

West Cheshire Endurance Competition 2017
Male Points Table at end of August

		Handicap for Road Running		Number of Races (1pt/race)					Cross Country Points										Bonus Points																														
		At end of 2016	At end of July 2017	Cross Country	Field	Multi-terrain & Trail	Park Runs (subject to performance)	Road	Track (3K or longer)	Total Races	L&D ()	Manchester ()	North Wales (Jan, Feb)	North Staffs ()	Championships (Ches, Northern, National)	Cheshire League	Wirral (September - 4 races)	Borders L. (Jan, Mar, Apr1,2)	Ches GP (Mid-Ches 5K, Alderley ED BP 10K, Ple & Peas)	Road Leagues/series	Cross Country (Ches, Nwales Feb.)	Road (BL Jan, Mar, Apr1,2), WCR	Track	Distance points (any surface, one race at each distance)	1	2	3	Road & Track Performance Pts	"Helpers" Points	Total Points	Points/event																		
		1 point per event																	1	2	3																												
Males																																																	
Andrew	CARTER	13.1	10.3	4		5		16	5	30		1					4	3		2	5			1	2			7		58	1.93																		
Andrew	CLAGUE	12.1	11.6	5			10	9	5	29		2					4			2	5						7		52	1.79																			
Dave	ALEXANDER	9.6	11.2	3	5	6	1	9	1	25		2					2	1		2	4					3	3	43	1.60																				
Mark A	DAVIES (M40)	10.9	10.2		5	1		13	4	23					1		2			2	4			1		6	2	40	1.65																				
Richard	HAYES	12.3	13.1	2	2	4		8		16		1		1			3	2		2	3			1		3	2	34	2.00																				
Peter	SMITH	26.5	25.5	2		1	3	6		12		1		1			4			2	5					3	3	31	2.33																				
Ian	ACKROYD	[26.7]	23.9					8		16							3			3						6		28	1.75																				
Chris	PALMER	15.1	13.4			4		11		15							2			3			1	2		3		26	1.73																				
Trevor	HOLMES		16.2			4	1	9		14							3			3						3		25	1.79																				
John	PARLEVLIET	13.1	13.2	4				4		8		1		3			3			2	4					2		23	2.63																				
Alex	STANFORTH	14.1	11.4			1	4	7		12							2			2						7		23	1.92																				
Anthony	WOODALL	16.9	16.0	1		2	3	4	1	11		1					2			1	3					3		21	1.91																				
Julian	TEGG	20.0	20.1	1		5	1	4	4	15				1			1				2					2		21	1.40																				
Bob	BENSON	17.0	17.5					4	3	7					1		3			3						3	3	20	2.43																				
Ian	GLOYNE-PHILLIPS	11.8	12.6			1		6		7							3			3						1	3	18	2.14																				
Luke	ELLIS	14.1	13.6					9		9							2							1	2	3	1	16	1.67																				
Wullie	McGARRELL	17.1	17.4			1	1	5		7										1				1	2	3	2	15	2.14																				
Daniel	MITCHELL	12.6	12.0		1		1	4		6							1			2				2		1	3	15	2.00																				
Robert	FREEMAN	16.5	18.1				1	8		9							3			3								15	1.67																				
Robert	LITTLE	9.6	9.4					9		9							1	1		2						1		14	1.56																				
Brian	BEATTIE	31.5	31.9			3	1	7		11							1			1						1		14	1.27																				
Tom	BOOTH	9.2	9.2		1	6				7														1	2	3		13	1.86																				
Andrew	DAWE	15.9	15.7					7		7							1			2						1		13	1.86																				
Graham	WELLS	11.3	11.0					4	1	5							2			2						1		10	2.00																				
David	BISH	26.8	29.0			1	4			5							1			1				2			1	10	1.80																				
Dave	TIERNAN	18.1	18.9					3		3							3			3								9	3.00																				
Neil	WEBSTER	18.3	18.2			1		2		3														2	3	1		9	3.00																				
Steve	HILLIER	19.1	19.2				3	3		6																3		9	1.50																				
Mark	POVEY	29.9	29.2			2		4		6																2		8	1.33																				
Ben	McKEAN	19.8	19.1					4		4																3		7	1.75																				
Darren	SHILLINGTON	27.4	26.8			1	2	1		4							1			1						1		7	1.75																				
Phil	WOODLEY	15.9	16.2	1		2		1	1	5				1						1								7	1.40																				
Neil	HERSHAW	12.8	12.8					2		2							1			1						1	1	6	2.50																				
Joe	FOY	16.1	16.6					4		4										1						1		6	1.25																				
Neil	CARTER	19.2	20.5					3		3																3		6	1.00																				
Tony	KENNEDY	25.7	25.9			3		2		5																1		6	1.00																				
Richard	HUNT	24.5	25.3					3		3														2			1	5	1.67																				
Robert	BOGGILD		21.9					3		3																1	1	5	1.33																				
Daniel	IRVING		18.4			1	2	1		4								1										5	1.25																				
Andrew	STARKEY	13.0	13.4					2		2																3		5	1.00																				
Stephen	CUNNINGHAM	16.1	16.6					2		2							1			1								4	2.00																				
Ravi	RAWJI		[12.3]					2		2														2				4	2.00																				
Iain	BULLOCK		[24.9]					2		2																1		3	1.50																				
Chris	WHITE	16.4	16.5					1		1								1										2	2.00																				
Dave	BRIERLEY	39.0	40.4					2		2																		2	1.00																				
Andrew	LEISHMAN	26.2	26.2					1		1																		1	1.00																				
Stephen	BALE		[27.4]					1		1																		1	1.00																				
Tom	CABLE		[16.6]					1		1																		1	1.00																				
Juan	ARAGON		[11.0]					1		1																		1	1.00																				
Thomas	CASTLE		[31.7]					1		1																		1	1.00																				
Jon	MOORHOUSE		[23.2]					1		1																		1	1.00																				
Totals				23	14	54	43	227	26	387																																							

NOTE : Handicap number requires minimum of 3 races within previous 18 months; [xx] = only 1 or 2 races

Handicap is up-dated after each road race, if necessary.

PLEASE NOTE : following consultation with the road running group, no GP bonus points will be given for the Chester Spring 5 nor the Guilden Sutton 10K this year (both are GP races)

This is to maintain a degree of parity with those who help with WCAC club races (choosing not to race) and those who race.

There are 4 more GP races this year which will attract bonus points - those who ran in the Mid-Cheshire 5K have already got points