CHESTER AND ELLESMERE PORT ATHLETIC CLUB

Ladies Cross Country Race 19th March 1983

Sponsored by British Nuclear Fuels Ltd, Capenhurst Works

Minor Girls Race – 1 mile

Pos	Name	Club	Time
1	J Forrester	Wirral AC	6m 33s
2	M Wilkinson	Manchester H	35
3	S Roscoe	Ashton Y AC	36
4	L Raynor	Warrington AC	***
5	R Stafford	Ashton Y AC	
6	K MacPherson	Ashton Y AC	
7	J Johnson	Wallasey AC	
8	L Farrell	Sale H	
9	L Wilkinson	Manchester H	
10	L Howarth	Manchester H	
11	J McCoy	Wallasey AC	
12	N Kendal	Ellesmere Port AC	
13	A Whittaker	Holmfirth H	
14	L Jones	Ashton Y AC	
15	E Done	Leigh H	
16	S Wienholt	Manchester H	
17	P Bray	Warrington	
18	J Foy	Ashton Y AC	
19	K Cowell	Sale H	
20	J Ramsay	Sale H	
21	L Phillips	Wallasey AC	
22	K Sixsmith	Leigh H	
23	M Pilkington	Ashton Y AC	
24	L Sidebotham	Warrington AC	
25	J Carter	Leigh H	
26	H Bowen	Leigh H	
27	A Borrows	Liverpool H	
28	V Spencer	Liverpool H	
29	J Moss	Sale H	
30	G Horrocks	Leigh H	
31	J Rothwell	East Cheshire H	
32	K Jolly	Ellesmere Port AC	
33	C King	Wirral AC	
34	T Hammond	CEPAC	
35	G Hilditch	Frodsham H	
36	J Gingell	Warrington AC	
37	C Jones	Salford Met	
38	L Jepson	East Cheshire H	
39	R Raynor	Warrington AC	
40	K Barraclough	Colwyn Bay AC	
41	E Highton	Liverpool H	
42	A Ghurka	Sale H	
43	H Noonan	East Cheshire H	
44	S Perry-Evans	Sale H	
45	C Crompton	Leigh H	
46	D West	Sale H	
47	V O'Donnell	Ashton Y AC	
48	J Macbeath	Sale H	
49	M West	Sale H	
50	S Swindley	CEPAC	
51	N Cable	Woodlands JS, Ell Port	
52	K Ashburner	Frodsham H	
53	K Hawkins	Wirral AC	
54	E Banforth	Ashton Y AC	
55	A Abbott	Leigh H	
56	H Williams	Frodsham H	
57	C Clarke	Crewe & Nantwich AC	
58	M Hale	Sale H	
59	L Cawley	Leigh H	
60	C Mellor	Ashton Y AC	
61	D Topping	St Helens AC	
62	J Kench	Woodlands JS, Ell Port	
63	C Ritchie	Woodlands JS, Ell Port	
64	F Brady	Woodlands JS, Ell Port	
65	C Darwent	CEPAC	
66	C O'Sullivan	CEPAC	
67	L Webster	Frodsham H	
68	D Riley	Stockport H & AC	
69	S Lloyd	Ashton YAC	
70	J Hall	Sale H	
71	S Clark	Woodlands JS, Ell Port	
72	K Smith	East Cheshire H	
73	D Kirkham	Ashton Y AC	
74	S Butler	Woodlands JS, Ell Port	
75	J Kenny	CEPAC	
76	H Ratcliffe	Frodsham H	
77	A Jones	Ellesmere Port AC	
78	A Humphries	Ellesmere Port AC	
79	A Cousen	Ashton Y AC	
80	H Parker	Christchurch JS, Ell Port	
81	H Wale	Wrexham AAC	
82	H Diamond	Wirral AC	
83	S Snape	CEPAC	
84	K O'Donnell	Ashton Y AC	
85	K Jones	Woodlands JS, Ell Port	
86	L Jones	Leigh H	
87	J Farrington	Christchurch JS, Ell Port	
88	S McGrady	Frodsham H	10m 11s
89	J Cooper	Crewe & Nantwich	
90	J Gray	Christchurch JS, Ell Port	
91	A Evans	Ellesmere Port AC	
92	C Dobson	Christchurch JS, Ell Port	11m 51s

*** Problems with recording times occurred – the Times given are correct – apologies.
It was estimated that those up to 80th position finished within 9 minutes, approximately 1 every 2 seconds.

Minor Girls

	TEAMS		Places	Points
1	Ashton Y AC		3, 5, 6, 14,	28
2	Manchester H		2, 9, 10, 16,	37
3	Sale H		8, 19, 20, 29,	76
4	Warrington AC		4, 17, 24, 36,	81
5	Leigh H		15, 22, 25, 26,	88
	Ashton Y AC	(B)	18, 23, 47, 54,	142
6	Wirral AC		1, 33, 53, 82,	169
	Sale H	(B)	42, 44, 46, 48,	180
7	East Cheshire H		31, 38, 43, 72,	184
	Leigh H	(B)	30, 45, 55, 59,	189
8	Ellesmere Port AC		12, 32, 77, 78,	199
9	Frodsham H		35, 52, 56, 67,	210
10	CEPAC		34, 50, 65, 66,	215
11	Woodlands JS, Ell Port		51, 62, 63, 64,	240
	Ashton Y AC	(C)	60, 69, 73, 79,	281
12	Christchurch JS, Ell Port		80, 87, 90, 92,	349

CHESTER AND ELLESMERE PORT ATHLETIC CLUB

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Sponsored by British Nuclear Fuels Ltd, Capenhurst Works

Girls Race – 1.5 miles

Pos	Name	Club	Time
1	L Hannaby	Sutton (St Helens)	10m 12s
2	S Hicks	Leigh H	24
3	S Spencer	Liverpool H	31
4	F Lewis	Pilkington H & AC	33
5	E Gough	Leigh H	34
6	J Southam	Longwood H	35
7	S Parker	Warrington AC	36
8	J Warburton	Warrington AC	40
9	Ju Carruthers	Liverpool H	40
10	L Whittaker	Oldham & Royton	41
11	N Davies	Liverpool H	43
12	S Fryer	CEPAC	44
13	R King	Wirral AC	46
14	M Deigham	Stretford AC	48
15	L Cook	Warrington AC	50
16	J Reed	Warrington AC	51
17	S Healey	Hazel Grove HS	52
18	J Shaw	City of Stoke AC	54
19	G Murphy	South Liverpool AC	55
20	Y Smith	Liverpool H	55
21	S Woodford	CEPAC	56
22	J Hicks	Leigh H	57
23	S Greenall	St Helens AC	58
24	E O'Connell	Liverpool H	11m 00s
25	J Pownall	Hazel Grove HS	01
26	S Smith	South Liverpool AC	03
27	S Bloor	Oldham & Royton	05
28	A Wood	Manchester H	07
29	L Sullivan	Manchester H	09
30	A Bardsley	Oldham & Royton	10
31	S Davies	Sutton (St Helens)	11
32	Julie Lowe	Leigh H	14
33	C Ellis	East Cheshire H	15
34	J Robinson	Hazel Grove HS	17
35	S Wise	CEPAC	19
36	F Alexander	CEPAC	21
37	J Ditchfield	Sutton (St Helens)	22
38	A O'Malley	South Liverpool AC	24
39	H Connaghan	Ashton Y AC	26
40	S Bowyer	Sale H	27
41	S McKeever	Sale H	30
42	J Mercer	Halton AC	31
43	P O'Malley	South Liverpool AC	33
44	J Richardson	Manchester H	33
45	J Hurst	Hazel Grove HS	35
46	S Hadfield	Sutton (St Helens)	37
47	Janet Lowe	Leigh H	38
48	S Moran	Stretford AC	38
49	C Jones	Wrexham AAC	40
50	S Bowen	Liverpool H	42
51	S Sunderland	East Cheshire H	43
52	J Lyons	Ashton Y AC	45
53	A Wale	Wrexham AAC	47
54	C Johnson	Warrington AC	49
55	J Frankland	Warrington AC	50
56	L Bray	Warrington AC	52
57	A Oxley	Longwood H	53
58	K Jones	Ashton Y AC	54
59	L Basso	Stretford AC	57
60	D Bradburn	Stretford AC	58
61	J Cotton	Sutton (St Helens)	12m 00s
62	J Thornton	Longwood H	12m 02s
63	Y Williams	CEPAC	03
64	T Walker	Sutton (St Helens)	04
65	A James	Liverpool H	06
66	L Ugalde	Liverpool H	08
67	K Lane	Sale H	08
68	S Adshead	Stockport H & AC	08
69	M Jones	Leigh H	09
70	A McLoughlin	Stretford AC	10
71	K Drinkwater	Ashton Y AC	11
72	K Richards	Rochdale H	11
73	C Howarth	Manchester H	13
74	J Thistlethwaite	Liverpool H	15
75	S Hindley	Leigh H	16
76	C Aikman	CEPAC	17
77	S Hall	Ashton Y AC	18
78	N Braddock	Hazel Grove HS	19
79	A Curtis	East Cheshire H	19
80	K Brown	Salford Met	21
81	M Sykes	Sutton (St Helens)	22
82	S Paton	Wirral AC	23
83	C Morriss	Salford Met	25
84	J Cottrell	Deeside AAC	26
85	R Chandler	Hazel Grove HS	28
86	L Shockledge	Ashton Y AC	29
87	C Sutcliffe	Ashton Y AC	30
88	J Booth	Stockport H & AC	32
89	C Ashcroft	Pilkington H & AC	32
90	T Devlin	St Helens AC	33
91	A Broughton	CEPAC	35
92	N Carlens	CEPAC	37
93	S Halton	Warrington AC	39
94	J Cotton	Colwyn Bay AC	39
95	C Martin	Sale H	40
96	G O'Donnell	Mersey Park MS	42
97	D Fidler	Hazel Grove HS	43
98	T Shaw	Leigh H	45
99	J Aspey	Halton AC	47
100	T Sharratt	Halton AC	49
101	A Strickland	Halton AC	50
102	K Barratt	Oldham & Royton	51
103	J Bowker	Hazel Grove HS	55
104	C Postles	Ashton Y AC	13m 03s
105	A Whittingham	Salford Met	07
106	D Stoll	Ellesmere Port AC	07
107	J Walsh	Sutton (St Helens)	17
108	R Rigby	Stretford AC	18
109	J Hilditch	Frodsham H	26
110	K Eaton	Wallasey AC	27
111	J Flanagan	Pilkington H & AC	28
112	H Heald	Rochdale H	35
113	A O'Neill	Frodsham H	39
114	P Marriot	Mersey Park MS	54
115	L Sheratt	Sutton (St Helens)	57
116	W Edwards	East Cheshire H	14m 00s
117	D Mellor	City of Stoke AC	23
118	C Edwards	CEPAC	26
119	S Stoll	Ellesmere Port AC	30
120	J Fisher	Mersey Park MS	39
121	C Murphy	Mersey Park MS	15m 12s

Girls

	TEAMS	Places	Points
1	Liverpool H	3, 9, 11, 20,	43
2	Warrington AC	7, 8, 15, 16,	46
3	Leigh H	2, 5, 22, 32,	61
4	CEPAC	12, 21, 35, 36,	104
5	Sutton (St Helens)	1, 31. 37, 46,	115
6	Hazel Grove HS	17, 25, 34, 45,	121
7	South Liverpool AC	19, 26, 38, 43	126
8	Oldham & Royton	10, 27, 30, 102,	169
9	Manchester H	28, 29, 44, 73,	174
10	Stretford AC	14, 48, 59, 60,	181

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Ladies Cross Country Race 19th March 1983

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Girls' teams cont...

	TEAMS		Places	Points
	Liverpool H	(B)	24, 50, 65, 66,	205
11	Ashton Y AC		39, 52, 58, 71,	220
12	Sale H		40, 41, 67, 95,	243
	Warrington AC	(B)	54, 55, 56, 93,	258
13	East Cheshire H		33, 51, 79, 116,	279
	Leigh H	(B)	47, 69, 75, 98,	289
	Sutton (St Helens)	(B)	61, 64, 81, 107,	313
	CEPAC	(B)	63, 76, 91, 92,	322
14	Halton AC		42, 99, 100, 101,	342
	Ashton Y AC	(B)	77, 86, 87, 104,	354
	Hazel Grove HS	(B)	78, 85, 97, 103,	363
15	Mersey Park MS		96, 114, 120, 121,	451

Junior Ladies Race – 1.75 miles

Pos	Name	Club	Time
1	G Shannon	Wirral AC	11m 32s
2	S Martin	Sale H	45
3	L Mutter	East Cheshire H	53
4	P Fryer	Longwood H	57
5	D Pinnington	Sutton (St Helens)	12m 04
6	J Walton	Oldham & Royton	06
7	J Ashurst	Sale H	08
8	L Dunn	Sale H	09
9	C Poole	CEPAC	10
10	S Boulton	Liverpool H	17
11	J Allen	City of Stoke AC	18
12	J Forrester	Wirral AC	21
13	J Casey	Oldham & Royton	24
14	S Lomas	St Helens AC	24
15	A Dwyer	Sale H	24
16	F Normansell	Stockport H & AC	27
17	J Tyrell	Sutton (St Helens)	27
18	J Gough	Leigh H	28
19	R Dunne	Ashton Y AC	30
20	S Pennington	CEPAC	37
21	D Harris	Stretford AC	43
22	J Williams	Wirral AC	44
23	J Freeman	CEPAC	47
24	C Smith	Longwood H	48
25	D Pearson	CEPAC	49
26	G Potter	Liverpool H	50
27	C Wilson	Stockport H & AC	51
28	A MacAndrew	Stretford AC	52
29	C Beasley	Liverpool H	54
30	G Taylor	East Cheshire H	55
31	J Bernstein	South Liverpool AC	13m 01s
32	L Carey	Warrington AC	02
33	J Carruthers	Wirral AC	02
34	V Shelton	Salford Met	13m 02s
35	S Fisher	East Cheshire H	02
36	R Mottershead	East Cheshire H	03
37	T Jones	Salford Met	04
38	N Burgess	Halton AC	06
39	L Carter	Oldham & Royton	07
40	B Sykes	Sutton (St Helens)	08
41	H Saunders	Sale H	10
42	K Ashcroft	CEPAC	12
43	S Brennon	Wirral AC	14
44	C Hustwaite	Stretford AC	16
45	B Sykes	Longwood H	28
46	S Henry	Wirral AC	32
47	D Morris	City of Stoke AC	34
48	J McGowan	Stockport H & AC	41
49	J Pinkney	Stockport H & AC	44
50	J Neill	Salford Met	47
51	A Hudson	Sutton (St Helens)	49
52	T Brown	Salford Met	54
53	R Noon	Longwood H	14m 00s
54	E Ratcliffe	City of Stoke AC	00
55	K Stanley	East Cheshire H	01
56	S Hampson	Leigh H	02
57	W Lansdowne	Sutton (St Helens)	15
58	L Hayes	Leigh H	22
59	A Everingham	Salford Met	24
60	A Jones	Liverpool H	44
61	L Allen	City of Stoke AC	55
62	J O'Keefe	Stretford AC	15m 12s
63	G Lowe	Leigh H	22
64	R Yates	Sale H	24
65	G Bell	Salford Met	31
66	D Whittingham	Salford Met	50

Junior

	TEAMS	Places	Points
1	Sale H	2, 7, 8, 15,	32
2	Wirral AC	1, 12, 22, 33,	68
3	CEPAC	9, 20, 23, 25	77
4	East Cheshire H	3, 30, 35, 36,	104
5	Sutton (St Helens)	5, 17, 40, 51,	113
6	Liverpool H	10, 26, 29, 60,	125
7	Longwood H	4, 24, 45, 53	126
8	Stockport H & AC	16, 27, 48, 49,	140
9	Stretford AC	21, 28, 44, 62,	155
10	Salford Metropolitan	34, 37, 50, 52,	173
11	City of Stoke AC	11, 47, 54, 61,	173
12	Leigh H	18, 56, 58, 63,	195

CHESTER AND ELLESMERE PORT ATHLETIC CLUB

Ladies Cross Country Race 19th March 1983

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Intermediate Ladies Race – 2 miles

Pos	Name	Club	Time
1	L Ramwell	Sale H	12m 18s
2	J Gough	Leigh H	54
3	R Adshead	Stockport H & AC	13m 19s
4	E Freer	Oldham & Royton	23
5	S Lawson	Wirral AC	42
6	S Hand	East Cheshire H	42
7	S Rice	Wirral AC	42
8	L Leckie	Sale H	43
9	L Haller	Longwood H	49
10	J Rigby	Stretford AC	58
11	D Flanagan	CEPAC	14m 04s
12	S Brannan	Wirral AC	09
13	L Kennedy	Wallasey AC	16
14	F Dalgleish	Longwood H	19
15	J Alcroft	Sale H	22
16	L O'Connor	East Cheshire H	24
17	V Sidebotham	Warrington AC	27
18	J Ditchfield	Sutton (St Helens)	31
19	F Phillips	Wallasey AC	43
20	D Mills	Sutton (St Helens)	55
21	J Cotton	Sutton (St Helens)	15m 07s
22	J Noble	Winsford AC	07
23	J Yates	Warrington AC	23
24	C Whitefoot	Longwood AC	25
25	J Carter	Warrington AC	31
26	K Hindle	Stretford AC	42
27	G Jones	Warrington AC	49
28	E Walker	Stockport H & AC	16m 10s
29	S Askew	Ellesmere Port AC	31
30	B Smith	Longwood H	52
31	C Hedley	Longwood H	17m 09s
32	J Hopwood	Liverpool H	18m 04s
33	A Swinton	Pilkington H & AC	08

Intermediate

	TEAMS	Places	Points
1	Wirral AC	5, 7, 12,	24
2	Sale H	1, 8, 15,	24
3	Longwood H	9, 14, 24	77
4	Sutton (St Helens)	18, 20, 21,	59
5	Warrington AC	17, 23, 25,	65

Senior Ladies Race – 3 miles

Pos	Name	Club	Time
1	H Kenyon	Stretford AC	19m 19s
2	Sharon Astley	Blackpool & Fylde	32
3	C Smith	Liverpool H	46
4	Sandra Astley	Blackpool & Fylde	49
5	M Hendley	Stretford AC (n/s)	20m 07s
6	C Rigby	Leigh H	17
7	D Hillen	Cannock Chase AC	20
8	L Norcross	Sutton (St Helens)	33
9	P Matheson	Sale H	35
10	A Pattinson	Cannock Chase AC	43
11	A O'Hare	Stretford AC	45
12	J Rothwell	Liverpool Pembroke	48
13	J Newbould	Stretford AC	52
14	S Young	Winsford AC	21m 20s
15	S Stevens	Sale H	20
16	S Cartwright	Stretford AC	38
17	V Morris	Mold Runners	39
18	M Hammond	Stretford AC	53
19	J Platt	Cannock Chase	22m 02s
20	M Sowerby	Blackpool & Fylde	06
21	L Davies	Mold Runners	14
22	J Aitcheson (V)	Sutton (St Helens)	22
23	A-M Cassidy	Liverpool Pembroke	26
24	S Beckley	Pilkington H & AC	32
25	H Watts	East Cheshire H	32
26	M Drath	Ashton Y AC	44
27	S Jenkins (V)	CEPAC	50
28	C Fairclough	Leigh H	52
29	C Bell (V)	Wrexham AAC	23m 00s
30	J Turner	East Cheshire H	06
31	M Cropper	Ashton Y AC	23
32	R Parry	Mold Runners	27
33	C Evans	Sutton (St Helens)	58
34	H Hayes (V)	Leigh H	24m 22s
35	M Atterbury (V)	Winsford AC	26
36	E Castledine	Leigh H	51
37	L Jones	Wirral AC	25m 07s
38	K Jones	Mold Runners	22
39	M Whittaker	Ashton Y AC	26m 08s
40	R Stafford	Ashton Y AC	27m 12s
41	V Machin (V)	CEPAC	18
42	H Battle	Leigh H	49
43	S Wale	Wrexham AC	54
44	M McPherson	Ashton Y AC	29m 42s
45	J Evans	unatt	34m 54s

Senior

	TEAMS	Places	Points
1	Stretford AC	1, 11, 13,	25
2	Blackpool & Fylde	2, 4, 20,	34
3	Cannock Chase AC	7, 10, 19,	36
4	Sutton (St Helens)	8, 22, 33,	63
5	Leigh H	6, 28, 34,	68
6	Mold Runners	17, 21, 32,	70
7	Ashton Y AC	26, 31, 39,	96