

West Cheshire Endurance Competition 2017

Female Points Table at end of August

| | | Handicap for Road Running | | Number of Races (1pt/race) | | | | | | Bonus Points | | | | | | | | | | | | | | | | | | | | |
|----------------|-----------------|---------------------------|------------------|----------------------------|------|-----------------------|------------------------------------|------|----------------------|-------------------|--------|------------------|---------------------------|-----------------|---|-----------------|------------------------------|------------------------------|--|---------------------|---|---|-------|---|-----------------------|-----------|------------------------------|------------------|--------------|--------------|
| | | Road Running | | Number of Races (1pt/race) | | | | | | Cross Country | | | | Team points | | Track | | Multi Terrain | | Road Leagues/series | | | | Distance Pts (any surface; one race at each distance) | | | | | | |
| | | At end of 2016 | End of July 2017 | Cross Country | Fell | Multi-terrain & Trail | Park Runs (subject to performance) | Road | Track (3K or longer) | Total Races | L&D () | Manchester (Jan) | North Wales (14 Jan, Feb) | North Staffs () | Championships (Ches, N Wales, Northern, National) | Cheshire League | Wirral (September - 4 races) | Borders L (Jan, Feb, Apr1,2) | Ches GP (Mid-Ches 5K, Pie & Peas), WCR | Relays | Cross Country (N Wales Jan, Feb, Ches.) | Road (BL-Jan, Feb, Apr1,2) (GP - Apr, Aug), WCR | Track | 25K(15 ml) to 20ml (32K) inc | >20ml to Marathon inc | >Marathon | Road & Track Performance Pts | "Helpers" Points | Total Points | Points/event |
| | | | | | | | | | | 1 point per event | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Females | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Eleanor | ROBINSON | 14.4 | 12.4 | 4 | 6 | 12 | | 10 | 5 | 37 | | 2 | | 2 | 1 | | 3 | 2 | | 3 | 5 | | | | | | 5 | 3 | 63 | 1.62 |
| Angela | TEGG | [24.2] | 20.0 | 1 | 4 | 12 | | 8 | 3 | 28 | | | | 1 | | | 3 | 3 | | 3 | 6 | | | | | 6 | | 47 | 1.68 | |
| Clare | MALLON | 18.3 | 17.2 | | | 2 | 1 | 13 | 3 | 19 | | | | | 1 | | 3 | 2 | | 3 | 5 | | | | | 6 | | 36 | 1.89 | |
| Rosemary | ROGERS | 20.4 | 20.9 | | | 12 | 3 | 13 | | 28 | | | | | | | | | | | | | | | | 6 | 1 | 35 | 1.21 | |
| Lisa | DAVIES | 16.3 | 15.6 | 2 | 1 | 1 | | 7 | 2 | 13 | | 1 | 1 | | | | 4 | 1 | | 2 | 5 | | | | 3 | 2 | 32 | 2.31 | | |
| Keely | SMITH | 12.7 | 10.8 | | | 2 | | 12 | | 14 | | | | | | | 2 | 1 | | | 3 | | | 2 | 3 | 4 | | 29 | 2.07 | |
| Pamela | ACKROYD | 18.7 | 18.1 | 1 | | | | 8 | | 9 | | 1 | | | | | 4 | 1 | | 1 | 5 | | | | | 3 | 3 | 27 | 2.67 | |
| Anne-Marie | TAIT | 20.2 | 20.5 | 1 | | 1 | | 4 | 2 | 8 | | | | 1 | | | 3 | 1 | | 1 | 4 | | | | | 1 | | 19 | 2.38 | |
| Anest | MULLER | 9.3 | 9.8 | 2 | | | | 5 | | 7 | | 1 | | 1 | | | 3 | | | 1 | 3 | | | | | | | 16 | 2.29 | |
| Kay | HAYES | 21.3 | 21.7 | 2 | | | | 1 | | 3 | | 1 | | 1 | | | 1 | | | 1 | 1 | | | | | | 2 | 10 | 2.67 | |
| Sarah | HUGHES | 26.4 | 26.1 | | | 1 | 2 | 3 | | 6 | | | | | | | | | | | | | | | | 1 | 1 | 8 | 1.17 | |
| Isobel | ROBERTSON | | 27.6 | | | 1 | | 4 | | 5 | | | | | | | | | | | | | | | | 1 | | 6 | 1.20 | |
| Lorraine | McFAUL | 24.2 | 24.2 | | | 1 | | | | 1 | | | | | | | | 1 | | | 1 | | | | | | | 3 | 3.00 | |
| Clare | GLOYNE-PHILLIPS | 23.8 | 23.3 | | | | 1 | | | 1 | | | | | | | | | | | | | | | | 1 | | 2 | 2.00 | |
| Hannah | MOORHOUSE | | [28.0] | | | | | 1 | | 1 | | | | | | | | | | | | | | | | | | 1 | 1.00 | |
| Totals | | | | 13 | 11 | 45 | 7 | 89 | 15 | 180 | | | | | | | | | | | | | | | | | | | | |

NOTE : Handicap number requires minimum of 3 races in previous 18 months; [xx] = only 1 or 2 races
 Handicap is up-dated after each road race, if necessary.