ESSAR

25th Chester 'Spring 5'

Wednesday 12th April 2017, 7:00 pm

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
1	0:26:18	Sheen, Matthew	m	1	Top 5	SM	1	Vale Royal AC	424	0:26:18	1
2	0:26:28	Jones, Paul	m	2	Top 5	Mv 45	1	Shrewsbury AC	517	0:26:27	2
3	0:26:30	Tomczak, Przemyslaw	m	3	Top 5	SM	2	Buckley RC	469	0:26:29	3
4	0:26:42	Skates, Stephen	m	4	Top 5	SM	3	Prestatyn RC	430	0:26:41	4
5	0:26:49	Williams, Chris	m	5	Top 5	SM	4	Vale Royal AC	498	0:26:48	5
6	0:26:56	Wathan, Paul	m	6		SM	5	Eryri Harriers	481	0:26:55	6
7	0:27:08	Jones, Lee	m	7	O/40 - 1st	Mv 45	2	Deeside AAC	247	0:27:08	7
8	0:27:19	Greenland, Ethan	m	8	u 20 - 1st	u20M	1	West Cheshire Athletic Club	185	0:27:18	8
9	0:27:31	Archbold, Barry	m	9	O/40 - 2nd	Mv 40	1	Wilmslow Running Club	11	0:27:30	9
10	0:27:38	Wynne, Mark	m	10		Mv 40	2	Liverpool Pembroke & Sefton H AC	514	0:27:38	10
11	0:27:42	Brown, Jez	m	11		Mv 40	3	Buckley RC	51	0:27:41	12
12	0:27:43	Walker, Mark	m	12		SM	6	Macclesfield Harriers & AC	474	0:27:41	11
13	0:27:53	Grantham, Rob	m	13		Mv 40	4	Pensby Runners	177	0:27:53	14
14	0:27:54	Thompson, Colin	m	14		SM	7	Helsby Running Club	464	0:27:52	13
15	0:27:57	Miles, Andrew	m	15		SM	8	Vale Royal AC	307	0:27:57	15
16	0:27:58	Ackroyd, Ethan	m	16		u20M	2	Deeside AAC	2	0:27:57	15
17	0:28:00	Yorke, Chris	m	17	O/45 - 1st	Mv 45	3	NWRRC	515	0:27:59	17
18	0:28:03	Greaves, Tom	m	18		SM	9	Warrington Road Runners	179	0:28:01	18
19	0:28:14	Shelbourne, Andrew	m	19		SM	10	Widnes Running Club	425	0:28:10	19
20	0:28:22	Taylor, Matthew	m	20		SM	11	South Cheshire Harriers	454	0:28:18	20
21	0:28:29	Wilson, Scott	m	21		SM	12	Macclesfield Harriers & AC	509	0:28:28	22
22	0:28:30	Bromley, Andrew	m	22		SM	13	Prestatyn RC	49	0:28:27	21
23	0:28:33	Clarke, Jay	m	23		SM	14	Penny Lane Striders	80	0:28:30	23
24	0:28:38	Hughes, Lee	m	24		Mv 40	5	Lymm Runners	226	0:28:36	24
25	0:28:41	Hayes, Steven	m	25		Mv 40	6	Deestriders R.C.	208	0:28:39	25
26	0:28:46	Fitzpatrick, Chris	m	26		Mv 40	7	Helsby Running Club	147	0:28:44	26
27	0:28:51	Bullock, Neil	m	27		SM	15	Penny Lane Striders	57	0:28:49	27
28	0:28:54	Ireland, Lee	m	28		Mv 40	8		234	0:28:54	29
29	0:28:59	McVey, Diane	f	1	Top 3	Fv 40	1	Wilmslow Running Club	303	0:28:58	30
30	0:29:00	Bentley, Christopher	m	29		SM	16	Macclesfield Harriers & AC	33	0:28:51	28
31	0:29:14	Peal, Robbie	m	30		u20M	3	Macclesfield Harriers & AC	359	0:29:12	31
32	0:29:14	Ainsworth, James	m	31		Mv 40	9	Vale Royal AC	6	0:29:13	32
33	0:29:22	Varley, Darren	m	32		SM	17	Sandbach Striders	472	0:29:17	33
34	0:29:28	Harrington, Michael	m	33		Mv 40	10	Vale Royal AC	199	0:29:24	34
35	0:29:30	Clague, Andrew	m	34	O/45 - 2nd	Mv 45	4	West Cheshire Athletic Club	78	0:29:29	38
36	0:29:31	Davies, Craig	m	35		Mv 40	11	Deestriders R.C.	505	0:29:29	37
37	0:29:33	Smith, Bradley	m	36		SM	18	South Cheshire Harriers	433	0:29:28	36
38	0:29:33	Gordon, Adam	m	37		Mv 40	12	Helsby Running Club	170	0:29:30	39
39	0:29:35	Thompson, Steven	m	38		SM	19	Warrington Road Runners	467	0:29:32	40
40	0:29:36	Staniforth, Alex	m	39		SM	20	West Cheshire Athletic Club	442	0:29:27	35
41	0:29:37	Morris, Trevor	m	40	O/50 - 1st	Mv 55	1	Wilmslow Running Club	316	0:29:35	42
42	0:29:40	Hicks, Billy	m	41		SM	21	Macclesfield Harriers & AC	214	0:29:34	41
43	0:29:41	Jones, Andrew	m	42		Mv 40	13	Wrexham AAC	243	0:29:39	43
44	0:29:46	Hudson, Pat	m	43		SM	22	South Cheshire Harriers	224	0:29:43	45
45	0:29:47	Rutherford, Ian	m	44		Mv 45	5	Helsby Running Club	411	0:29:44	46
46	0:29:48	Davies, Mark	m	45		Mv 40	14	West Cheshire Athletic Club	105	0:29:44	47
47	0:29:49	Carter, Andrew	m	46		Mv 45	6	West Cheshire Athletic Club	516	0:29:41	44
48	0:29:50	Jones, Chris	m	47		SM	23	Vale Royal AC	245	0:29:46	48
49	0:29:52	Hasler, Robert	m	48		SM	24	Macclesfield Harriers & AC	204	0:29:50	50
50	0:29:57	Weaver, Andy	m	49		SM	25		484	0:29:47	49
51	0:30:02	Wilde, Simon	m	50		Mv 45	7	Chester Triathlon Club	496	0:29:55	51
52	0:30:04	Simpson, James	m	51		Mv 45	8	South Cheshire Harriers	427	0:30:02	54
53	0:30:05	Lowe, Ian	m	52		Mv 45	9	Oswestry Olympians	276	0:30:01	52
54	0:30:06	Perry, James	m	53		SM	26	Macclesfield Harriers & AC	363	0:30:03	55
55	0:30:06	Slann, Laurence	m	54		SM	27		432	0:30:01	53
56	0:30:06	Kozer, Will	m	55		SM	28	Widnes Running Club	263	0:30:04	56
57	0:30:15	O'Hara, Jim	m	56		SM	29	Helsby Running Club	342	0:30:11	57
58	0:30:16	Pyatt, Francis	m	57		SM	30	Macclesfield Harriers & AC	377	0:30:13	58
59	0:30:23	Davies, Edward	m	58		Mv 45	10	Buckley RC	104	0:30:21	59
60	0:30:26	Dyer, Sean	m	59		SM	31	South Cheshire Harriers	119	0:30:22	60
61	0:30:27	Cassidy, James	m	60		SM	32	Liverpool Harriers & AC	73	0:30:24	61
62	0:30:34	Davies, Brian	m	61		Mv 50	1		102	0:30:32	64

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
63	0:30:34	Ryder, Alex	m	62		u20M	4	Prestatyn RC	412	0:30:32	63
64	0:30:38	Haywood, Nick	m	63		SM	33	Vale Royal AC	209	0:30:31	62
65	0:30:38	Robinson, Neil	m	64		SM	34	Deestriders R.C.	403	0:30:36	65
66	0:30:41	Hayes, Richard	m	65		Mv 45	11	West Cheshire Athletic Club	207	0:30:38	67
67	0:30:42	Roberts, Siôn	m	66		u20M	5	West Cheshire Athletic Club	399	0:30:40	68
68	0:30:43	Clarke, Katie	f	2	Top 3	u20F	1	West Cheshire Athletic Club	83	0:30:41	69
69	0:30:47	Richardson, Gary	m	67		Mv 40	15	Vale Royal AC	389	0:30:37	66
70	0:30:48	Wilson, Robert	m	68		Mv 40	16	South Cheshire Harriers	508	0:30:42	70
71	0:30:50	Cassidy, Ant	m	69		Mv 40	17	Mossley Hill AC	72	0:30:44	71
72	0:30:52	Brookes, Alan	m	70	O/55 - 1st	Mv 60	1	Trentham RC	50	0:30:50	73
73	0:30:52	Palmer, Chris	m	71		SM	35	West Cheshire Athletic Club	351	0:30:46	72
74	0:30:56	Sirett, Tom	m	72		SM	36	Ellesmere Port RC	428	0:30:53	74
75	0:30:57	Shaw, Christopher	m	73		Mv 40	18	Buckley RC	421	0:30:53	75
76	0:31:01	Reading, Mark	m	74		Mv 45	12		382	0:30:59	76
77	0:31:16	Kenyon, Paul	m	75		SM	37		260	0:31:10	77
78	0:31:17	Smith, Mark	m	76		Mv 45	13	Pensby Runners	437	0:31:16	79
79	0:31:20	Gray, Peter	m	77		SM	38	Buckley RC	178	0:31:13	78
80	0:31:25	Waring, Michael	m	78		Mv 45	14	Chester Triathlon Club	478	0:31:19	80
81	0:31:27	Wardle, Tony	m	79		Mv 45	15	South Cheshire Harriers	477	0:31:25	82
82	0:31:32	Mayers, Andy	m	80		Mv 45	16	South Cheshire Harriers	289	0:31:24	81
83	0:31:32	Taylor, Tony	m	81		Mv 50	2	Sandbach Striders	457	0:31:28	84
84	0:31:35	Kennedy, Colin	m	82		Mv 50	3	Kirkby Milers AC	259	0:31:27	83
85	0:31:36	Salt, James	m	83		SM	39	Abergele Harriers	413	0:31:33	86
86	0:31:41	Gough, Dave	m	84		Mv 50	4	Knutsford Tri Club	171	0:31:31	85
87	0:31:42	Fairclough, Kyle	m	85		SM	40		138	0:31:35	87
88	0:31:42	Bampton, John	m	86		Mv 45	17	Penny Lane Striders	22	0:31:35	88
89	0:31:44	Hayes, Josef	m	87		Mv 45	18	Buckley RC	206	0:31:40	90
90	0:31:45	McGaff, Tom	m	88	O/60 - 1st	Mv 60	2	Wilmslow Running Club	296	0:31:39	89
91	0:31:50	McFarlane, Tristan Kyle	m	89		u20M	6	West Cheshire Athletic Club	295	0:31:48	92
92	0:31:55	Twiss, Andy	m	90		SM	41	South Cheshire Harriers	470	0:31:41	91
93	0:31:59	Hankins, Richard	m	91		Mv 45	19	Helsby Running Club	198	0:31:55	93
94	0:32:01	Whitfield Bird, Nicola	f	3	Top 3	Fv 35	1	Ellesmere Port RC	489	0:31:56	94
95	0:32:07	Wilson, Lauren	f	4		SF	1	Penny Lane Striders	507	0:32:04	95
96	0:32:09	Jensen, Vincent	m	92		SM	42	Northwich Running Club	238	0:32:05	97
97	0:32:11	Spruce, Anthony	m	93		SM	43		441	0:32:04	96
98	0:32:11	Atkinson, James	m	94		Mv 50	5	Chester Triathlon Club	21	0:32:06	98
99	0:32:17	Collins, Robbie	m	95		SM	44	Liverpool Harriers & AC	87	0:32:14	99
100	0:32:22	Holmes, Trevor	m	96		Mv 40	19	West Cheshire Athletic Club	219	0:32:14	100
101	0:32:23	Thomas, Andy	m	97		Mv 50	6	Sandbach Striders	462	0:32:17	101
102	0:32:26	Homer, Jarrod	m	98		Mv 45	20	Wilmslow Running Club	220	0:32:21	103
103	0:32:28	Dykins, Andy	m	99		Mv 45	21	Macclesfield Harriers & AC	120	0:32:19	102
104	0:32:29	Mallison, Peter	m	100		Mv 45	22	South Cheshire Harriers	280	0:32:23	104
105	0:32:30	Evans, Gareth	m	101		Mv 40	20	Abergele Harriers	134	0:32:26	106
106	0:32:38	Swift, Chris	m	102		SM	45	Vale Royal AC	450	0:32:25	105
107	0:32:43	Baskerville, Nigel	m	103		Mv 45	23	South Cheshire Harriers	26	0:32:30	107
108	0:32:47	Carter, Heather	f	5	O/35 - 1st	Fv 40	2	Sandbach Striders	69	0:32:42	108
109	0:32:48	Chadwick, Daniel	m	104		Mv 40	21	Spectrum Striders	74	0:32:40	108
110	0:32:50	Johnston, Finan	m	105		u20M	7		240	0:32:43	110
111	0:32:52	Grantham, Lisa	f	6	O/40 - 1st	Fv 40	3	Pensby Runners	176	0:32:48	112
112	0:33:00	Clarke, Issy	f	7	u/20 - 1st	u20F	2	West Cheshire Athletic Club	79	0:32:59	114
113	0:33:01	Michell, Davyd	m	106		SM	46	Helsby Running Club	306	0:32:55	113
114	0:33:01	Murray, Christopher	m	107		SM	47	Helsby Running Club	327	0:32:45	111
115	0:33:09	Wilcockson, Paul	m	108		SM	48	Buckley RC	494	0:32:59	115
116	0:33:12	Dutton, Samantha	f	8		Fv 35	2	Buckley RC	118	0:33:02	116
117	0:33:15	Fairs, Mick	m	109	O/65 - 1st	Mv 65	1	Wilmslow Running Club	139	0:33:10	120
118	0:33:15	Riley, Tom	m	110		SM	49		394	0:33:08	118
119	0:33:17	Hadley, James	m	111		Mv 40	22	Chester Triathlon Club	193	0:33:07	117
120	0:33:18	Smith, Keely	f	9		SF	2	West Cheshire Athletic Club	436	0:33:09	119
121	0:33:20	Garnett, Ben	m	112		SM	50	Abergele Harriers	161	0:33:16	122
122	0:33:22	Battersby, Darren	m	113		Mv 50	7	Abergele Harriers	27	0:33:18	125
123	0:33:22	Billington, Tim	m	114		Mv 50	8	Wilmslow Running Club	37	0:33:15	121
124	0:33:25	Smith, Helen	f	10	O/45 - 1st	Fv 45	1	Vale Royal AC	435	0:33:17	124

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
125	0:33:26	Reid, Chris	m	115		SM	51	Buckley RC	384	0:33:17	123
126	0:33:27	Nalder, David	m	116		Mv 60	3	Ellesmere Port RC	328	0:33:21	126
127	0:33:34	Ashbrook, Jane	f	11		Fv 40	4	Helsby Running Club	15	0:33:22	127
128	0:33:35	Adams, Jeff	m	117		Mv 60	4	Pensby Runners	4	0:33:30	129
129	0:33:37	Ellis, Janine	f	12		Fv 45	2	Wilmslow Running Club	130	0:33:31	130
130	0:33:38	Haines, David	m	118		Mv 45	24	Vale Royal AC	194	0:33:25	128
131	0:33:42	Bellis, Stephen	m	119		Mv 60	5	Buckley RC	31	0:33:34	132
132	0:33:44	O'Keefe, Ray	m	120		Mv 50	9	Macclesfield Harriers & AC	343	0:33:33	131
133	0:33:46	Norris, Paul	m	121		Mv 55	2	Wilmslow Running Club	337	0:33:39	133
134	0:33:53	Dar, Asif	m	122		SM	52		100	0:33:51	135
135	0:33:56	Roberts, Stephen	m	123		Mv 60	6	Oswestry Olympians	400	0:33:44	134
136	0:34:02	McKean, Ben	m	124		SM	53	West Cheshire Athletic Club	299	0:33:52	136
137	0:34:02	Edwards, James	m	125		Mv 55	3	Vale Royal AC	127	0:33:53	137
138	0:34:03	Jones, John	m	126		Mv 55	4	Abergele Harriers	246	0:33:59	139
139	0:34:05	Willson, Rory	m	127		u20M	8	West Cheshire Athletic Club	506	0:34:04	143
140	0:34:08	Falls, Chris	m	128		Mv 40	23	Widnes Running Club	141	0:34:02	141
141	0:34:11	Gow, Andie	m	129		Mv 65	2	Pensby Runners	172	0:34:04	144
142	0:34:14	Glen, Andrew	m	130		Mv 50	10	Knowsley Harriers	168	0:34:13	149
143	0:34:15	Donoghue, Paul	m	131		Mv 45	25	Buckley RC	112	0:33:55	138
144	0:34:17	Jones, Wells	m	132		Mv 45	26		252	0:34:10	148
145	0:34:17	Mulholland, Keith	m	133		Mv 50	11	Macclesfield Harriers & AC	322	0:34:03	143
146	0:34:18	Garnett, Paul	m	134		Mv 50	12	Wilmslow Running Club	162	0:34:10	147
147	0:34:19	O'Donnell, Kathleen	f	13		Fv 35	3	Macclesfield Harriers & AC	341	0:34:01	140
148	0:34:19	Forster, Kenny	m	135		Mv 55	5	Spectrum Striders	154	0:34:08	146
149	0:34:23	Pickles, Daisy	f	14		SF	3	Macclesfield Harriers & AC	365	0:34:08	145
150	0:34:27	Earlam, Mark	m	136		SM	54		122	0:34:21	153
151	0:34:30	Leach, Edward	m	137		Mv 40	24		266	0:34:17	151
152	0:34:32	Evitts, Julian	m	138		Mv 40	25	Chester Triathlon Club	136	0:34:15	150
153	0:34:35	Peaker, John	m	139		Mv 50	13	Helsby Running Club	358	0:34:30	158
154	0:34:36	Boothroyd, Dave	m	140		Mv 55	6	Buckley RC	42	0:34:20	152
155	0:34:36	Atkinson, Anthony	m	141		Mv 45	27	Vale Royal AC	20	0:34:22	154
156	0:34:37	Bygrave, Diane	f	15		Fv 40	5	Wilmslow Running Club	305	0:34:33	160
157	0:34:38	Witty, Martin	m	142		Mv 45	28	Deestriders R.C.	510	0:34:28	156
158	0:34:40	Thraves, Richard	m	143		SM	55		468	0:34:34	162
159	0:34:40	Champion, Richard	m	144		Mv 45	29		77	0:34:26	155
160	0:34:41	Tegg, Julian	m	145		Mv 45	30	West Cheshire Athletic Club	460	0:34:29	157
161	0:34:44	Harrison, Benjamin	m	146		SM	56	Prestatyn RC	202	0:34:37	163
162	0:34:48	Price, Jayne	f	16		SF	4	Pensby Runners	373	0:34:41	165
163	0:34:48	Clarke, John	m	147		Mv 60	7	Vale Royal AC	82	0:34:34	161
164	0:34:52	Williams, Karl	m	148		Mv 45	31	Buckley RC	500	0:34:31	159
165	0:34:55	Martin, Julie	f	17		Fv 35	4	Abergele Harriers	286	0:34:44	166
166	0:34:56	Flanagan, Mark	m	149		Mv 50	14	Sunlight Runners	148	0:34:47	167
167	0:34:58	Blair, Andrew	m	150		Mv 50	15	Chester Triathlon Club	40	0:34:41	164
168	0:35:06	Ehlen, Brad	m	151		Mv 45	32	Northwich Running Club	129	0:34:59	170
169	0:35:11	Lidstone, Andrew	m	152		Mv 50	16	Buxton AC	271	0:35:03	172
170	0:35:11	Owen-Jones, Amy	f	18		SF	5	Abergele Harriers	349	0:35:00	171
171	0:35:17	Hickman, Joy	f	19	O/50 - 1st	Fv 50	1	Prestatyn RC	213	0:34:58	168
172	0:35:18	Greenwood, Simon	m	153		Mv 50	17	Chester Triathlon Club	189	0:34:58	169
173	0:35:25	Finney, Shane	m	154		Mv 40	26	South Cheshire Harriers	146	0:35:07	173
174	0:35:28	Price, Sally	f	20		Fv 40	6	Wilmslow Running Club	374	0:35:18	174
175	0:35:33	Bird, Lee	m	155		SM	57		39	0:35:29	180
176	0:35:33	Logie, Charlotte	f	21		Fv 35	5	South Cheshire Harriers	274	0:35:19	175
177	0:35:35	McNeill, Ian	m	156		Mv 55	7	Birkenhead AC	302	0:35:26	178
178	0:35:35	Priddin, Karl	m	157		Mv 40	27	Thunder Runners	375	0:35:21	176
179	0:35:38	Webb, David	m	158		SM	58	Penny Lane Striders	486	0:35:22	177
180	0:35:41	Cartwright, Helen	f	22		SF	6		70	0:35:37	183
181	0:35:43	Moulds, John	m	159		Mv 50	18	Vale Royal AC	319	0:35:28	179
182	0:35:48	Johnston, Jeffrey	m	160		Mv 50	19	Wirral AC	241	0:35:36	182
183	0:35:49	McAlister, David	m	161		Mv 55	8	Wallasey Athletic Club	290	0:35:38	184
184	0:35:49	Richards, Mark	m	162		Mv 45	33	Deestriders R.C.	388	0:35:43	185
185	0:35:52	Bennett, Chris	m	163		Mv 50	20	GOG Triathlon Club	32	0:35:30	181
186	0:35:56	Archer, Tony	m	164		Mv 60	8	Vale Royal AC	12	0:35:46	189

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187	0:35:57	Beck, Sian	f	23		Fv 40	7	Prestatyn RC	30	0:35:45	187
188	0:36:02	O'Connor, Gary	m	165		Mv 45	34	Helsby Running Club	329	0:35:45	188
189	0:36:02	Gulliver, Sian	f	24		SF	7	Macclesfield Harriers & AC	192	0:35:44	186
190	0:36:03	Kyriacou, Sam	f	25		u20F	3	Macclesfield Harriers & AC	265	0:35:50	191
191	0:36:06	Voyce, Catherine	f	26		Fv 40	8	Macclesfield Harriers & AC	473	0:35:47	190
192	0:36:07	Day, John	m	166		Mv 45	35	Kirkby Milers AC	108	0:35:53	192
193	0:36:11	Forster, Karon	f	27	O/55 - 1st	Fv 55	1	Calder Valley Fell Runners	153	0:35:59	195
194	0:36:15	Garnett, Andy	m	167		Mv 60	9	Spectrum Striders	160	0:36:07	198
195	0:36:15	Devine, Andrew	m	168		SM	59		111	0:36:05	197
196	0:36:16	Waterhouse, Nigel	m	169		Mv 50	21	Chester Triathlon Club	480	0:35:57	194
197	0:36:17	Wootton, David	m	170		Mv 50	22	Buckley RC	512	0:35:56	193
198	0:36:20	Kelley, Andrew	m	171		SM	60		258	0:36:08	199
199	0:36:25	Casey, Louise	f	28		Fv 35	6	Warrington Running Club	71	0:36:04	196
200	0:36:28	Kelleher, Jim	m	172		Mv 55	9	South Cheshire Harriers	257	0:36:13	200
201	0:36:32	Ridgway, Neil	m	173		Mv 55	10	South Cheshire Harriers	392	0:36:14	201
202	0:36:38	Shaw, Carol	f	29		Fv 55	2	Helsby Running Club	420	0:36:27	202
203	0:36:39	Boardman, Liam	m	174		SM	61	Widnes Running Club	41	0:36:29	204
204	0:36:44	Heathcock, Clive	m	175		Mv 60	10	South Cheshire Harriers	210	0:36:28	203
205	0:36:47	Dunning, Nick	m	176		Mv 50	23	South Cheshire Harriers	117	0:36:31	205
206	0:36:49	Jones, Simon	m	177		Mv 50	24	Chester Triathlon Club	251	0:36:37	208
207	0:36:50	Poole, Susan	f	30		Fv 50	2	South Cheshire Harriers	367	0:36:36	207
208	0:36:50	Ornsby, Ian	m	178		Mv 40	28	Chester Triathlon Club	346	0:36:32	206
209	0:36:51	Hulme, Tony	m	179		Mv 65	3	Wilmslow Running Club	228	0:36:45	211
210	0:36:59	Jones, Arwel	m	180		Mv 55	11	Prestatyn RC	244	0:36:51	212
211	0:37:04	Ornsby, Valerie	f	31		Fv 45	3	Chester Triathlon Club	347	0:36:47	211
212	0:37:06	Carr, Kieron	m	181		Mv 45	36	Knowsley Harriers	67	0:36:58	215
213	0:37:09	Crayton, John	m	182		Mv 50	25		92	0:36:55	213
214	0:37:10	Kerry, Paul	m	183		Mv 50	26	FFE runners	261	0:36:40	209
215	0:37:10	Ludden, Margaret	f	32		Fv 55	3	Buckley RC	278	0:36:58	216
216	0:37:12	Roberts, Mark	m	184		Mv 65	4	Pensby Runners	398	0:37:03	218
217	0:37:13	Rothwell, Katie	f	33		Fv 35	7		406	0:36:57	214
218	0:37:14	Gaskill, Roy	m	185		Mv 50	27	Helsby Running Club	163	0:37:06	219
219	0:37:15	Read, Debbie	f	34		Fv 55	4	Helsby Running Club	381	0:37:02	217
220	0:37:17	Ackroyd, Ian	m	186		Mv 55	12	West Cheshire Athletic Club	3	0:37:09	220
221	0:37:32	Pinnington, Dave	m	187		Mv 50	28	Penny Lane Striders	366	0:37:17	224
222	0:37:33	Campbell, Lawrie	m	188		SM	62		63	0:37:18	225
223	0:37:34	Hall, Adrienne	f	35		Fv 45	4	Wallasey Athletic Club	195	0:37:11	221
224	0:37:35	Rushton, Anne	f	36		Fv 45	5		409	0:37:17	223
225	0:37:38	Crossland, Mark	m	189		Mv 45	37	Wilmslow Running Club	95	0:37:30	227
226	0:37:38	Walton, Colin	m	190		Mv 50	29	Wilmslow Running Club	476	0:37:30	226
227	0:37:42	Tavener, Mary	f	37		Fv 55	5	Vale Royal AC	452	0:37:32	228
228	0:37:44	Donovan, Gary	m	191		Mv 50	30	Nuffield Health club	113	0:37:16	222
229	0:37:45	Eaton, Russell	m	192		Mv 45	38	Wirral AC	123	0:37:32	229
230	0:37:47	Rathbone, Colin	m	193	O/70 - 1st	Mv 70	1	Vale Royal AC	379	0:37:37	231
231	0:37:52	Harris, Paul	m	194		Mv 60	11		201	0:37:33	230
232	0:37:58	Thompson, Howard	m	195		Mv 45	39		465	0:37:48	234
233	0:38:01	Moreton, Debbie	f	38		Fv 45	6	Vale Royal AC	314	0:37:42	232
234	0:38:05	James, Thelma	f	39		Fv 50	3		235	0:37:43	233
235	0:38:08	Owens, Helen	f	40		Fv 40	9		350	0:37:49	235
236	0:38:10	Meadows, Lisa	f	41		Fv 45	7	Vale Royal AC	304	0:37:52	236
237	0:38:17	Gilliver, Sally	f	42		Fv 55	6	Wilmslow Running Club	166	0:38:04	237
238	0:38:35	Porteous, John	m	196		Mv 60	12	Wilmslow Running Club	368	0:38:27	240
239	0:38:38	McMahon, Elizabeth	f	43		u20F	4	West Cheshire Athletic Club	301	0:38:30	243
240	0:38:40	Marshall, Catriona	f	44		Fv 50	4	Wilmslow Running Club	284	0:38:27	239
241	0:38:40	Hill, Yvonne	f	45		Fv 50	5	Welsh Anglo Athletes	216	0:38:31	244
242	0:38:41	Connor, Joseph	m	197		SM	63	Bramhall Runners	88	0:38:25	238
243	0:38:47	Kaine, Martin	m	198		Mv 50	31	Stoke F.I.T.	253	0:38:28	241
244	0:38:51	Rathbone, Peter	m	199		Mv 55	13	South Cheshire Harriers	380	0:38:35	245
245	0:38:55	Ingram, Steven	m	200		Mv 55	14		233	0:38:48	252
246	0:38:56	Clarke, Jeff	m	201		Mv 50	32		81	0:38:47	250
247	0:38:58	Newland, Mark	m	202		SM	64		332	0:38:42	248
248	0:38:58	Collins, Jonathan	m	203		u20M	9		86	0:38:38	247

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
249	0:38:59	Cammillare, Christine	f	46		SF	8	Deestriders R.C.	62	0:38:30	242
250	0:39:03	Berry, Martin	m	204		Mv 40	29	Warrington Road Runners	35	0:38:58	257
251	0:39:04	Burroughes, Gareth	m	205		SM	65		58	0:38:36	246
252	0:39:04	Scholefield, Gordon	m	205		Mv 60	13	Pensby Runners	418	0:38:56	256
253	0:39:08	O'Donnell, Dan	m	207		SM	66	Delamere Spartans	340	0:38:47	251
254	0:39:08	Mallon, Clare	f	47		Fv 40	10	West Cheshire Athletic Club	281	0:38:43	249
255	0:39:10	Collins, Geoff	m	208		Mv 60	14	Helsby Running Club	85	0:38:50	253
256	0:39:11	Stansfield, James	m	209		SM	67	Penny Lane Striders	443	0:38:54	254
257	0:39:14	Shaw, Geoff	m	210		Mv 60	15	Helsby Running Club	422	0:39:01	258
258	0:39:16	Edwards, Joanne	f	48		Fv 50	6	Vale Royal AC	128	0:39:04	260
259	0:39:18	Fluskey, Richard	m	211		Mv 40	30		149	0:38:56	254
260	0:39:22	Arnison, Iain	m	212		Mv 40	31	Pensby Runners	14	0:39:06	262
261	0:39:25	Edwards, Amy	f	49		Fv 40	11	Chester Triathlon Club	126	0:39:05	261
262	0:39:26	Jones, Sharon	f	50		Fv 50	7	Wilmslow Running Club	250	0:39:19	268
263	0:39:28	Igoe, Christopher	m	213		Mv 50	33	Helsby Running Club	232	0:39:08	263
264	0:39:30	Jones, Rachel	f	51		Fv 35	8	South Cheshire Harriers	248	0:39:12	265
265	0:39:30	Grady, Mervyn	m	214		Mv 60	16	Widnes Running Club	174	0:39:04	259
266	0:39:30	Davidson, Lana	f	52		Fv 35	9	South Cheshire Harriers	101	0:39:10	264
267	0:39:34	McLeod, Gordon	m	215		Mv 55	15	Pensby Runners	300	0:39:24	271
268	0:39:37	Neukom, Christopher	m	216		Mv 60	17		331	0:39:22	269
269	0:39:41	Rees, Nathalie	f	53		Fv 45	8	Chester Road Runners	383	0:39:30	273
270	0:39:41	Wiggins, Stephen	m	217		SM	68	Helsby Running Club	493	0:39:16	266
271	0:39:42	Tegg, Angela	f	54		Fv 40	12	West Cheshire Athletic Club	459	0:39:18	267
272	0:39:44	Samuels, Nicola	f	55		Fv 55	7	Chester Triathlon Club	414	0:39:22	270
273	0:39:48	Rowlands, Claire	f	56		Fv 40	13	Delamere Spartans	407	0:39:28	272
274	0:39:53	Jessop, Matt	m	218		Mv 45	40		239	0:39:36	274
275	0:39:58	Neary, Yvonne	f	57		Fv 50	8		330	0:39:48	278
276	0:39:57	Hunter, Paul	m	219		SM	69	Chester Triathlon Club	229	0:39:39	275
277	0:39:59	Reid, Marcus	m	220		Mv 50	34	Buckley RC	385	0:39:46	277
278	0:40:01	Samuels, Tanya	f	58		Fv 50	9	Chester Triathlon Club	415	0:39:40	276
279	0:40:11	Wyles, Janet	f	59		Fv 50	10	Wilmslow Running Club	513	0:39:59	283
280	0:40:12	Frankland, Kathy	f	60		Fv 45	9		157	0:39:50	279
281	0:40:14	Taylor, David	m	221		Mv 65	5	Chester Triathlon Club	453	0:39:52	281
282	0:40:15	Hasler, Saranya	f	61		SF	9	Macclesfield Harriers & AC	205	0:40:00	285
283	0:40:19	Murdoch, Peter	m	222		Mv 60	18		326	0:39:53	282
284	0:40:20	Lewtey, Paul	m	223		SM	70	Deestriders R.C.	270	0:39:52	280
285	0:40:22	Cornes, Tom	m	224		SM	71		89	0:40:11	287
286	0:40:26	Bessant, Ray	m	225		Mv 50	35	Widnes Running Club	36	0:40:00	284
287	0:40:30	Rutter, Victoria	f	62		Fv 35	10		386	0:40:08	286
288	0:40:43	Hickman, John	m	226		Mv 75	1	Prestatyn RC	212	0:40:22	289
289	0:40:44	Spindler, Dean	m	227		SM	72		440	0:40:31	292
290	0:40:44	Peerless, John	m	228		Mv 60	19	Handy Cross Runners	361	0:40:28	291
291	0:40:45	Roberts, Liza	f	63		Fv 45	10		397	0:40:18	288
292	0:40:47	Astley, Emily	f	64		Fv 40	14	Pensby Runners	19	0:40:38	295
293	0:40:48	Bycina, Agnieszka	f	65		Fv 35	11	Buckley RC	60	0:40:26	290
294	0:40:54	Robinson, Dennis	m	229		Mv 60	20	South Cheshire Harriers	401	0:40:35	294
295	0:40:56	Moses, Julie	f	66		Fv 50	11	Widnes Wasps Ladies R C	318	0:40:33	293
296	0:41:03	Lomax, Jayne	f	67		Fv 50	12	Vale Royal AC	275	0:40:44	298
297	0:41:06	Graham, Mathew	m	230		SM	73		175	0:40:57	303
298	0:41:08	Lindsay, Michele	f	68		Fv 55	8	Widnes Wasps Ladies R C	273	0:40:45	299
299	0:41:10	Royle, Lorna	f	69		Fv 45	11	Deestriders R.C.	408	0:40:41	297
300	0:41:10	Aird, Paul	m	231		Mv 55	16		7	0:40:40	296
301	0:41:12	Henly, Anna	f	70		Fv 50	13	Edinburgh Triathletes	211	0:40:51	300
302	0:41:13	Ashcroft, Ian	m	232		Mv 70	2	Wilmslow Running Club	16	0:41:04	306
303	0:41:14	Eaton, Sharon	f	71		Fv 45	12	Tattenhall Runners	124	0:40:52	301
303	0:41:14	Studzinski, Richard	m	233		Mv 55	17	South Cheshire Harriers	447	0:40:55	302
305	0:41:15	Williams, Nigel	m	234		Mv 60	21	Wrecsam Tri	503	0:41:00	304
306	0:41:19	Pratten, Nigel	m	235		Mv 70	3	Pensby Runners	371	0:41:01	305
307	0:41:28	Roberts, Edward	m	236		Mv 65	6	Helsby Running Club	396	0:41:14	307
308	0:41:32	Evans, Andy	m	237		Mv 45	41		132	0:41:20	310
309	0:41:37	Smith, Wendy	f	72		Fv 45	13	South Cheshire Harriers	438	0:41:17	308
310	0:41:38	Cross, Nick	m	238		SM	74		94	0:41:25	311

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
311	0:41:39	Mills, Sarah	f	73		SF	10	Chester Road Runners	310	0:41:18	309
312	0:41:52	Waring, Sue	f	74		Fv 50	14	Stockport Harriers & AC	479	0:41:40	315
313	0:41:53	Thom, Andrea	f	75		Fv 40	15		461	0:41:27	312
314	0:41:59	Mulholland, Cassandra	f	76		Fv 35	12		321	0:41:39	314
315	0:41:59	Mulholland, Martin	m	239		Mv 45	42		323	0:41:39	313
316	0:42:01	Gowin, Helen	f	77		Fv 50	15	Macclesfield Harriers & AC	173	0:41:42	316
317	0:42:06	Speed, Christopher	m	240		Mv 50	36		439	0:41:48	318
318	0:42:07	Morgan, Chris	m	241		Mv 65	7	Helsby Running Club	315	0:41:44	317
319	0:42:19	Molloy, Mark	m	242		Mv 50	37	Warrington Road Runners	312	0:41:54	319
320	0:42:21	Lucas, Julie	f	78		Fv 50	16	Wilmslow Running Club	277	0:42:06	322
321	0:42:22	Daley, Nicola	f	79		Fv 45	14	Widnes Wasps Ladies R C	99	0:41:59	320
322	0:42:26	Wood, Dan	m	243		SM	75	Widnes Running Club	511	0:42:00	321
323	0:42:27	Bradley, Michael	m	244		Mv 60	22	Spectrum Striders	45	0:42:09	323
324	0:42:29	Hopkins, Katy	f	80		SF	11		221	0:42:12	324
325	0:42:34	Morrison, Carole	f	81		Fv 55	9	Pensby Runners	317	0:42:17	327
326	0:42:36	Ashford, Laura	f	82		SF	12	Tattenhall Runners	17	0:42:13	325
327	0:42:40	Strang, Sue	f	83		Fv 50	17	Wilmslow Running Club	445	0:42:25	328
328	0:42:42	Howell, Graham	m	245		Mv 65	8	Liverpool Harriers & AC	222	0:42:32	333
329	0:42:44	Ford, Victoria	f	84		SF	13	Pensby Runners	151	0:42:26	329
330	0:42:45	Farrall, Kim	f	85		SF	14		142	0:42:15	326
331	0:42:51	Keasley, Jackie	f	86		Fv 55	10	Helsby Running Club	254	0:42:30	331
332	0:42:54	Old, Lauren	f	87		SF	15		344	0:42:33	334
333	0:42:55	Peake, James	m	246		SM	76		357	0:42:28	330
334	0:42:57	Perchard, Mike	m	247		Mv 60	23		362	0:42:38	335
335	0:42:58	Matthews, Sarah	f	88		Fv 35	13	Warrington Road Runners	288	0:42:30	332
336	0:43:08	Fenton, Simon	m	248		Mv 70	4	Wilmslow Running Club	144	0:42:55	339
337	0:43:12	Bull, Neil	m	249		Mv 50	38		56	0:43:05	341
338	0:43:13	Smith, David	m	250		Mv 45	43		434	0:42:45	337
339	0:43:14	Griffiths, Brian Arthur	m	251		Mv 60	24	Ellesmere Port RC	191	0:42:43	336
340	0:43:18	Garner, Amanda	f	89		SF	16	Buckley RC	159	0:42:55	340
341	0:43:19	Downes, Tanya	f	90		Fv 40	16	Helsby Running Club	114	0:42:54	338
342	0:43:21	Leigh, Janice	f	91		Fv 50	18	Spectrum Striders	268	0:43:09	342
343	0:43:27	Mohan, Shaun	m	252		Mv 45	44		311	0:43:14	343
344	0:43:42	Davis, Paul James	m	253		Mv 40	32	Buckley RC	107	0:43:19	344
345	0:43:45	Banks, Leann	f	92		SF	17	South Cheshire Harriers	23	0:43:25	345
346	0:43:49	Davies, Pauline	f	93	O/60 - 1st	Fv 65	1	Vale Royal AC	106	0:43:38	349
347	0:43:57	O'Connell, Fiona	f	94		Fv 35	14		339	0:43:31	346
348	0:44:03	Riley, Elaine	f	95		Fv 45	15	Widnes Running Club	393	0:43:36	347
349	0:44:05	McIndoe, Sue	f	96		Fv 45	16	Deestriders R.C.	297	0:43:36	348
350	0:44:07	Carr, Tracey	f	97		Fv 50	19	Knowsley Harriers	68	0:43:43	350
351	0:44:13	Griffin-Cowap, Lyndsey	f	98		Fv 35	15		190	0:44:00	354
352	0:44:15	Huxley, Scott	m	254		Mv 40	33		230	0:43:43	351
353	0:44:20	Prys Owen, Robert	m	255		Mv 65	9		376	0:43:58	353
354	0:44:22	Orborn, Linda	f	99		Fv 35	16		345	0:43:50	352
355	0:44:28	Hyde, Andy	m	256		Mv 60	25		231	0:44:12	355
356	0:44:34	Green, Jan	f	100		Fv 60	1		181	0:44:19	357
357	0:44:38	Williams, Carole	f	101		Fv 60	2	Vale Royal AC	497	0:44:25	358
358	0:44:38	Sirett, Zoe	f	102		SF	18	Ellesmere Port RC	429	0:44:16	356
359	0:44:39	Earlam, Bianka	f	103		SF	19		121	0:44:29	361
360	0:44:43	Powell, Sally	f	104		Fv 50	20		369	0:44:26	360
361	0:44:51	Fajardo, Teresa	f	105		Fv 50	21	Chester Road Runners	140	0:44:26	359
362	0:45:09	Lightowlers, Carly	f	106		Fv 35	17		272	0:44:41	362
363	0:45:15	Chalmers, Ian	m	257		Mv 65	10	Pensby Runners	75	0:44:44	363
364	0:45:22	Thomas, Jack	m	258		Mv 75	2	Buckley RC	47	0:44:54	364
365	0:45:25	Markey, Dianne	f	107		Fv 45	17	Ellesmere Port RC	283	0:44:54	365
366	0:45:25	Peerless, Angela	f	108	O/65 - 1st	Fv 65	2	Handy Cross Runners	360	0:45:08	368
367	0:45:26	Mason, Clare	f	109		Fv 50	22	Widnes Running Club	287	0:45:01	366
368	0:45:27	McCarthy, Shan	f	110		Fv 45	18	Helsby Running Club	291	0:45:02	367
369	0:45:34	Rickett, Daisy	f	111		SF	20		391	0:45:11	369
370	0:45:43	Murdoch, Hilary	f	112		Fv 60	3		325	0:45:18	370
371	0:45:47	Burrows, Ian	m	259		Mv 40	34	Widnes Running Club	59	0:45:19	371
372	0:45:50	Stirna, Martin	m	260		Mv 60	26	South Cheshire Harriers	444	0:45:36	373

Pos	Time	Name	Gen	Gen Pos	Prize Over age	Cat	Cat Pos	Team	Entry No	Chip time	Chip pos
373	0:45:54	Clements, Debbie	f	113		Fv 55	11	South Cheshire Harriers	84	0:45:34	372
374	0:46:27	Ahern, Patrick	m	261		Mv 50	39	Macclesfield Harriers & AC	5	0:46:01	374
375	0:46:30	Clark, Kelly	f	114		Fv 35	18	Wirral AC	293	0:46:06	375
376	0:46:45	Swinnerton, Shelagh	f	115		Fv 65	3	South Cheshire Harriers	451	0:46:26	379
377	0:46:47	Wiggins, David	m	262		Mv 55	18	Helsby Running Club	492	0:46:20	376
378	0:46:47	Leather, Catherine	f	116		SF	21	St Helens Sutton AC	267	0:46:24	378
379	0:46:48	Tyrer, Gwyneth	f	117		Fv 40	17	Team Isabella Running Club	471	0:46:23	377
380	0:46:56	Barnes, Emma	f	118		Fv 40	18	Helsby Running Club	24	0:46:31	380
381	0:47:11	Francis, Sue	f	119		Fv 55	12		156	0:46:45	381
382	0:47:31	Gibson, Rebecca	f	120		SF	22	Helsby Running Club	164	0:47:06	382
383	0:47:53	Cross, Brian	m	263		Mv 65	11		93	0:47:40	384
384	0:47:54	Cotton, Andrew	m	264		Mv 45	45		91	0:47:26	383
385	0:48:10	Brown, Joann	f	121		Fv 35	19	Chester Road Runners	52	0:47:41	385
386	0:48:15	Dean, Jen	f	122		SF	23	Deestriders R.C.	110	0:47:45	386
387	0:48:36	Gallon, John	m	265		Mv 75	3	Helsby Running Club	158	0:48:11	387
388	0:48:40	Mackey, Robert	m	266		Mv 65	12	Buckley RC	279	0:48:14	388
389	0:48:42	Owen, Linda	f	123		Fv 55	13	Spectrum Striders	348	0:48:20	390
390	0:48:49	Shaw, Janet	f	124		Fv 60	4	Helsby Running Club	423	0:48:37	391
391	0:48:50	Nopondo, Eunice	f	125		Fv 50	23	Penny Lane Striders	334	0:48:16	389
392	0:49:35	Evans, Sarah	f	126		SF	24	Chester Road Runners	135	0:49:03	392
393	0:49:35	Keenan, Karen	f	127		Fv 35	20		256	0:49:04	393
394	0:49:50	Richardson, Rebecca	f	128		SF	25		390	0:49:18	394
395	0:50:03	Brace, Roger	m	267		Mv 70	5	Sunlight Runners	44	0:49:33	395
396	0:50:11	Lewis, Grace	f	129		SF	26	Chester Road Runners	269	0:49:39	396
397	0:50:19	Kettle, Andrew	m	268		Mv 45	46	South Cheshire Harriers	262	0:49:54	397
398	0:50:31	Jardine, Roy	m	269		Mv 65	13	Eryri Harriers	237	0:50:22	400
399	0:50:47	Ankiah, Kerry	f	130		Fv 45	19		10	0:50:16	398
400	0:50:51	Scott, Deborah	f	131		Fv 55	14		419	0:50:21	399
401	0:51:14	Swanston, Sarah	f	132		Fv 40	19		449	0:50:43	402
402	0:51:15	Taylor, Philip	m	270		Mv 45	47		455	0:50:42	401
403	0:51:15	Taylor, Steve	m	271		Mv 55	19		456	0:50:44	405
404	0:51:15	McElmeel, Lindsey	f	133		SF	27	Deestriders R.C.	294	0:50:43	404
405	0:51:16	Keates, Martin	m	272		Mv 55	20		255	0:50:43	403
406	0:51:18	Evans, Colette	f	134		Fv 45	20		133	0:50:50	407
407	0:51:21	Williams, Sue	f	135		Fv 55	15	Chester Road Runners	504	0:50:49	406
408	0:51:31	Culff, Donna	f	136		Fv 35	21	Buckley RC	97	0:51:06	408
409	0:51:38	McCluskey, Sally	f	137		Fv 35	22	South Cheshire Harriers	292	0:51:14	409
410	0:51:38	Aitken, Juliet	f	138		Fv 50	24	South Cheshire Harriers	8	0:51:15	410
411	0:52:29	Faulkner, Trevor	m	273		Mv 70	6	Wilmslow Running Club	143	0:51:56	411
412	0:52:57	Robinson, Lynda	f	139		Fv 50	25		402	0:52:28	412
413	0:53:33	O'Callaghan, Tess	f	140		SF	28		338	0:53:03	414
414	0:53:57	Wilde, Amy	f	141		SF	29		495	0:53:27	415
415	0:54:39	Webb, Claire	f	142		Fv 35	23		485	0:54:23	416
416	0:55:00	Green, Sarah	f	143		SF	30		184	0:52:31	413
417	1:08:51	Norman, Peter	m	274		Mv 75	4	Wrexham AAC	335	1:08:39	417