West Cheshire Endurance Competition 2011

FINAL Female Points Table

			Number of Races (1pt/race)						Bonus Points																			
									CC Leagues				Fell Series	MT Series		Road Leagues/series		County Champs (all) 2pts	Area Champs 3pts	National Champs 4pts	Road Distance Pts (only 1 pt at each distance)					Road Performance Pts	"Helpers" Points	Total Points
		Handicap No (for road running)	Cross Country	Fell	Multi-terrain	Road	Track (>3K)	Total Races	L&D (Feb, Nov))	Manchester (Jan, Nov)	North Wales (Feb, Oct1, Oct22)	North Staffs (Oct 8, 29, Nov))		Deeside "Off-road"	Wirral (September)	Borders L (Feb, Mar1, Mar 2, Apr, Oct, Nov)	Ches GP1 (4 Vill HM, Wilm HM, AP 10K, Bridge 5ml, Lymm5K, P&P MT, GS 10K)	Ches CC, Ches T&F, Ches RR - Marathon	Northern CC	English CC, BMAF 5K Road	up to <5mile	5ml to 10K inc	10K+ to 10 ml inc	10ml+ to 15ml/25K	> 15ml/25K			
									all cumulative (1+2+2+3+3+3+4 etc)																			
Females																												
Mary	RADFORD	28.8	8	1	4	13		26			8	8		5		11	1				1	1		1		7	3	72
Lisa	DAVIES	12.9			2	12		14								18	3				1	1		1	1	9	2	50
Sacha	KENDALL-WOODS	18.2	1	2	10	6		19							8	5	5	2			1	1		1		4	4	50
Angela	COOK	21.7			4	7		11							3	5	3	2			1	1		1	1	6		34
Susan	BAIRD	21.8				5		5								11						1				4		21
Kathleen	OSBORNE	25.2				5		5								3	1	2			1	1		1	1	3	1	19
Jane	PICKERING	17.9			2	5		7								5						1		1		4		18
Pauline	KAY	24.3			1	5		6								3						1		1		6		17
Eleanor	ROBINSON	14.8			1	4		5									1				1			1	1	5	1	15
Lisa	AYLING	21.7	1			3		4								1	1	2			1			1		3	2	15
Laura	BESTOW	6.5	2	1		4		7				1						4			1	1				1		15
Sinead	MALONE	27.6			3	2		5							3	1	1				1	1		1		1		14
Dawn	NUNES	12.2				3		3								1	1					1		1		3		10
Debra	McQUAIR	29.0				3		3										2						1	1	1		8
Paula	JONES	29.9			1	3		4									1					1		1		1		8
Lesley/Karen	BILLINGSLEY	28.1				3		3									1							1	1		2	8
Lorraine	McFAUL	[24.5]				2		2								3						1				1		7
Frances	MUDWAY		2					2		3												1					2	7
Julie	WOOD	20.8				5		5														1		1				7
Jillian	CARTER	[20.5]			1	2		3														1		1		1		6
Lynda	ROBINSON	[29.7]			1	2		3													1	1						5
Claire	GREGORY	[24.0]				2		2															1	1				4
Emily	DAVIES	[20]				1		1									1							1				3
Kay	NORTON	[21.8]				1		1														1						2
Grace	O'ROURKE	[13.9]				1		1														1						2
	Totals		*14*	*4*	*30*	*99*	*0*	*147*																				

NOTE : Handicap number requires mimimum of 3 races in previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary, as it is the minimum of previous 3 to 5 races depending on time scale