List of events (with numbers taking part) in 2014 **January to June inclusive**

01-Jan	New Years Day Liverbird Marathon (1F)
01-Jan	Princes Park, L'pool PR (1M)
04-Jan	Abney, Cheadle 5K MT (1M, 1F)
04-Jan	Cheshire CC Championships (2M)
04-Jan	Delamere Forest PR (3M, 1F)
04-Jan	Princes Park, L'pool PR (2M)
4/5 Jan	Enigma Winter Double Marathon (1F x2)
11-Jan	Delamere Forest PR (4M)
11-Jan	Princes Park, L'pool PR (1M)
11-Jan	South Manchester PR (1M)
12-Jan	Manchester CC League (1F)
12-Jan	NW Sunday CC League, Runcorn (1M)
18-Jan	Anglesey Trail Marathon (1F)
18-Jan	Delamere Forest PR (3M, 1F)
18-Jan	Nortrh Wales CC League, Lilleshall (3M)
18-Jan	Princes Park, L'pool PR (2M)
19-Jan	4 Villages HM, Helby **(GP1)** (13M, 7F)
25-Jan	Delamere Forest PR (5M, 1F)
25-Jan	Northern Athletics Cross Country Champs (3M)
25-Jan	Princes Park, L'pool PR (1M)
25/26 Jan	Ultra Dawn/Dusk Marathons (1F x2)
01-Feb	Princes Park, L'pool PR (1M)
02-Feb	Alsager 5 mile (2M, 1F)
02-Feb	Borders League, Abergele 5 mile (16M, 2F)
6-9 Feb	Enigma Quadzilla MT marathons (1Fx4)
08-Feb	Claisebrook Cove PR, Australia (1M)
08-Feb	Delamere PR (4M, 1F)
08-Feb	Manchester CC League (1F)
08-Feb	North Wales CC League (2M)
08-Feb	Princes Park, L'pool PR (1M)
09-Feb	Nick Beer 10K, Llandudno (1F)
09-Feb	Southport Mad Dog 10K (1M)
15-Feb	Princes Park, L'pool PR (1M)
15-Feb	Stratford Valentine MT Marathon (1F)
16-Feb	Wrexham HM (od) (5M, 1F)
22-Feb	Delamere PR (4M)
22-Feb	English Natioinal CC Champs, Nottingham (3M)
22-Feb	Princes Park, L'pool PR (1M)
23-Feb	Montane Trail 26, Grizedale (1F)
23-Feb	Oulton Park 10K (3M, 1F)
23-Feb	Oulton Pk HM (1M)
23-Feb	Rhyl 10 mile (1F)
01-Mar	Delamere PR (5M)
01-Mar	Princes Park, L'pool PR (1M)
01-Mar	Warrington PR (1M)
02-Mar	Borders League, Birkenhead Pk 5.5ml (18M, 3F)
02-Mar	Silverstone HM (1F)
02-Mar	Wrap Up 10K MT, Tatton Pk (1F)
08-Mar	Inter County CC Champs, Birmingham (1M)
08-Mar	Delamere PR (4M, 1F))
08-Mar	Princes Park, L'pool PR (3M)
08-Mar	Telford Track Marathon (1F)
09-Mar	Bolton Hill Marathon (1F)
09-Mar	High Legh 10K (1M)
09-Mar	Nitro North 10K MT, Moel Famau (1M, 1F)
09-Mar	Roddlesworth Roller MT (1F)
09-Mar	Trafford 10K (2M)
15-Mar	Delamere PR (6M, 2F)
15-Mar	Princes Park, L'pool PR (2M)
15/16 Mar	Pitsford March double marathon (1Fx2)
16-Mar	Lytham 10 mile (inc NVAC Champs) (1M)
17-23 Mar	Enigma Week at Knees Marathon (1Fx7)
18-Mar	Falesia 5K, POR
20-Mar	Falesia H'cap (2M)
22-Mar	Delamere PR (2M, 1F)
22-Mar	Princes Park, L'pool PR (1M)
23-Mar	Borders League 4.4 mile, Deeside (15M, 3F)
23-Mar	Liverpool HM (5M, 2F)
23-Mar	Wilmslow HM (1M)
29-Mar	Delamere PR (4M, 1F)
29-Mar	Princes Park, L'pool PR (1M)
29/30 Mar	Brathay Double Marathon (1Fx2)
30-Mar	Cheshire 10K, Arley Hall (2M, 3F)
30-Mar	Helena Tipping 10K, Wrexham (4M)

05-Apr	Abney, Cheadle 5K MT (1M)
05-Apr	Delamere PR (1F)
05-Apr	Princes Park, L'pool PR (1M)
06-Apr	Borders League, New Brighton 5.2 ml (17M, 2F)
06-Apr	Great Wrexham 10K (1M)
06-Apr	Lincoln 10K (1M)
06-Apr	Manchester Marathon (1M, 1F)
06-Apr	Sandstone 10K MT (1F)
12-Apr	Delamere PR (5M, 1F)
12-Apr	Princes Park, L'pool PR (1M)
13-Apr	London Marathon (2M)
13-Apr	Whitley 10K (2M)
16-Apr	Chester Spring 5ml **(GP2)** (10M, 1F, 19h)
18-Apr	Enigma Good Friday Marathon 91F)
19-Apr	Llandudno Easter 5K (1M)
19/20 Apr	Enigma Run for tomorrow marathons (1F x2)
20-Apr	Air Products 10K, Crewe (1M)
20-Apr	Runcorn-Hale Bridge 5 ml(4M, 1F)
23-Apr	Borders League, Shotton (19M, 3F)
26-Apr	Delamere PR (2M)
26-Apr	North Wales 10 mile, Wrexham (1M, 1F)
27-Apr	Madrid 'Rock'n' Roll' marathon (1F)
30-Apr	Wirral Seaside Run (1M)
?	Enigma Strike Back Marathon (1F)
03-May	Delamere PR (3M, 1F)
04-May	Liverpool Spring 5K (1M,1F)
04-May	Northern T&F League 5K/3K/3K S/c (2M, 2F)
04-May	Worcester Marathon (1F)
05-May	Milton Keynes Marathon (1F)
10-May	Delamere PR (1M, 1F)
10-May	Excalibur Marathon, Moel Famau (1F)
11-May	Market Drayton 10K (1M)
11-May	Port Sunlight 10K (2M, 1F)
13-May	Thurstaston MT 10K (1M, 1h)
17-May	Delamere PR (1M, 1F)
18-May	Chester HM (20M, 5F, 16h)
18-May	Great Manchester Run 10K (2M)
23-May	Christleton 5K **GP3** (10M, 2F)
25-May	BUPA London 10K (1M)
25-May	Liverpool "Rock 'n' Roll" Marathon (2m, 2F)
28-May	Wirral Copastal Run (1M)
29-May	Bowdon 5K (1M, 1F)
31-May	Delamere PR (1M)
31-May	Kent RR, Gravesend Marathon (1F)
04-Jun	Birkenhead Park 5 mile (1M)
05-Jun	Deestriders Off-Road 5ml (4M, 1F)
05-Jun	Dunham Massey 5K (1F)
07-Jun	NA T&F Lge 3K, 5K, 3Ks/c (3M, 2F)
07-Jun	Princes Pk, L'pool PR (1F)
08-Jun	Mersey Tunnel 10K (3M, 1F)
14-Jun	COD RC Holly Challenge MT Marathon (1F)
14-Jun	Delamere PR (2M, 1F)
14-Jun	Hollins Green 5K (1F)
15-Jun	Chesh T&F Lge, Crewe 3K (1F)
15-Jun	Ellesmere Port 10 K (4M, 1F, 4h)
19-Jun	Dunham Massey 5K - 2 (1F)
20-Jun	Tattenhall Tough Team Event 9 mile (2M, 2F)
21-Jun	Delamere PR (2M, 1F)
21-Jun	Hadrians Wall Ultra 69 mile (1F)
21-Jun	Lymm 5K (3M)
21-Jun	Princes Pk, L'pool PR (1M)
22-Jun	Shrewsbury HM (1M)
22-Jun	Stone St Michaels 10K (1M)
25-Jun	Wirral Coastal Run (1M)
26-Jun	Warrington RR 10K **(GP4)** (2M)
28-Jun	Delamere PR (4M)
29-Jun	Arley Hall Summer 10K (2M)
29-Jun	RunFest Wales Marathon, Rhyl (1F)