West Cheshire AC Road Race Rankings 2016

NOTE : (5 year) age groups at time of performance(if d.o.b. is known).
BDS handicap number added in for interest - same number at each distance is the same level of performance (approximately)
MALE

5K			Time	c = Chip Time	Event		H'cap Code	2015 Best (gun to fin)
Tom	BOOTH	M20	0:16:45		O'Hagan's, Auckland, NZ	27-Sep	7.0	17:36
Christy	MAGEEAN	MU20	0:16:47	c	Christleton	20-May	7.1	
David	ALEXANDER	M45	0:16:59	c	Christleton	20-May	7.8	17:08
Mark	DAVIES	M35	0:17:15	c	Christleton	20-May	8.6	17:21
Robert	LITTLE	M35	0:17:15	c	Christleton	20-May	8.6	17:55
Andrew	CARTER	M45	0:17:38	c	Mid-Cheshire - 2	25-Aug	9.8	19:14
Graham	WELLS	M40	0:17:45	c	Mid-Cheshire - 2	25-Aug	10.2	
Ian	GLOYNE-PHILLIPS	M40	0:17:56	c	Christleton	20-May	10.7	
Andrew	CLAGUE	M45	0:18:19	c	Christleton	20-May	11.9	17:56
Neil	HERSHAW	M50	0:18:40	c	Mid-Cheshire - 2	25-Aug	12.9	18:20
Andrew	STARKEY	M55	0:19:04		Bowdon 5k	9-Jun	14.1	
Joe	FOY	M60	0:19:11	c	Mid-Cheshire, Kingsley	28-Apr	14.4	
Luke	ELLIS	M30	0:19:22	c	Ellesmere Port, Capenhurst	17-Aug	14.9	18:30
Isaac	TAIT	MU13	0:19:25		Lanzarote,ESP	5-Nov	?	
Richard	HUNT	M40	0:22:24	c	Mid-Cheshire, Kingsley	28-Apr	22.9	32:32
David	BISH	M70	0:23:25	c	Christleton	20-May	25.3	24:45
Richard	BATTERHAM	M65	0:23:32		Hollins Green	19-Jun	25.6	
Brian	BEATTIE	M70	0:26:01	c	Christleton	20-May	31.0	

5 Mile								
Christy	MAGEEAN	MU20	0:28:31		Chester (BL)	6-Nov	9.6	
Ethan	GREENLAND	MU20	0:28:32		Chester (BL)	6-Nov	9.7	
Jose	POYATOS	M40	0:28:35		Chester (BL)	6-Nov	9.7	
Rob	LITTLE	M40	0:28:49		Chester (BL)	6-Nov	10.2	29:40
David	ALEXANDER	M45	0:29:03		Mold (BL)	17-Apr	10.6	
Mark	DAVIES	M35	0:29:23	c	Chester Spring	13-Apr	11.3	28:59
Daniel	MITCHELL	M20	0:29:34		Chester (BL)	6-Nov	11.6	
Ian	GLOYNE-PHILLIPS	M40	0:29:48		Chester (BL)	6-Nov	12.0	29:53
John	PARLEVLIET	M35	0:29:52		Abergele (BL)	24-Jan	12.1	31:33
Graham	WELLS	M40	0:29:55		Chester (BL)	6-Nov	12.2	
Andrew	CLAGUE	M45	0:29:56		Chester (BL)	6-Nov	12.3	30:47
David	TAIT	M45	0:30:00		Abergele (BL)	24-Jan	12.4	
Richard	HAYES	M45	0:30:09		Chester (BL)	6-Nov	12.7	
Jack	GANNON	M25	0:30:10	c	Chester Spring	13-Apr	12.7	30:42
David	DENTITH	MU20	0:30:19		Chester (BL)	6-Nov	13.0	
Jac	GOODALL	MU20	0:30:54		Chester (BL)	6-Nov	14.0	
Andrew	CARTER	M45	0:30:58		Abergele (BL)	24-Jan	14.1	30:21
Phil	WOODLEY	M25	0:31:22	c	Chester Spring	13-Apr	14.8	32:06
Chris	PALMER	M	0:31:47		Chester (BL)	6-Nov	15.5	
Robert	FREEMAN	M60	0:32:00		Abergele (BL)	24-Jan	15.9	31:29
Dave	TIERNAN	M50	0:32:00		Abergele (BL)	24-Jan	15.9	35:32
Alex	STANIFORTH	M20	0:32:02		Mold (BL)	17-Apr	16.0	
Andrew	DAWE	M45	0:32:05		Chester (BL)	6-Nov	16.1	

Neil	WEBSTER	M45	0:32:19		Chester (BL)	6-Nov	16.4	
Tony	WOODALL	M40	0:32:43		Mold (BL)	17-Apr	17.1	31:30
Alan	LITTLER	M25	0:32:44	c	Chester Spring	13-Apr	17.1	
Joe	FOY	M60	0:33:02		Chester (BL)	6-Nov	17.6	33:04
Rob	SHELLIE	M40	0:33:23		Abergele (BL)	24-Jan	18.2	
Greg	JONES	MU20	0:33:26		Chester (BL)	6-Nov	18.3	
Bob	BENSON	M60	0:33:36		Chester (BL)	6-Nov	18.6	34:12
Neil	CARTER	M55	0:33:49		Chester (BL)	6-Nov	18.9	34:04
Chris	WHITE	M20	0:34:08	c	Chester Spring	13-Apr	19.4	
Tristian	McFARLANE	MU20	0:34:08		Chester (BL)	6-Nov	19.4	
Sydney	HODGES	M45	0:34:22		Abergele (BL)	24-Jan	19.8	33:48
Matthew	SMITH (WC)	M20	0:34:42		Abergele (BL)	24-Jan	20.3	
Rory	WILLSON	MU20	0:35:28		Chester (BL)	6-Nov	21.5	
Harrison	BRITTON	MU20	0:35:38	c	Chester Spring	13-Apr	21.8	
Julian	TEGG	M45	0:36:07		Chester (BL)	6-Nov	22.5	
Richard	BATTERHAM	M65	0:36:45		Abergele (BL)	24-Jan	23.5	
Phil	HOWE	M45	0:36:54		Abergele (BL)	24-Jan	23.7	
Richard	HUNT	M40	0:37:58	c	Chester Spring	13-Apr	25.2	
Darren	SHILLINGTON	M45	0:38:16		Chester (BL)	6-Nov	25.7	
Tony	KENNEDY	M55	0:38:31		Chester (BL)	6-Nov	26.0	
Peter	SMITH	M55	0:38:40		Chester (BL)	6-Nov	26.2	39:52
Mark	POVEY	M45	0:40:57	c	Alderley Edge By-pass	3-Jul	29.4	40:03
David	BISH	M70	0:41:00		Mold (BL)	17-Apr	29.4	
Brian	BEATTIE	M70	0:42:56		Abergele (BL)	24-Jan	31.9	43:59
Dave	BRIERLEY	M55	0:49:41		Mold (BL)	17-Apr	39.9	47:45

10K

Robert	LITTLE	M40	0:35:41	c	Cheshire2, Arley Hall	12-Nov	9.7	36:48
Jose	POYATOS	M40	0:35:57	c	Farndon	16-Oct	10.1	
Mark	DAVIES	M40	0:36:31		Caernarfon (BL)	9-Oct	10.9	37:02
Ethan	GREENLAND	MU20	0:36:38		Caernarfon (BL)	9-Oct	11.1	
David	ALEXANDER	M45	0:37:04		Caernarfon (BL)	9-Oct	11.7	
Tom	BOOTH	M20	0:37:14		Auckland YMCA, NZ	29-Sep	12.0	38:27
Andrew	CLAGUE	M45	0:37:21		Caernarfon (BL)	9-Oct	12.1	38:43
Graham	WELLS	M40	0:37:32	c	Guilden Sutton	18-Sep	12.4	37:05
Richard	HAYES	M45	0:37:37		Caernarfon (BL)	9-Oct	12.5	
Ian	GLOYNE-PHILLIPS	M40	0:37:44		Caernarfon (BL)	9-Oct	12.7	
Andrew	CARTER	M45	0:37:53		Caernarfon (BL)	9-Oct	12.9	38:08
Neil	HERSHAW	M50	0:38:31		Caernarfon (BL)	9-Oct	13.8	37:22
Joe	FOY	M60	0:39:18	c	Cheshire, Arley Hall	10-Apr	14.9	40:49
Robert	FREEMAN	M60	0:39:44	c	Cheshire, Arley Hall	10-Apr	15.5	39:38
Andrew	DAWE	M45	0:39:49		Caernarfon (BL)	9-Oct	15.6	
John	PARLEVLIET	M40	0:40:30		Caernarfon (BL)	9-Oct	16.6	
Luke	ELLIS	M30	0:40:35	c	Guilden Sutton	18-Sep	16.7	39:17
Chris	WHITE	M25	0:40:46	c	Guilden Sutton	18-Sep	16.9	
Stephen	CUNNINGHAM	M40	0:41:13	c	Flintshire, Mold	23-Oct	17.5	
Tristan	McFARLANE	MU20	0:41:17	c	Guilden Sutton	18-Sep	17.6	
Patrick	TAIT	MU20	0:42:07	c	Guilden Sutton	18-Sep	18.7	
Bob	BENSON	M60	0:42:09		Caernarfon (BL)	9-Oct	18.7	
Julian	TEGG	M40	0:42:10	c	Port Sunlight	17-Apr	18.8	
Greg	JONES	MU20	0:43:25		Caernarfon (BL)	9-Oct	20.4	

Rory	WILLSON	MU20	0:45:14		Caernarfon (BL)	9-Oct	22.6	
Dave	TIERNAN	M50	0:46:19		Caernarfon (BL)	9-Oct	23.9	
Harrison	BRITTON	MU20	0:46:52		Caernarfon (BL)	9-Oct	24.5	
Richard	HUNT	M40	0:47:05	c	Whitley	24-Apr	24.8	
Richard	BATTERHAM	M65	0:47:27		Caernarfon (BL)	9-Oct	25.2	49:32
Matthew	SMITH	MU20	0:47:47		Caernarfon (BL)	9-Oct	25.6	
John	PUGHE	M45	0:48:48	c	Port Sunlight	17-Apr	26.7	
Ian	ACKROYD	M55	0:48:48		Merseyside, Liverpool	2-Oct	26.7	
David	BISH	M70	0:49:04	c	River Ness	25-Sep	27.0	55:10
Peter	SMITH	M50	0:49:43		Caernarfon (BL)	9-Oct	27.7	49:27
Mark	POVEY	M45	0:51:32	c	Birchwood	21-Aug	29.7	50:24

10 Miles

Mark	DAVIES	M35	1:02:17		Wrexham	30-Apr	13.0	1:06:07
David	BISH	M70	1:23:35		York	9-Oct	29.0	

Half-marathon

Robert	LITTLE	M35	1:20:29	c	Chester	15-May	11.4	1:20:21
David	TAIT	M45	1:21:18	c	Wrexham (VB)	14-Feb	12.0	1:26:20
David	ALEXANDER	M45	1:23:01		Lanzarote	2-Nov	13.1	
Ian	GLOYNE-PHILLIPS	M40	1:23:06	c	Manchester	16-Oct	13.2	
Andrew	CARTER	M45	1:23:43	c	4 Villages, Helsby	17-Jan	13.6	1:34:50
Graham	WELLS	M40	1:24:26	c	4 Villages, Helsby	17-Jan	14.0	1:25:23
Andrew	CLAGUE	M45	1:24:31	c	Chester	15-May	14.1	1:23:12
Jack	GANNON	M25	1:26:20	c	Wrexham (VB)	14-Feb	15.2	1:26:09
Joe	FOY	M60	1:26:48	c	Chester	15-May	15.5	1:26:02
Alex	STANIFORTH	M20	1:27:46	c	Wrexham (VB)	14-Feb	16.1	
Robert	FREEMAN	M60	1:28:07	c	Liverpool	13-Mar	16.4	1:28:56
Wullie	McGARRELL	M50	1:28:16	c	Manchester	16-Oct	16.4	
Antony	WOODALL	M40	1:28:59	c	Chester	15-May	16.9	
Mark A	DAVIES	M35	1:30:33	c	Wrexham (VB)	14-Feb	17.8	1:27:25
Stephen	CUNNINGHAM	M40	1:30:53	c	Chester	15-May	18.0	
Philip	WOODLEY	M25	1:31:35	c	Run Tatton	20-Nov	18.5	1:28:48
Chris	WHITE	M25	1:33:36	c	Great Birmingham Run	16-Oct	19.6	
Andrew	STARKEY	M50	1:33:39	c	4 Villages, Helsby	17-Jan	19.7	
Stephen	HILLIER	M35	1:34:26	c	Lake Vyrnwy	11-Sep	20.1	1:36:03
Neil	CARTER	M50	1:35:18	c	Wrexham (VB)	14-Feb	20.6	1:34:18
Ben	McKEAN	M30	1:35:43	c	Wrexham (VB)	14-Feb	20.9	1:30:44
Sydney	HODGES	M45	1:39:33	c	4 Villages, Helsby	17-Jan	23.0	1:41:50
Richard	BATTERHAM	M65	1:39:55	c	Wrexham (VB)	14-Feb	23.2	1:36:00
Tony	KENNEDY	M55	1:49:11	c	4 Villages, Helsby	17-Jan	28.0	1:42:14
Peter	SMITH	M50	1:49:51	c	4 Villages, Helsby	17-Jan	28.4	1:53:23
Richard	HUNT	M45	1:50:04	c	Congleton	2-Oct	28.5	
David	BISH	M70	1:50:59	c	Chester	15-May	28.9	
Mark	POVEY	M45	1:54:13	c	Liverpool	13-Mar	30.5	1:52:27
Brian	BEATTIE	M70	1:54:49	c	Wrexham (VB)	14-Feb	30.8	1:53:52
Neil	WEBSTER	M45	1:59:51	c	Manchester	16-Oct	33.1	
Mark J	DAVIES	M45	2:00:58	?	Great North Run	11-Sep	33.6	2:18:23

Marathon

David	TAIT	M45	2:57:03	?	Rotterdam, NED	10-Apr	13.0	2:57:51
Andrew	CARTER	M45	3:11:59	c	London	24-Apr	17.4	
Neil	WEBSTER	M45	3:15:30	c	London	24-Apr	18.4	3:28:30
Julian	TEGG	M45	3:31:31	c	Chester	2-Oct	22.7	
Richard	BATTERHAM	M65	3:32:50	c	London	24-Apr	23.0	3:23:22
Jack	GANNON	M25	3:36:28	c	London	24-Apr	24.0	
Ben	McKEAN	M30	3:43:32	c	London	24-Apr	25.7	
Neil	CARTER	M55	3:44:23	c	Chester	2-Oct	25.9	
Sydney	HODGES	M45	3:57:34	c	London	24-Apr	29.0	
Wullie	McGARRELL	M50	3:59:48	c	Chester	2-Oct	29.5	
David	BISH	M70	4:23:45	c	London	24-Apr	34.7	