

West Cheshire AC - fixtures - 2018										Club Promotions_Marshals_Officials_!!!!				
Colour Code		Indoor	Leagues	Cross Country	Cross Country	Championships	Road/	Borders League	Bonus points	NVAC				
T & F	T&F Championships		Multi-Terrain/Fell		Schools Indoor		School	Age Groups						
Date	Day	Time	Event		Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen	
>>>>>	April	2018	<<<<<<											
1st	Sunday	9.30am	Hale 5 - [Interval Races]		Hale village	£18.5/16.50	9th Apr	+£2	on day	17+	m+f	m+f		
.	Sunday	10.15am	Air Products10K [CGP 1]		Crewe	£12/10.00	3rd Apr	NO	on day	15+	m+f	m+f		
2nd	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£5+£2extra	spectator £2	m+f	m+f	m+f				
7th														
8th	Sunday	9.00am	Manchester Marathon		Old Trafford	£60.00								
.	Sunday	11.00am	Borders League - 6		Wrexham Tri, Mold		Club							
.	Sunday	11.00am	TuffNutz 11/6.5m Team Challenge		Thrustaston CP	£75/60 team	25th Mar	Team of 3						
11th	Wednesday	7.00pm	ESSAR SPRING 5		Upton, CHESTER	£10/8.00	NONE on day	500 limit	15+ m+f m+f					
.	Tuesday	7.00pm	NMAC T&F		Liversedge WF15	£5.00	On Day	Field H-S-HJ-LJ	Vets					
14th	Saturday	10.00am	Liverpool Throws & Jumps		Wavertree	£8/10/14	9th Apr	XXX	m+f	m+f	m+f	m+f	m+f	
.	Saturday	10.30am	National 12/6 Stage Relays		Sutton Park	Senior Men need to qualify!								
14/15th	Sat/Sun	12.30pm	UK Sportshall Final		Sportcity, Manchester	Selection by County								
15th	Sunday	9.30am	BTR - Mersey Tunnel 10K		Liverpool/Wallasey	£23/21.00	6th Apr							
.	Sunday	10.30am	Wirral YA Open + Mile 3.30pm		Oval, Bebington	£4.00	£5 on day	m+f	m+f	m+f	m+f	m+f	m+f	
.	Sunday		National Road Relays		Sutton Park	Club	4th Apr?	m+f	m+f	m+f				
.	Sunday	11.00am	Whitley 10K [CGP 2]		Whitley, Warrington	£15/13.00	£2 ex on day	500 limit	15+ m+f m+f					
.	Sunday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£5+£2extra	spectator £2	m+f	m+f	m+f				
21st	Saturday	11.00am	Tk 11.30am YDL Lo NPre1 Rd1		Becketts Park LS6 3QS	Club	m+f m+f							
22nd	Sunday	9/9.45am	LONDON MARATHON		London	Closed	22nd Oct!!!							
25th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300	11+	m+f	m+f	m+f	m+f		
.	Wednesday	7.30pm	Borders League - 7		Deestriders, Shotton	Club								
27th	Friday	7.15pm	(Cute) Mid-Cheshire 5K		Kingsley cricket club	£11/9.00	£2 ex on day	16+ m+f m+f						
28th														
29th	Sunday	9.00am	ESSAR Chester Half Marathon		Roodee to City Hall	£35/33.00	5000 limit	m+f m+f						
.	Sunday	11.15am	Tk 11.40am YDL Up NW1 Rd1		Bebington	Club	m+f m+f							
>>>>>	May	2018	<<<<<<											
3rd	Thursday	4.00pm	WCAC Invitation Schools Cup		Stanley	School	Jun Int Sen							
5th	Saturday	11.30am	Northern T&F Division 1 Rd1		Wigan	Club	m+f m+f m+f							
6th	Sunday	12 noon	Cheshire League Rd1		Stanley	Club	On Day	m+f	m+f	m+f	m+f	m+f		
7th	Monday	noon	Trafford open Medal meeting		Longford Park M21 9TA	£5+£2extra	spectator £2	m+f	m+f	m+f				
8th	Tuesday	19.15pm	Thrustaston M-T Challenge (PensbyR)		Wirral Country Park	£6.00/4.00	4th May	+£1	On Day	17+	m+f	m+f		
TBC	Tuesday	8.00pm	Annual Anniversary 4 minute mile		Stanley	all								
.	Tuesday	7.30pm	Mobberley 'R the R 5m' [CGP 3]		Mobberley nr Rly Sta	£9/7.00	on-line only	NO	on day	m+f m+f m+f				
9th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,		Oval, Bebington	£2.00	on night	m+f m+f						
10th	Thursday		ESAA Schools Cup,1st Round		Warrington	School	28th Feb	Jun	Int					
.	Thursday		ESAA Schools Cup,1st Round		Macclesfield	School	28th Feb	Jun	Int					
.	Thursday	6.15pm	Mow Cop 'Killer' Mile - / - 'Fun Run'		nr Kidsgrove ST7 3LS	£8.50/ 6.50	May 5th	m+f	m+f	m+f	m+f	m+f		
12th	Saturday	8.30am	Sandstone Trail Challenge		Whitchurch > Frodsham	Full [£20]	125run 125 [14+] walk	m+f m+f						
12/13th	Sat/Sun	10/10.15	Cheshire T&F Championships		Macclesfield	no info	tba	m+f m+f m+f m+f m+f						
13th	Sunday	11.30am	Ffrith 5K		Ffrith Complex LL19 7AR	£12/10.00	9th May	m+f m+f m+f m+f						
18th	Friday	7.15pm	Christleton 5K		Christleton CH3 7AD	£10/8.00	on-line only	Limit 500	16+ m+f m+f					
19th	Saturday	11.00am	Tk 11.30am YDL Lo NPre1 Rd2		South Leeds	Club	m+f m+f							
.	Saturday	12 noon	CAU Fell Championships - senior		Alan Kirk Memorial Lad's Leap	£6.00	+ £1 on day	m+f						
20th														
24th	Thursday	7.15pm	Dunham Massey Park 5K [NCGP1]		Dunham Massey	£1.33	20th Jun	£32/24 Ser	300	12+	m+f	m+f		
26th														
26/27th	Sat/Sun		England (+NA) Combined Events		Bedford	no info	tba	m+f m+f						
27th	Sunday	11.15am	Tk 11.40am YDL Up NW1 Rd2		Stanley	Club	m+f m+f							
.	Sunday	11.30am	Mynydd Myfyr Hill Run (SY10 9DY)		Trefonen, Oswestry	£7.00	On Day only	15+ m+f m+f m+f						
28th	Monday	noon	Trafford open Medal meeting		Trafford open Medal meetir	Longford Pa	spectator £2	m+f	m+f	m+f				
29th	Tuesday	7.00pm	Queens Park Quacker 5K series		Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f		
30th	Wednesday	7.00pm	Wirral Seaside Run - 5K		Moreton CH46 4TA	£6/ 4.00	Limit 300	11+	m+f	m+f	m+f	m+f		
31st	Thursday	7.30pm	Birchwood Brook 5K [NCGP2]		Birchwood Comm. HS	£8.00/6.00	27th May	£34/24 Ser	400	12+	m+f	m+f		
>>>>>	June	2018	<<<<<<											
2nd	Saturday	11.30am	Cheshire League Rd2		Macclesfield	Club	m+f m+f m+f m+f m+f							
3rd	Sunday	7.10am	Deva Triathlon - Olympic/ Middle		Grosvenor Pk, Chester	£68->31Mar	5th Jun	m+f						
.	Sunday	11.30am	Northern T&F Division 1 Rd2		Wakefield	Club	m+f m+f m+f							
6th	Wednesday	7.30pm	Birkenhead Park 5M +family 7.00pm		Birkenhead	£12/10.00	tba	YA £1 on day	15+ m+f m+f					
7th	Thursday	12.30pm	Quad Kids (level 2) District		Stanley	School								
.	Thursday	7.15pm	Bowdon 5K [NCGP3]		Bowdon	£8.00/6.00	3rd Jun	£34/24 Ser	300	12+	m+f	m+f		
TBC	Thursday	7.30pm	Deestriders Offroad 1 of 4		Tata Sports & SC	£5/3.00 -	£12/10 series	m+f m+f m+f						
9th	Saturday	9.45am	Cheshire Schools T&F Champs		Warrington	School	25th May	Jun	Int	Sen				
9/10th	Sat/Sun	10.30am	NoAth T&F Championships		Sport City	no info	tba	£6 additional						
10th	Sunday	11.00am	Passing Clouds ST13 8SW		Tittesworth R. Vis/Cen	£6 + CP fee	On day only	18+ m+f						

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T & F		T&F Championships		Multi-Terrain/Fell		Schools Indoor		School		Age Groups						
Date	Day	Time	Event			Venue	Entry	Close/date	u11	u13	u15	u17	Jun	Sen		
13th	Wednesday	7.30pm	Park Hall 5K (OsOly SY11 4AS)			Oswestry Rugby Club	£10/8.00	On line			14+	m+f	m+f	m+f		
	Wednesday	7.45pm	Wirral Endurance Series Track 3K,			Oval, Bebington	£2.00	on night					m+f	m+f		
14th	Wednesday	11.00am	NW Reg Schools Cup A Final			Wigan	School	qualify			Jun	Int				
	Thursday	7.15pm	Dunham Massey Park 5K [NCGP4]			Dunham Massey	£8.00/6.00	9th Jun	£34/24 Ser	300	12+	m+f	m+f			
16th	Saturday	10.30am	Mason Trophy, Intercounty			Alexander Stadium	County			Jun	Int					
16/17th	Sat/Sun	10.00am	EAu23/u20Champs			Bedford	no info	31st May	£7 additional				m+f	u23		
17th	Sunday	10.00am	Colshaw Hall 10k			Over Peover, Knutsford	£19/ 17.00	3rd Jun				o16	m+f	m+f		
	Sunday	10.00am	BTR - Port Sunlight 5k			Port Sunlight	£19/17.00	2nd Jun			13+	m+f	m+f	m+f		
	Sunday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd3			Stanney	Club			m+f	m+f					
	Sunday	11.00am	BTR - Port Sunlight 10k			Port Sunlight	£24/23.00	2nd Jun			15+	m+f	m+f			
18th	Monday	12 noon	NW Reg Schools Cup B Final			Warrington	School	qualify		Jun	Int					
21st	Thursday	7.30pm	Warrington RR 10K [Warr GP3]			Woolston, Linear Park	'Nifty'	21st Jun			18+	m+f	m+f			
22nd	Friday	7.15pm	Tattenhall 'Tough Team' - 9.5 mile			Tattenhall	£10.00/ 8.00/	entrant	Limit 100 teams		o17	m+f	m+f			
23rd																
23/24th	Sat/Sun		ESAA Combined Events Reg Rd			Stockport	School	30th May		Jun	Int	Sen				
24th	Sunday	10.00am	Hollins Green 5k [NCGP5]&[CGP5]			Hollins Green	£8.00/6.00	20th Jun	£34/24 Ser	400	12+	m+f	m+f			
	Sunday	10.30am	PLS 10K Race			Riversdale Police Club	£15.5/13.50	22nd Jun	490 Limit		16+	m+f	m+f			
from Mar	Sunday	10.30am	Wilmslow 1/2 Marathon			Wilmslow	£33/31.00	24th Feb	Limit 4800			m+f	m+f			
25th	Monday	4.30pm	Cheshire Minors Champs			Warrington	School	9th Jun	Yr7							
26th	Tuesday	7.00pm	Queens Park Quacker 5K series			Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f			
27th	Wednesday	7.00pm	Robbie Websters Wobble			Forest Hills, Frodsham	£5.00	On day 6:15/7pm				m+f	m+f			
	Wednesday	7.00pm	Wirral Seaside Run - 5K			Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f		
30th	Saturday	noon	CAU Fell Championships u17 u19			Up The Nab	£5.00	pre & onday				m+f	m+f			
30/1st	Sa/Su	noon	UK Champs & Euro Trials			Alexander Stadium								m+f		
>>>>>	July	2018	<<<<<<													
1st	Sunday	9.30am	Alderley Bypass 10K			Wilmslow	£19.5/17.50	6th Jun				m+f	m+f	m+f		
	Sunday	11.15am	Tk 11.40am YDL Up NW1 Rd3			Leigh	Club					m+f	m+f			
	Sunday	14.30pm	Langley Fete (see Fell R Assc)			SJ942717	£4.00	after 1pm			14+	m+f	m+f	m+f		
4th	Wednesday	5.00pm	Cheshire/Merseyside			Stanney	County		Yr7							
	Wednesday	7.30pm	Forest Park 5K [Ladies]			Birchwood	£7.5/ 5.50	29th Jun	400 limit	12+	f	f	f			
5th	Thursday	7.00pm	Waverton Fun Run			Christleton to Waverton	£4 adult £2	u18	all							
TBC	Thursday	7.30pm	Deestriders Offroad 2 of 4			Tata Sports & SC	£5/3.00 -	£12/10 series				m+f	m+f	m+f		
6th	Friday	1-3.00pm	Chester Primary Schools			Stanney	School			m+f						
7th	Saturday		ESAA Schools Cup, Final			Gateshead	School	qualify			Jun	Int				
	Sunday	11.00am	NoA Inter-County T&F Champs			Leigh	County				m+f	m+f				
8th	Sunday	8.30am	Deva Divas Triathlon			Meadows, Chester	£45.00	10th July	350 limit			f	f			
	Sunday	9.00am	Chester Race for Life			Roodee	£14.99			Ladies only	o16	f	f			
	Sunday	11.30am	Northern T&F Division 1 Rd3			York	Club					m+f	m+f	m+f		
11th	Wednesday	7.00pm	NMAC T&F			Liversedge WF15	£5.00	On Day	Field H-D-S-LJ					Vets		
	Wednesday	7.45pm	Wirral Endurance Series Track 10K,			Oval, Bebington	£2.00	on night					m+f	m+f		
	Wednesday	7.30pm	Sefton Park 5 (Mossley Hill)			Sefton Pk, Liverpool	£16.5/14.50	on-line			16+	m+f	m+f			
12th	Thursday	7.30pm	Wizard 5 m M-T (SK10 4UB)			Alderley Edge NT CP	£8/6.00	SJ860776	SK10 4UB			m+f	m+f	m+f		
13/14th	Fri/Sat	10.00am	ESSA T&F Championships			Alexander Stadium	County	23rd Jun		Jun	Int	Sen				
14th																
15th	Sunday	12 noon	Cheshire League Rd3			Deeside	Club		m+f	m+f	m+f	m+f	m+f	m+f		
21st	Saturday		SIAB T&F International			Grangemouth, Scotland	Country					Int				
	Saturday	11.00am	Tk 11.30am YDL Lo NPrem1 Rd4			Bebington	Club			m+f	m+f					
25th	Wednesday	7.00pm	Wirral Seaside Run - 5K			Moreton CH46 4TA	£6/ 4.00	Limit 300		11+	m+f	m+f	m+f	m+f		
28th	Saturday	1.00pm	Gyrn Gallop (Os Oly)			Rhiwlas SY10 7JH	£5.00	on the day			o	m+f	m+f			
28/29th	Sat>Sun	5/2/3.00pm	EA UK, CAU & AAA Champs			Manchester	Invitation	with Qualifying performance				m+f	m+f			
29th	Sunday	11.00am	(Cute) Helena Tipping 10K			Wrexham LL13 9PH	£16/14.00	subject to limit	300limit		15od	m+f	m+f			
31st	Tuesday	7.00pm	Queens Park Quacker 5K series			Queens Park, Crewe	£7.3/5.20	17.6/11.50 se	200limit	o11	m+f	m+f	m+f			
>>>>>	August	2018	<<<<<<													
1st	Wednesday	7.00pm	Ponderosa Fell Race			Ponderosa LL20 8DR	Pay	On day (before 6.45pm)			o16	m+f	m+f			
	Wednesday	7.30pm	Pie & Peas 5M [CGP4]			Moulton, nrWinsford	£13/11.00	Race Full			o15	m+f	m+f			
TBC	Thursday	7.30pm	Deestriders Offroad 3 of 4			Tata Sports & SC	£5/3.00 -	£12/10 series				m+f	m+f	m+f		
4th	Saturday	11.30am	Northern T&F Division 1 Rd4			Preston	Club					m+f	m+f	m+f		
	Saturday	2.30pm	Teggs Nose (see Fell R Assc)			Sutton, Macclesfield	£3 + £3.00 to Sheep Dog field!!					18+	m+f			
4/5th	Sat/Sun	10.45am	England (+NA) Combined Events			Manchester	£150-£20p	29th Jul			m+f	m+f				
5th																
8th	Wednesday	7.45pm	Wirral Endurance Series Track 5K,			Oval, Bebington	£2.00	on night					m+f	m+f		
11th																
11/12th	Sat/Sun	10.30am	NoAth T&F Championships			Wavertree	no info	tba		m+f	m+f	m+f				
12th																
15th	Wednesday	7.15pm	Capenhurst 5K (EPRC)			Capenhurst CH1 6EH	£12/10.00		300 limit		16+	m+f	m+f			