	24.2	24.5			1		2		3									2			2							7	2.33
Mary	RADFORD		[41.1]					1		1																		5	6	1.00
Clare	GLOYNE-PHILLIPS	23.8	23.5				1	1		2								1				1					1		5	2.50
Brygida	GORECKA		[19.8]	1				1		2		1						1				1							5	2.50
Debra	BEMAND		[21.0]					1		1									1			1							3	3.00
Ellen	McMAHON	19.9	19.9					1		1										1									2	2.00
Jo	BRIDGE	26.9	25.7					1		1																	1		2	2.00
Shilpa	MANUPATI		[45.3]					1		1																			1	1.00
Chloe	VENABLES		[19.5]					1		1																			1	1.00
Zoe	REES		[26.0]					1		1																			1	1.00
	Totals			*39*	*12*	*62*	*9*	*130*	*19*	*271*																					

NOTE : Handicap number requires mimimum of 3 races in previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.