

Performances compiled from race results beginning 1st April 1998 when West Cheshire AC was formed.

Early 5k and 10 mile results in 1998 & 1999 yet to be seen! Which ones? Link on page: <http://www.westcheshireac.co.uk/races/road/>

##	Club Best at Distance	Age	Over an age	Best Time Holder Men	Gun Time	Chip Time	Event	Find Date	Times and Date in Red at: Host	Source
5 Km										
5 Km		u13		Rory Willson	0:22:20	0:22:20	Sport in the Port	16/06/2013	Active Leisure Events	www.activeleisureevents.co.uk/
5 Km		u15		Jason McGonigle	0:18:18	~	WCAC (Upton)	11/07/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km		u15		Alex Haswell	0:17:25	~	Capenhurst	22/08/2007	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km		u15	u15	James Ellis	0:17:12	~	Christleton	09/05/2008	Tattenhall R	www.ukresults.net/index.html
5 Km		u17		Louis Humphreys	0:17:09	~	Christleton	09/05/2008	Tattenhall R	www.ukresults.net/index.html
5 Km		u17		Cameron Weaver	0:16:33	0:16:32	Capenhurst	19/08/2015	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Km		u17	u20	Ethan Greenland	0:15:59	0:15:59	Christleton	19/05/2017	Chester Tri	https://chestertri.niftyentries.com/Results/Christleton-5K-2017
5 Km		u20		Peter Benyon	0:16:38	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km		SM		Chris Mayer	0:16:43	~	Southport TC races	18/08/1998		www.race-results.co.uk/results/
5 Km		SM		David Alexander	0:16:06	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km		SM		Robin Sedman-Smith	0:15:56	~	Christleton	09/05/2003	Tattenhall R	www.ukresults.net/index.html
5 Km		SM		Robin Sedman-Smith	0:15:39	~	Park Hall	19/06/2003	Oswestry Olympians	*MJL result sheet
5 Km		M35		Paul Spencer	0:15:46	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
	##	M35	SM	Paul Spencer	0:15:28	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 km		M40		Alan Morris	0:16:11	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km		M40	o40	Alan Morris	0:15:51	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 km		M45		Howard Winzar	0:18:40	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 km		M45		Bob Benson	0:17:24	~	Christleton	14/05/1999	Tattenhall R	*MJL result sheet
5 km		M45		Paul Frodsham	0:16:25	~	Christleton	09/05/2003	Tattenhall R	www.ukresults.net/index.html
5 km		M45		Robert Tudor	0:16:10	~	Christleton	07/05/2010	Tattenhall R	www.ukresults.net/index.html
5 km		M45		Robert Tudor	0:16:04	~	Christleton	06/05/2011	Tattenhall R	www.ukresults.net/index.html
5 km		M45	o45	Robert Tudor	0:15:59	~	Capenhurst	24/08/2011	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 km		M50		Dave Hough	0:18:33	~	Christleton	14/05/1999	Tattenhall R	*ARM provisional best performances 24/07/00
5 km		M50	o50	John Fidler	0:17:01	~	WCAC (Upton)	27/08/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 km		M55		Brian Beattie	0:19:54	~	WCAC (Upton)	27/08/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 km		M55		Jack Thomas	0:19:11	~	Christleton	12/05/2000	Tattenhall R	FB Group 'Old Running Results and Pictures'
5 km		M55		John McGill	0:19:03	~	Capenhurst	25/08/2004	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 km		M55	o55	John McGill	0:18:44	~	Christleton	13/05/2005	Tattenhall R	www.ukresults.net/index.html
5 km		M60		Sam R Fletcher	0:19:44	~	WCAC (Upton)	28/08/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Km		M60	o60	Joe Foy	0:19:15	0:19:11	Mid Cheshire	28/04/2016	Cute Fruit Events	http://www.cutefruitevents.com/
5 km		M65		Mike Lamb	0:26:45	~	Park Hall	14/06/2006	Oswestry Olympians	http://www.oswestryolympians.com/
5 km		M65		Mike Lamb	0:26:22	~	Chariots of Fire	16/08/2006	Oswestry Olympians	http://www.oswestryolympians.com/
5 km		M65		Brian Beattie	0:23:35	~	Christleton	08/05/2009	Tattenhall R	www.ukresults.net/index.html
5 km		M65		Brian Beattie	0:23:16	~	Capenhurst	25/08/2010	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 km		M65		Brian Beattie	0:23:14	~	Christleton	07/05/2010	Tattenhall R	www.ukresults.net/index.html
5 Km		M65	o65	Dave Hough	0:21:32	0:21:20	Christleton**	23/05/2014	Chester Tri	http://www.niftyentries.com/Results
5 km		M70	o70	David Bish	0:23:23	~	Capenhurst	21/08/2013	Ellesmere Port RC	www.ellesmereportrunningclub.org.uk
5 Miles										
5 Miles		u17		Neil Roberts	0:38:43	~	BL Mold (Alun Finish)	05/03/2000	Wrecsam Tri	*MJL result sheet
5 Miles		u17		Alec Beaney	0:32:33	~	Spring 5	05/04/2006	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		u17		Alec Beaney	0:28:39	~	Spring 5	02/04/2007	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		u17		Louis Humphreys	0:28:08	~	BL Mold (Alun Finish)	09/03/2008	BL Wrecsam Tri	http://bordersleague.org.uk/
5 Miles		u17	u17	Cameron Weaver	0:27:57	0:27:54	Spring 5	15/04/2015	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		u20		Peter Benyon	0:27:39	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		u20	u20	Ethan Greenland	0:27:19	0:27:18	Spring 5	12/04/2017	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		SM		Mike Stroud	0:27:13	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		SM		Robin Sedman-Smith	0:26:48	~	Spring 5	08/04/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		SM		Robin Sedman-Smith	0:26:08	~	Buckley Charity	08/06/2003	Buckley RC	*MJL result sheet
5 Miles		M35		Gary Withers	0:26:42	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
	##	M35	SM	Andy Starkey	0:26:02	~	Hale	20/12/1998	Halton BC	result sheet from *GH
5 Miles		M40		Bob Benson	0:27:14	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M40		Alan Morris	0:26:24	~	Spring 5	06/04/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M45		John Fidler	0:26:20	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M45	o40	John Fidler	0:26:13	~	Birkenhead Park	03/06/1998	Wirral AC	www.wirralac.co.uk/competitionsbirkenhead-park-road-races/
5 Miles		M50	o50	John Fidler	0:27:49	~	Abergele 5	08/11/1998	Abergele H	Paper Copy
5 Miles		M55		Mike Lamb	0:35:42	~	Spring 5	07/04/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M55		Jack Thomas	0:31:34	~	Spring 5	06/04/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M55	o55	Bob Benson	0:31:25	~	BL Mold (Ind. Est. Finish)	14/12/2008	BL Buckley RC	http://bordersleague.org.uk/
5 Miles		M60		Peter Povey	0:41:13	~	Hale	20/12/1998	Halton BC	result sheet from *GH
5 Miles		M60		Sam R Fletcher	0:35:17	~	Hale	17/12/2000	Speke10k & Merseyside Yass	*BWB result sheet
5 Miles		M60		Brian Beattie	0:34:19	~	Hale	12/12/2004	Halton BC	www.runhalton.co.uk/ and BWB result sheet
5 Miles		M60	o60	Robert Freeman	0:32:27	~	BL Capenhurst	11/10/2015	Ellesmere Port RC	http://www.bordersleague.org.uk/
5 Miles		M65		Peter Povey	0:47:15	~	Hale	11/12/2005	Hale Village	*BWB result sheet
5 Miles		M65		Brian Beattie	0:42:05	~	Abergele 5	01/11/2009	Abergele H	www.abergeleharriers.co.uk/ASH.htm
5 Miles		M65		Brian Beattie	0:39:37	~	Abergele 5	07/11/2010	Abergele H	www.abergeleharriers.co.uk/ASH.htm
5 Miles		M65	o65	Dave Hough	0:35:38	0:35:33	Run the Bridge	20/04/2014	Halton BC	www.runhalton.co.uk/
5 Miles		M70		Peter Povey	0:46:19	~	Run the Bridge	08/04/2007	Halton BC	www.runhalton.co.uk/
5 Miles		M70		David Bish	0:43:02	~	Burtonwood	20/07/2013	Burtonwood Bridge ARLFC	www.spectrumstriders.org.uk/main.htm
5 Miles		M70		Brian Beattie	0:43:23	0:43:02	Spring 5	13/04/2016	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
5 Miles		M70	o70	David Bish	0:41:00	~	BL Mold (Ind. Est. Finish)	17/04/2016	BL Buckley	http://www.bordersleague.org.uk/
5 Miles		M75	o75	Peter Povey	0:54:55	~	Run the Bridge	24/04/2011	Halton BC	www.runhalton.co.uk/

*ARM Alan Morris *BWB Brian Beattie *MJL Mike Lamb
 *JLD John Driscoll *DC Dave Crawford *GH Graham Howell (LivH)

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10 Km										
10 Km		u17		James Roberts	0:37:06	~	Telford Christmas	19/12/2004	Telford AC	www.ukresults.net/index.html
10 Km		u17		Chris Goodwin	0:36:08	~	Farndon	07/03/2010	Wrexham AAC	www.wrexhamroadrunners.org.uk/
10 Km		u17		Cameron Weaver	0:34:46	~	Caernarfon BL	12/04/2015	Eryri H	http://www.bordersleague.org.uk/
10 Km		u20	u20	Alec Beaney	0:34:34	~	Sutton 6	20/09/2008	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		u20	u20	Alec Beaney	~	0:34:34	Gt Manchester Run	17/05/2009	Great Run	www.greatrun.org/Results/FullSearch.aspx
10 Km		SM		Mark Orford	0:43:20	~	Air Products	12/04/1998	South Cheshire H	www.southcheshireharriers.org.uk/
10 Km		SM		Mark Orford	0:40:59	~	Croxtheth Park	24/04/1998	LPS?	http://www.woldsvets.co.uk/OLDRESULTS-TEST.htm
10 Km		SM		Mike Stroud	0:36:22	~	Flintshire (Mold)	06/09/1998	Flintshire Council	*MJL result sheet
10 Km		SM		Andrew Clague	0:34:46	~	Sutton 6	20/09/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		SM		Mark J Davies	0:34:34	~	Zoo, Chester	25/10/1998	Capenhurst RC	*MJL result sheet
10 Km		SM		Robin Sedman-Smith	0:34:12	~	Zoo, Chester	13/10/2002	Capenhurst RC	*MJL result sheet
10 Km		SM		Robin Sedman-Smith	0:33:53	~	Caernarfon BL	02/02/2003	Eryri H	*MJL result sheet
10 Km		SM		Darragh Staunton	0:33:45	~	Caernarfon BL	28/11/2004	Eryri H	*MJL result sheet
10 Km		M35		Andy Starkey	0:35:37	~	Croxtheth Park	24/04/1998	LPS?	http://www.woldsvets.co.uk/OLDRESULTS-TEST.htm
10 Km		M35		Graham Jenkins	0:35:25	~	Birchwood	23/08/1998	Spectrum Striders	www.spectrumstriders.org.uk/main.htm
10 Km		M35		Paul Spencer	0:33:14	~	Sutton 6	20/09/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
	##	M35	SM	Andy Starkey	0:32:43	~	Zoo, Chester	25/10/1998	Capenhurst RC	*MJL result sheet
10 Km		M40		Dave Crawford	0:38:31	~	Air Products	12/04/1998	South Cheshire H	www.southcheshireharriers.org.uk/
10 Km		M40		Dave Crawford	0:36:58	~	Crewe 10k	03/05/1998	Crewe & Nantwich AC	http://www.ukresults.net/1998/crewe10k.html
10 Km		M40		Gary Withers	0:34:23	~	Sutton 6	20/09/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		M40		Graham MacNeil	0:33:32	~	NVAC monthly run	26/06/2004	Lymm	NVAC Newsletter June 04
10 Km		M45		John Fidler	0:33:51	~	Air Products	12/04/1998	South Cheshire H	www.southcheshireharriers.org.uk/
10 Km		M45		John Fidler	0:33:34	~	Eddie Faure Memorial	21/06/1998	Prestatyn RC	www.race-results.co.uk/results/
10 Km		M45	o40	John Fidler	0:33:24	~	Sutton 6	20/09/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		M50	o50	John Fidler	0:33:58	~	Zoo, Chester	25/10/1998	Capenhurst RC	*MJL result sheet
10 Km		M55		Mike Lamb	0:46:41	~	Flintshire (Mold)	06/09/1998	Flintshire Council	*MJL result sheet
10 Km		M55		Jack Thomas	0:39:50	~	Sutton 6	20/09/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		M55		John McGill	0:39:35	~	Caernarfon BL	28/11/2004	Eryri H	*MJL result sheet
10 Km		M55		Robert Freeman	0:39:01	0:38:58	Tunnel	09/06/2013	BTR Liverpool	http://www.tdl.ltd.uk/
10 Km		M55	o55	Robert Freeman	0:38:52	0:38:44	Arley Hall, Cheshire**	29/09/2013	Greenwood Ltd	http://www.cheshire10k.com/results/
10 Km		M60		Sam R Fletcher	0:42:08	~	Birchwood	23/08/1998	Spectrum Striders	www.spectrumstriders.org.uk/main.htm
10 Km		M60		Sam R Fletcher	0:41:59	~	Flintshire (Mold)	06/09/1998	Flintshire Council	*MJL result sheet
10 Km		M60		Robert Freeman	0:40:42	0:40:38	Birchwood	23/08/2015	Spectrum Striders	www.spectrumstriders.org.uk/main.htm
10 Km		M60		Robert Freeman	0:40:37	0:40:34	Sutton 6	20/09/2015	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
10 Km		M60	o60	Joe Foy	0:39:24	0:39:18	Arley Hall, Cheshire**	10/04/2016	Cheshire Run Ltd	http://www.cheshire10k.com/
10 Km		M65		Peter Povey	1:03:50	~	Birchwood	21/08/2005	Spectrum Striders	www.spectrumstriders.org.uk/main.htm
10 Km		M65		Brian Beattie	0:47:17	~	Capenhurst	06/06/2010	Capenhurst RC	http://www.capenhurst.co.uk/results.html
10 Km		M65	o65	Dave Hough	0:45:00	~	Helena Tipping	30/03/2014	Wrexham AAC	http://www.ukresults.net/2014/tipping.html
10 Km		M70		Peter Povey	0:56:48	~	Liverpool	08/10/2006	Run Liverpool	HS Sports?
10 Km		M70		David Bish	0:51:09	0:50:36	Ellesmere	25/08/2013	Oswestry Olympians	http://www.oswestryolympians.com/
10 Km		M70	o70	David Bish	0:49:36	0:49:04	Baxters River Ness	25/09/2016	Loch Ness Marathon	http://www.lochnessmarathon.com/pages/results/
10 Km		M75		Peter Povey	1:14:13	1:12:19	Tunnel	12/06/2011	Run Liverpool	http://www.tdl.ltd.uk/
10 Km		M75		Peter Povey	1:13:19	1:12:45	Birchwood	01/08/2011	Spectrum Striders	www.spectrumstriders.org.uk/main.htm
10 Km		M75	o75	Peter Povey	1:10:20	1:07:46	Tunnel	09/06/2013	BTR Liverpool	http://www.tdl.ltd.uk/
10 Miles										
10 Miles		u20								
10 Miles		SM		Andrew Clague	0:57:57	~	Flint Lifeboat '10'	04/10/1998	Flint Runners	*DC result sheet
10 Miles		SM		James Docherty	0:57:33	~	Preston	29/11/2011	Preston Harriers	www.ukroadraces.info/
	##	M35	SM	Andy Starkey	0:54:30	~	Rivacre	11/04/1999	RRJ (now EPRC)	*ARM provisional best performances 24/07/00
10 Miles		M40	o40	Gary Withers	0:55:18	~	Sale	02/08/1998	Sale H Man	*ARM provisional best performances 24/07/00
10 Miles		M45	o45	John Fidler	0:55:30	~	Rivacre	19/04/1998	RRJ (now EPRC)	*ARM provisional best performances 24/07/00
10 Miles		M50		Brian Beattie	1:07:37	~	Penny Lane Striders	21/06/1998	Penny lane Striders	http://www.woldsvets.co.uk/OLDRESULTS-TEST.htm
10 Miles		M50		Brian Beattie	1:06:54	~	Llandudno	01/11/1998	North Wales RRC	www.race-results.co.uk/results/
10 Miles		M50	o50	John Fidler	0:58:54	~	Rivacre	01/04/2001	RRJ (now EPRC)	*JLD result sheet
10 Miles		M55		Jack Thomas	1:06:12	~	Flint Lifeboat '10'	04/10/1998	Flint Runners	*DC result sheet
10 Miles		M55	o55	Jack Thomas	1:03:01	~	Llandudno	01/11/1998	North Wales RRC	www.race-results.co.uk/results/
10 Miles		M60		Brian Beattie	1:11:56	~	Llandudno	21/11/2004	North Wales RRC	www.race-results.co.uk/results/
10 Miles		M60		Brian Beattie	1:10:47	~	Sale	07/08/2005	Sale H Man	www.ukresults.net/index.html
10 Miles		M60	o60	Brian Beattie	1:09:46	~	Llandudno	13/11/2005	North Wales RRC	www.race-results.co.uk/results/
10 Miles		M65	o65	Brian Beattie	1:17:50	~	Sale	01/08/2010	Sale H Man	www.race-results.co.uk/results/
10 Miles		M70	o70	David Bish	1:24:31	1:23:35	Plusnet Yorkshire	09/10/2016	Run For All	http://www.runbritainrankings.com/

*ARM Alan Morris *BWB Brian Beattie *MJL Mike Lamb
 *JLD John Driscoll *DC Dave Crawford *GH Graham Howell (LivH)

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1/2 Mar		u20	u20	Adam Parr	1:22:06	1:22:05	Four Villages	22/01/2012	Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
1/2 Mar		SM		Gary Dean	1:21:20	~	Chester	24/05/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		SM		Mark J Davies	1:20:13	~	Four Villages	24/01/1999	Helsby RC	*MJL result sheet
1/2 Mar		SM		Chris Mayer	1:18:18	~	Wilmslow	23/03/1999	Wilmslow RC	www.wilmslowhalfmarathon.org.uk/results-and-photos/
1/2 Mar		SM		Ian Brown	1:16:40	~	Chester	21/05/2000	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		SM		Andrew Clague	1:15:54	~	Chester	26/05/2002	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		SM		Robin Sedman-Smith	1:14:15	~	Chester	18/05/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M35		Ian Wade	1:30:41	~	Chester	24/05/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M35		Paul Spencer	1:25:28	~	Four Villages	24/01/1999	Helsby RC	*MJL result sheet
1/2 Mar		M35		Kenny Begley	1:16:20	~	Chester	23/05/1999	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M35		Kenny Begley	1:15:27	~	Chester	21/05/2000	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar	##	M35	SM	Kenny Begley	1:12:13	~	Chester	20/05/2001	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M40		Chris Rhodes	1:27:42	~	Chester	24/05/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M40		Graham Earlam	1:23:27	~	Village Bakery	21/02/1999	Wrexham AAC	*MJL result sheet
1/2 Mar		M40		Graham Earlam	1:19:43	~	Four Villages	23/01/2000	Helsby RC	*MJL result sheet
1/2 Mar		M40		Graham Earlam	1:17:48	~	Wilmslow**	26/03/2000	Wilmslow RC	http://www.joelee.co.uk/resindex.html
1/2 Mar		M40		Andy Starkey	1:16:19	~	Four Villages	20/01/2002	Helsby RC	*MJL result sheet
1/2 Mar		M40		Graham MacNeil	1:15:27	1:15:24	Four Villages	23/01/2005	Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
1/2 Mar		M45		Bob Benson	1:24:40	~	Vyrnwy	27/09/1998	Oswestry Olympians	*BWB result sheet
1/2 Mar		M45		Richard Batterham	1:23:02	~	Four Villages	24/01/1999	Helsby RC	*MJL result sheet
1/2 Mar		M45		Bob Benson	1:21:34	~	Wilmslow	28/03/1999	Wilmslow RC	www.wilmslowhalfmarathon.org.uk/results-and-photos/
1/2 Mar		M45		Paul Frodsham	1:15:56	~	Chester	18/05/2003	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M50		Brian Beattie	1:27:56	~	Chester	24/05/1998	West Cheshire AC	http://www.westcheshireac.co.uk/races/races-results-archive/
1/2 Mar		M50	o40	John Fidler	1:13:10	~	Four Villages	24/01/1999	Helsby RC	*MJL result sheet
1/2 Mar		M55	o55	Jack Thomas	1:24:41	~	Vyrnwy	27/09/1998	Oswestry Olympians	*BWB result sheet
1/2 Mar		M60		Mike Lamb	1:47:10	~	Four Villages	20/01/2002	Helsby RC	*MJL result sheet
1/2 Mar		M60		Brian Beattie	1:33:13	~	Four Villages	18/01/2004	Helsby RC	www.helsbyrunningclub.org.uk/halfmarathon/index.htm
1/2 Mar		M60		Brian Beattie	1:31:58	~	Village Bakery	22/02/2004	Wrexham AAC	www.wrexhamroadrunners.org.uk/
1/2 Mar		M60		Joe Foy	1:26:28	1:26:22	Village Bakery	15/02/2015	Cute Fruit Events	http://www.niftyentries.com/Results
1/2 Mar		M60	o60	Joe Foy	~	1:26:02	Semi Marathon de Paris	08/03/2015	Amaury Sport Organisation	http://www.semideparis.com/fr/resultats.html
1/2 Mar		M65		Brian Beattie	1:41:30	~	Village Bakery	15/02/2009	Wrexham AAC	http://www.ukresults.net/2009/bakeryhalf.html
1/2 Mar		M65		Dave Hough	1:41:38	1:41:26	Vyrnwy	14/09/2014	Lake Vyrnwy Half Marathon	https://www.sportsystems.co.uk/ss/results
1/2 Mar		M65	o65	Richard Batterham	1:36:01	1:35:48	Village Bakery	15/02/2015	Cute Fruit Events	http://www.cutefruitlevents.com/
1/2 Mar		M70		Dave Bish	1:52:20	1:52:13	Congleton**	06/10/2013	Congleton H	http://sportsystems.co.uk/ss/results
1/2 Mar		M70	o70	Dave Bish	1:54:46	1:50:59	Chester	15/05/2016	Active Leisure Events	http://www.niftyentries.com/Results
Marathon		u20	u20	Michael Lyness	~	3:37:52	New York	06/11/2011	New York RR	www.marathonguide.com/
Marathon		SM		Kenny Begley	2:59:09	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon		SM		Iain Wedge	2:51:36	~	London	18/04/2004	London Marathon	www.marathonguide.com/
Marathon		M35		Terry Ryan	2:59:54	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon		M35		Kenny Begley	2:50:47	~	London	16/04/2000	London Marathon	WCAC Newsletter May 2000
Marathon		M35		Kenny Begley	2:44:24	~	London	22/04/2001	London Marathon	www.marathonguide.com/
Marathon		M40		Mark Worrall	2:58:33	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon	##	M40	SM	Kenny Begley	2:39:48	~	London	18/04/2004	London Marathon	www.marathonguide.com/ - No club names!
Marathon		M45		Richard Batterham	2:55:24	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon		M45	o45	Bob Benson	2:52:01	~	London	18/04/1999	London Marathon	*ARM provisional best performances 24/07/00
Marathon		M50		Brian Beattie	3:12:32	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon		M50		Richard Batterham	2:53:42	~	London	16/04/2000	London Marathon	*ARM provisional best performances 24/07/00
Marathon		M50	o50	Richard Batterham	2:53:41	~	London	14/04/2002	London Marathon	www.marathonguide.com/
Marathon		M55	o55	Jack Thomas	3:04:21	~	London	26/04/1998	London Marathon	West Cheshire News No2
Marathon		M60		Brian Beattie	3:35:27	~	London	18/04/2004	London Marathon	http://www.ukresults.net/index.html
Marathon		M60		Brian Beattie	~	3:25:47	London	17/04/2005	London Marathon	www.marathonguide.com/
Marathon		M65		Brian Beattie	~	3:46:44	London	26/04/2009	London Marathon	http://results-2009.london-marathon.co.uk/
Marathon		M65		Brian Beattie	3:44:39	3:44:32	Chester	31/05/2010	Active Leisure Events	www.activeleisureevents.co.uk/full-marathon
Marathon		M65	o60	Richard Batterham	~	3:23:22	London	26/04/2015	London Marathon	
Marathon		M70		David Bish	~	4:27:23	London	13/04/2014	London Marathon	http://results-2014.virginmoneylondonmarathon.com/2014/
Marathon		M70	o70	Brian Beattie	4:20:54	4:19:08	Chester	05/10/2014	Active Leisure Events	http://www.tdl.ltd.uk/
*** Hilly!		SM		Mike Stroud	3:16:10	~	*** Snowdonia	31/10/1999	Snowdonia	http://www.ukresults.net/1999/snowdonia.html
		SM		Stephen Skates	2:56:15	~	*** Snowdonia	29/10/2011	Marathon Eryri Cyf	http://www.tdl.ltd.uk/index.php