

West Cheshire AC - fixtures - 2018													
Colour Code					Club Promotions_Marshals_Officials_!!!!								
Sportshall	Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC				
T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor	School	Age Groups						
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen
>>>>>	May	2018	<<<<<<										
3rd	Thursday	4.00pm	WCAC Invitation Schools Cup		Stanney	School			Jun	Int	Sen		
5th	Saturday	11.30am	Northern T&F Division 1 Rd1		Wigan	Club					m+f	m+f	m+f
6th	Sunday	12 noon	Cheshire League Rd1		Stanney	Club	On Day	m+f	m+f	m+f	m+f	m+f	m+f
7th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£5+£2extra	spectator £2	m+f	m+f	m+f			
8th	Tuesday	7.15pm	Thurstaston M-T Challenge (PensbyR)		Wirral Country Park	£6.00/4.00	4th May	+£1 On Day		17+	m+f	m+f	
.	Tuesday	7.30pm	Mobberley 'R the R 5m' [CGP 3]		Mobberley nr Rly Sta	£9/7.00	on-line only	NO onday			m+f	m+f	m+f
TBC	Tuesday	8.00pm	Annual Anniversary 4 minute mile		Stanney			all					
9th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,		Oval, Bebington	£2.00	on night					m+f	m+f
10th	Thursday		ESAA Schools Cup,1st Round		Warrington	School	28th Feb		Jun	Int			
.	Thursday		ESAA Schools Cup,1st Round		Macclesfield	School	28th Feb		Jun	Int			
.	Thursday	6.15pm	Mow Cop 'Killer' Mile - / - 'Fun Run'		nr Kidsgrove ST7 3LS	£8.50/ 6.50	May 5th	m+f	m+f	m+f	m+f	m+f	m+f
12th	Saturday	8.30am	Sandstone Trail Challenge		Whitchurch > Frodsham	Full [£20]	125run 125 [14+] walk					m+f	m+f
12/13th	Sat/Sun	10/10.15	Cheshire T&F Championships		Macclesfield	£6/ event	5th May		m+f	m+f	m+f	m+f	m+f
13th	Sunday	11.00am	Market Drayton 10K		Market Drayton	£21/19.00	waiting list!			15+	m+f	m+f	m+f
.	Sunday	11.30am	Ffrith 5K		Ffrith Complex LL19 7AR	£12/10.00	9th May			m+f	m+f	m+f	m+f
18th	Friday	7.15pm	Christleton 5K		Christleton CH3 7AD	£10/8.00	on-line only	Limit 500			16+	m+f	m+f
19th	Saturday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd2		Thornes Pk, Wakefield	Club	Change venue		m+f	m+f			
.	Saturday	12 noon	CAU Fell Championships - senior		Alan Kirk Memorial Lad's Leap	£6.00	+ £1 on day						m+f
20th													
22nd	Tuesday	3.45pm	Halton & Ellesmere Port - T&F		Stanney	School			Yr7	Jun	Int		
24th	Thursday	7.15pm	Dunham Massey Park 5K [NCGP1]		Dunham Massey	£1.33	20th Jun	£32/24 Ser	300	12+	m+f	m+f	
26th													
26/27th	Sat/Sun		England (+NA) Combined Events		Bedford	£20.00	7th May					m+f	m+f
27th	Sunday	11.15am	Tk 11.40am YDL Up NW1 Rd2		Stanney	Club					m+f	m+f	
.	Sunday	11.30am	Mynydd Myfyr Hill Run (SY10 9DY)		Trefonen, Oswestry	£7.00	On Day only			15+	m+f	m+f	m+f
28th	Monday	noon	Trafford open Medal meeting		Trafford open Medal meetin	Longford Pa	spectator £2	m+f	m+f	m+f			
29th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f	
30th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f
31st	Thursday	7.30pm	Birchwood Brook 5K [NCGP2]		Birchwood Comm. HS	£8.00/6.00	27th May	£34/24 Ser	400	12+	m+f	m+f	
>>>>>	June	2018	<<<<<<										
2nd	Saturday	11.30am	Cheshire League Rd2		Macclesfield	Club		m+f	m+f	m+f	m+f	m+f	m+f
3rd	Sunday	7.10am	Deva Triathlon - Olympic/ Middle		Grosvenor Pk, Chester	£68->31Mar	5th Jun						m+f
.	Sunday	11.30am	Northern T&F Division 1 Rd2		Wakefield	Club					m+f	m+f	m+f
6th	Wednesday	7.30pm	Birkenhead Park 5M +family 7.00pm		Birkenhead	£12/10.00	tba	YA £1 on day		15+	m+f	m+f	
7th	Thursday	12.30pm	Quad Kids (level 2) District		Stanney	School							
.	Thursday	7.15pm	Bowdon 5K [NCGP3]		Bowdon	£8.00/6.00	3rd Jun	£34/24 Ser	300	12+	m+f	m+f	
TBC	Thursday	7.30pm	Deestridders Offroad 1 of 4		Tata Sports & SC	£5/3.00 -	£12/10 series				m+f	m+f	m+f
9th	Saturday	9.45am	Cheshire Schools T&F Champs		Warrington	School	25th May			Jun	Int	Sen	
9/10th	Sat/Sun	10.30am	NoAth T&F Championships		Sport City	£12 + 8add	21st May	£6 additional				m+f	m+f
10th	Sunday		Cheshire Track Relays		Crewe	tba	tba	m+f m+f m+f m+f				m+f	m+f
.	Sunday	11.00am	Passing Clouds ST13 8SW		Tittesworth R. Vis/Cen	£6 + CP fee	On day only					18+	m+f
13th	Wednesday	7.30pm	Park Hall 5K (OsOly SY11 4AS)		OswestryRugbyClub	£10/8.00	On line			14+	m+f	m+f	m+f
.	Wednesday	7.45pm	Wirral Endurance Series Track 3K,		Oval, Bebington	£2.00	on night					m+f	m+f
14th	Wednesday	11.00am	NW Reg Schools Cup A Final		Wigan	School	qualify			Jun	Int		
.	Thursday	7.15pm	Dunham Massey Park 5K [NCGP4]		Dunham Massey	£8.00/6.00	9th Jun	£34/24 Ser	300	12+	m+f	m+f	
16th	Saturday	10.30am	Mason Trophy, Intercounty		Alexander Stadium	County			Jun	Int			
16/17th	Sat/Sun	10.00am	EAu23/u20Champs		Bedford	on sign in	29th May	£7 additional				m+f	u23
17th	Sunday	10.00am	Colshaw Hall 10k		Over Peover, Knutsford	£19/ 17.00	3rd Jun				o16	m+f	m+f
.	Sunday	10.00am	BTR - Port Sunlight 5k		Port Sunlight	£19/17.00	2nd Jun			13+	m+f	m+f	m+f
.	Sunday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd3		Stanney	Club				m+f	m+f		
.	Sunday	11.00am	BTR - Port Sunlight 10k		Port Sunlight	£24/23.00	2nd Jun				15+	m+f	m+f
18th	Monday	12 noon	NW Reg Schools Cup B Final		Warrington	School	qualify			Jun	Int		
21st	Thursday	7.30pm	Warrington RR 10K [Warr GP3]		Woolston,Linear Park	'Nifty'	21st Jun				18+	m+f	m+f
22nd	Friday	7.15pm	Tattenhall 'Tough Team' - 9.5 mile		Tattenhall	£10.00/ 8.00/ entrant		Limit 100 teams		o17	m+f	m+f	
23rd													
23/24th	Sat/Sun		ESAA Combined Events Reg Rd		Stockport	School	30th May			Jun	Int	Sen	
24th	Sunday	10.00am	Hollins Green 5k [NCGP5]&[CGP5]		Hollins Green	£8.00/6.00	20th Jun	£34/24 Ser	400	12+	m+f	m+f	
.	Sunday	10.30am	PLS 10K Race		Riversdale Police Club	£15.5/13.50	22nd Jun	490 Limit			16+	m+f	m+f
from Mar	Sunday	10.30am	Wilmslow 1/2 Marathon		Wilmslow	£33/31.00	24th Feb	Limit 4800				m+f	m+f
25th	Monday	4.30pm	Cheshire Minors Champs		Warrington	School	9th Jun		Yr7				
26th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f	
27th	Wednesday	7.00pm	Robbie Websters Wobble		Forest Hills, Frodsham	£5.00	On day 6:15/7pm					m+f	m+f
.	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f
30th	Saturday	noon	CAU Fell Championships u17 u19		Up The Nab	£5.00	pre & onday					m+f	m+f

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Colour Code		Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC						
T & F	T&F Championships	Multi-Terrain/Fell			Schools Indoor	School	Age Groups									
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen			
30/1st	Sa/Su	noon	UK Champs & Euro Trials		Alexander Stadium										m+f	
>>>>>	July	2018	<<<<<<													
1st	Sunday	9.30am	Alderley Bypass 10K		Wilmslow	£19.5/17.50	6th Jun					m+f	m+f	m+f		
.	Sunday	11.15am	Tk 11.40am YDL Up NW1 Rd3		Leigh	Club						m+f	m+f			
.	Sunday	14.30pm	Langley Fete (see Fell R Assc)		SJ942717	£4.00	after 1pm			14+		m+f	m+f	m+f		
4th	Wednesday	5.00pm	Cheshire/Merseyside		Stanney	County			Yr7							
.	Wednesday	7.30pm	Forest Park 5K [Ladies]		Birchwood	£7.5/ 5.50	29th Jun	400	limit	12+	f	f	f			
5th	Thursday	7.00pm	Waverton Fun Run		Christleton to Waverton	£4 adult £2	u18	all								
TBC	Thursday	7.30pm	Deestridders Offroad 2 of 4		Tata Sports & SC	£5/3.00 -	£12/10 series					m+f	m+f	m+f		
6th	Friday	1-3.00pm	Chester Primary Schools		Stanney	School			m+f							
7th	Saturday		ESAA Schools Cup, Final		Gateshead	School	qualify				Jun	Int				
.	Sunday	11.00am	NoA Inter-County T&F Champs		Leigh	County					m+f	m+f				
8th	Sunday	8.30am	Deva Divas Triathlon		Meadows, Chester	£45.00	10th July	350	limit				f	f		
.	Sunday	9.00am	Chester Race for Life		Roodee	£14.99			Ladies only		o16	f	f			
.	Sunday	11.30am	Northern T&F Division 1 Rd3		York	Club						m+f	m+f	m+f		
11th	Wednesday	7.00pm	NMAC T&F		Liversedge WF15	£5.00	On Day		Field H-D-S-LJ						Vets	
.	Wednesday	7.45pm	Wirral Endurance Series Track 10K,		Oval, Bebington	£2.00	on night								m+f	
.	Wednesday	7.30pm	Sefton Park 5 (Mossley Hill)		Sefton Pk, Liverpool	£16.5/14.50	on-line				16+	m+f	m+f			
12th	Thursday	7.30pm	Wizard 5 m M-T (SK10 4UB)		Alderley Edge NT CP	£8/6.00	SJ860776	SK10 4UB				m+f	m+f	m+f		
13/14th	Fri/Sat	10.00am	ESSA T&F Championships		Alexander Stadium	County	23rd Jun				Jun	Int	Sen			
14th																
15th	Sunday	12 noon	Cheshire League Rd3		Deeside	Club					m+f	m+f	m+f	m+f	m+f	
21st	Saturday		SIAB T&F International		Grangemouth,Scotland	Country							Int			
.	Saturday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd4		Bebington	Club						m+f	m+f			
25th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f	m+f		
28th	Saturday	1.00pm	Gyrn Gallop (Os Oly)		Rhiwas SY10 7JH	£5.00	on the day				o	m+f	m+f			
28/29th	Sat>Sun	5/2/3.00pm	EA UK, CAU & AAA Champs		Manchester	Invitation	with Qualifying performance					m+f	m+f			
29th	Sunday	11.00am	(Cute) Helena Tipping 10K		Wrexham LL13 9PH	£16/14.00	subject to limit	300	limit		15od	m+f	m+f			
31st	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200	limit	o11		m+f	m+f	m+f		
>>>>>	August	2018	<<<<<<													
1st	Wednesday	7.00pm	Ponderosa Fell Race		Ponderosa LL20 8DR	Pay	On day (before 6.45pm)				o16	m+f	m+f			
.	Wednesday	7.30pm	Pie & Peas 5M [CGP4]		Moulton, nrWinsford	£13/11.00	Race Full					o15	m+f	m+f		
TBC	Thursday	7.30pm	Deestridders Offroad 3 of 4		Tata Sports & SC	£5/3.00 -	£12/10 series					m+f	m+f	m+f		
4th	Saturday	11.30am	Northern T&F Division 1 Rd4		Preston	Club						m+f	m+f	m+f		
.	Saturday	2.30pm	Teggs Nose (see Fell R Assc)		Sutton, Macclesfield	£3 + £3.00 to Sheep Dog field!!!							18+	m+f		
4/5th	Sat/Sun	10.45am	England (+NA) Combined Events		Manchester	£20.00	16th Jul					m+f	m+f			
5th																
8th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,		Oval, Bebington	£2.00	on night								m+f	
11th																
11/12th	Sat/Sun	10.30am	NoAth T&F Championships		Wavertree	£12 + 8add	23rd Jul					m+f	m+f	m+f		
12th																
15th	Wednesday	7.15pm	Capenhurst 5K (EPRC)		Capenhurst CH1 6EH	£12/10.00			300	limit		16+	m+f	m+f		
18th	Saturday	2.05pm	Race the Train (35th) 14mile		Tywyn, Mid-Wales	£32/30.00	4th Aug + £5 after						o17	m+f		
.																
19th	Sunday	10.00am	Birchwood 10K		Birchwood	£18./16.00	11th Aug		1200	limit		15+	m+f	m+f		
.																
23rd	Thursday	7.15pm	(Cute) Mid-Cheshire 5K (2016 2nd)		Kingsley cricket club	£11/9.00	£2 ex onday					16+	m+f	m+f		
25th																
26th	Sunday	11.15am	Ellesmere 10K (OsOly)		Ellesmere	£18/16.00	23rd online		500	limit		16				
27th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£5+£2extra	spectator £2		m+f	m+f	m+f					
.	Monday	1.00pm	Cilcain Show (see Fell R Assc)		Cilcain	£5.00	On day					16	m+f	m+f		
29th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f	m+f		
>>>>>	September	2018	<<<<<<													
1st																
2nd	Sunday	9.30am	South Cheshire 20 [CGP 6]		Shavington, Crewe	£13/11.00	NO on day		250	limit		18+	m+f			
from Mar	Sunday	9.30am	Trafford 10K (chip time)		PartingtonLiesureCen	£18/16.00	1st Mar				min	16yr	m+f	m+f		
.	Sunday	11.30am	Cheshire League Rd4		Salford Met M30 8HY	Club						m+f	m+f	m+f	m+f	
TBC	Tuesday	7.00pm	Multi-Ter League 2/4mile CH61 0NH		RoydenPark, Frankby	£1.00	1 <sup>st</sup> Members			12	m+f	m+f	m+f	m+f		
5th	Wednesday	7.45pm	Wirral Endurance Series Track 3K,		Oval, Bebington	£2.00	on night								m+f	
TBC	Friday	7.00pm	Deestridders Offroad 4 of 4		Tata Sports & SC	£5/3.00 -	£12/10 series					m+f	m+f	m+f		
8th	Saturday	11.00am	YDL lower Final		Bedford							m+f	m+f			
9th	Sunday	9.30am	BTR - Wirral Half Marathon		B'head Pk to New Brighton	£28/26.00	+1.5 cheque	2500	limit			17+	m+f			
.	Sunday	9.30am	BTR - Wirral 10K		B'head Pk to New Brighton	£23/21.00	+1.5 cheque	2500	limit			16+	m+f	m+f		
.	Sunday	10.15am	YDL upper Final		Bedford								m+f	m+f		
.	Sunday	1.00pm	Vyrnwy Half Marathon		Abertridwr	£24/22.00	1st Aug or 1800						May 7th Open	m+f	m+f	