West Cheshire Endurance Competition 2017

Female Points Table at end of September

		Handicap for Road Running		Number of Races (1pt/race)							Bonus Points																			
											Cross Country					Track	Multi Terrain	Road Leagues/series			Team points			Distance Pts (any surface; one race at each distance)						
		At end of 2016	End of Sep 2017	Cross Country	Fell	Multi-terrain & Trail	Park Runs (subject to performance)	Road	Track (3K or longer)	Total Races	L&D ()	Manchester (Jan)	North Wales (14 Jan, Feb)	North Staffs (Sep)	Championships (Ches, N Wales, Northern, National)	Cheshirte League	Wirral (September - 4 races)	Borders L (Jan, Feb, Apr1,2)	Ches GP (Mid-Ches 5K, Pie & Peas), WCR	Relays (NW RR, NA RR)	Cross Country (N Wales Jan, Feb, Ches.(N Staffs Road (BL-Jan, Feb, Apr1,2)(GP - Apr, Aug),	Track	25K(15 ml) to 20ml (32K) inc	>20ml to Marathon inc	>Marathon		Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event
											1 point per event													1	2	3					
Females																														
Eleanor	ROBINSON	14.4	12.4	5	6	13		12	6	42			2	1	2	2	1	3	3	2	4	5	1					5	4	77	1.74
Angela	TEGG	[24.2]	19.7	2	4	18		11	4	39				1	1	1	4	3	3	1	1	6	1					7		68	1.74
Clare	MALLON	18.3	17.4	1		3	1	15	4	24				1		2	1	3	2	1	1	5	1					6		47	1.96
Rosemary	ROGERS	20.4	20.9			12	4	13		29																		6	2	37	1.21
Lisa	DAVIES	16.3	15.6	2	1	1		7	2	13			1		1			4	1		2	5						3	3	33	2.31
Pamela	ACKROYD	18.7	18.1	2				8		10			1	1				4	1		2	5						3	3	30	2.70
Keely	SMITH	12.7	10.8			2		12		14								2	1			3			2	3		4	1	30	2.07
Anne-Marie	TAIT	20.2	20.6	1		1		5	3	10					1	1		3	1		1	4	1					1		23	2.30
Anest	MULLER	9.3	10.0	2				6		8			1		1			3			1	3								17	2.13
Kay	HAYES	21.3	21.7	2				1		3			1		1			1			1	1							2	10	2.67
Sarah	HUGHES	26.4	26.1			1	2	3		6																		1	1	8	1.17
Isobel	ROBERTSON		27.6			1		4		5																		1		6	1.20
Lorraine	McFAUL	24.2	24.2			1				1									1			1								3	3.00
Claire	HARRIS			1						1				1							1									3	3.00
Hannah	MOORHOUSE		[28.0]					2		2										1										3	1.50
Clare	GLOYNE-PHILLIPS	23.8	23.3				1			1																		1		2	2.00
Ellen	McMAHON	19.9	19.9					1		1										1										2	2.00
Jo	BRIDGE	26.9	25.7					1		1																		1		2	2.00
Zoe	REES		[26.0]					1		1																				1	1.00
	Totals			*18*	*11*	*53*	*8*	*102*	*19*	*211*																					

NOTE : Handicap number requires mimimum of 3 races in previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.