

Pos	Competitor	Club	Cat	Time	Pos	Competitor	Club	Cat	Time
1	Proudlove, Mike	City Of Stoke	SM	23:49	66	Heath, Jennifer	Sale Harriers	SF	29:07
2	Stokes, Stuart	Sale Harriers	SM	23:57	67	Johnstone, S C	Nene Valley Harriers	SM	29:12
3	Girvan, Mike	Warrington AC	MV40	24:37	68	Johnson, Richard	Vale Royal AC	SM	29:14
4	Reilly, Darren	Liverpool Pem & Sefton	SM	24:44	69	Garnett, Andy	Spectrum Striders	MV40	29:16
5	Matthews, Gary	East Cheshire Harriers	SM	25:09	70	Davies, Tim	Deestridders	SM	29:20
6	Boileau, Paul	Spectrum Striders	SM	25:20	71	Hanson, David	Vale Royal AC	MV40	29:22
7	Carrington, Dave	Sale Harriers	MV40	25:26	72	Ratcliffe, John	Tattenhall Runners	MV50	29:28
8	Benson, Mark	Liverpool Harriers	SM	25:29	73	Felton, Stephen	South Liverpool	MV40	29:32
9	Norgrove, Gary	Wrexham AC	SM	25:31	74	McHale, Frank	Tattenhall Runners	MV50	29:34
10	Moss, Ken	Vale Royal AC	MV45	25:40	75	Riley, Alan	Unattached	SM	29:35
11	Wetherall, Ian	Helsby RC	SM	25:42	76	Carr, Richard	Wrexham AC	MV45	29:38
12	Hatton, Keith	Liverpool Harriers	SM	25:49	77	Cutler, Mike	South Cheshire Harriers	MV40	29:40
13	Fidler, John	West Cheshire AC	MV45	26:20	78	Walker, Marcus	Helsby RC	MV40	29:42
14	Kettle, John	Unattached	SM	26:28	79	Rimmer, Andy	Liverpool Pembroke	SM	29:44
15	Bergin, Gary	Spectrum Striders	SM	26:37	80	Crawford, David	West Cheshire AC	MV40	29:46
16	Brown, Kevin	Wrexham AC	MV45	26:38	81	Harbron, Chris	Wirral AC	SM	29:50
17	Withers, Gary	West Cheshire AC	SM	26:42	82	Whiteside, Michael	Helsby RC	MV50	29:54
18	Hagger, Martin	Macclesfield Harriers	SM	26:50	83	Fearnhead, G.	Buckley Runners	SM	29:55
19	Peerless, John	Wirral AC	MV40	26:53	84	Morris, John	Vauxhall AC	MV50	29:56
20	Maker, Peter	Vale Royal AC	MV40	27:02	85	Carter, Roger	Unattached	SM	29:58
21	McWilliam, R.	RAF Sealand	SM	27:05	86	Carson, John	West Cheshire AC	JM	30:00
22	Spencer, Paul	West Cheshire AC	SM	27:07	87	Percival, John	Road Runners Club	MV40	30:02
23	MacNeil, Graham	Helsby RC	SM	27:08	88	Manson, Gordon	Oswestry Olympians	MV40	30:05
24	Hodgson, Allan	RAF Sealand	SM	27:09	89	Pratten, Nigel	Wirral AC	MV55	30:09
25	Norgrove, Andy	Wrexham AC	SM	27:10	90	Jones, Sarah	Macclesfield Harriers	SF	30:14
26	Rigby, Steven	Northern Veterans AC	MV45	27:11	91	Walker, Steve	Unattached	SM	30:17
27	Kershaw, John	Macclesfield Harriers	MV45	27:12	92	Large, George	Northern Veterans AC	MV50	30:18
28	Stroud, Mike	West Cheshire AC	SM	27:13	93	Jarvis, Michael	Wrexham AC	JM	30:20
29	Benson, Bob	West Cheshire AC	MV40	27:14	94	Jarvis, Ken	Wrexham AC	SM	30:21
30	Wood, Roger	Helsby RC	MV45	27:19	95	Woodward, Simon	West Cheshire AC	SM	30:22
31	Hawitt, Keith	Oswestry Olympians	JM	27:23	96	Davies, Emma	Deeside AC	SF	30:34
32	Parker, Sue	Sale Harriers	SM	27:24	97	Shone, Grahame	Abergele	MV45	30:35
33	Woods, Ronnie	Liverpool R.C.	SM	27:26	98	Tabor, Mark	Ches Fire Brigade	SM	30:35
34	Hinson, Mark	Helsby RC	SM	27:33	99	Edwards, Jason	Unattached	JM	30:36
35	Davies, Chris	Deestridders	SM	27:34	100	Stevens, Paul	North Wales Police	SM	30:38
36	Benyon, Peter	West Cheshire AC	JM	27:39	101	Raisbeck, Lee	Oswestry Olympians	JM	30:45
37	Cawley, Alan	North Wales RRC	SM	27:45	102	Wood, Suzanne	Vale Royal AC	SF	30:46
38	Clague, Andrew	West Cheshire AC	SM	27:46	103	Adams, Brian	Northern Veterans AC	MV60	30:47
39	Lancaster, Ian	Tattenhall Runners	SM	27:52	104	Jones, Dan	Wrexham AC	JM	30:49
40	Worrall, Mark	West Cheshire AC	MV40	28:05	105	Cox, Dave	Rivacre Runners	SM	30:57
41	Bradley, Stephen	Road Runners Club	MV40	28:11	106	Aldcroft, Robert	Wirral AC	MV45	30:57
42	Clarke, Julian	Unattached	SM	28:14	107	Orford, Mark	West Cheshire AC	SM	30:59
43	Jones, David	Denbigh Harriers	MV45	28:17	108	Jones, Steve	Unattached	SM	31:03
44	Houston, Ian	Deestridders	SM	28:19	109	Donavan, Clive	Unattached	SM	31:07
45	Broadfoot, Steve	Road Runners Club	SM	28:22	110	Griffiths, Rob	Chester Tri Club	SM	31:10
46	Nolan, Peter	Macclesfield Harriers	MV50	28:23	111	Fletcher, Andrew	Unattached	SM	31:12
47	Hulme, Paul	South Cheshire Harriers	SM	28:31	112	Loftus, Stephen	Unattached	SM	31:13
48	Kickers, Andrew	Unattached	SM	28:33	113	Robertson, J	Prestatyn RC	MV45	31:14
49	Salmon, Robert	Unattached	SM	28:33	114	Searle, Barry	Unattached	SM	31:15
50	Carson, Ian	Wrexham AC	MV45	28:34	115	Longoni, Enrico	West Cheshire AC	MV45	31:15
51	Ellis, Simon	Tattenhall Runners	SM	28:35	116	Wilson, Arthur	Unattached	SM	31:16
52	Aird, Paul	Deestridders	SM	28:36	117	Anstey, Curt	Road Runners Club	SM	31:18
53	Scriven, Bill	Prestatyn RC	MV40	28:38	118	Myerscough, Debbie	Unattached	SF	31:21
54	Ryan, Terry	Rivacre Runners	SM	28:49	119	Drury, David	Picton AC	SM	31:21
55	Peerless, Phil	Wirral AC	SM	28:50	120	Brodie, David	Pensby Road Runners	MV50	31:27
56	Dean, Gary	West Cheshire AC	SM	28:52	121	Griffiths, Helen	Wrexham AC	SF	31:30
57	Millar, Gary	Unattached	SM	28:55	122	Hunter, Billy	Colwyn Bay AC	SM	31:31
58	Hughes, Aled	Unattached	SM	28:57	123	Redfern, Isabel	Colwyn Bay AC	SF	31:35
59	Foster, Andrew	Warrington AC	MV40	29:04	124	Smith, Andy	Daresbury Accelerate	SM	31:36
60	Thomas, Paul	Wrexham AC	SM	29:04	125	Clark, Jonathan	Unattached	SM	31:38
61	Mainwaring, John	Unattached	MV40	29:05	126	Hughes, Gareth	Prestatyn RC	MV50	31:40
62	Jones, Kevin	Prestatyn RC	SM	29:05	127	Wood, Suzanne	Vale Royal AC	SM	31:42
63	Morgan, Chris	West Cheshire AC	MV45	29:06	128	Fay, Stephen	Ford Halewood AC	MV45	31:51
64	Jost, Robert W	St Helens Striders	MV45	29:06	129	Johnson, Terence	Vale Royal AC	SM	31:59
65	Fleetwood, Les	Rivacre Runners	SM	29:07	130	Cobb, Peter	Deestridders	SM	32:06

Pos	Competitor	Club	Cat	Time	Pos	Competitor	Club	Cat	Time
131	Nolan, Rachel	Macclesfield Harriers	SF	32:11	193	Astle, Michael	British Tri Assoc	SM	36:16
132	Walker, Simon	South Cheshire Harriers	SM	32:12	194	Houldin, Mark	Capenhurst	SM	36:32
133	Nolan, David	Macclesfield Harriers	JM	32:13	195	Horton, Liz	West Cheshire AC	SF	36:43
134	Powell, Terry	Vale Royal AC	MV45	32:21	196	Pritchard, Gareth	Abergele	SM	36:45
135	Barrow, Colin	Denbigh Harriers	MV40	32:23	197	Bromley, Adrian	Cheshire Tally Ho	MV50	36:48
136	Lewis, Shaun	Unattached	SM	32:26	198	Dobson, Liz	Helsby RC	SF	36:53
137	Wilson, Roger	North Wales Police	SM	32:30	199	Brocklehurst, John	Rivacre Runners	MV45	36:54
138	Norris, Michael	Deestridders	SM	32:32	200	Salthouse, Mark	Unattached	SM	37:05
139	Pike, Jonathan	Chester Tri Club	SM	32:33	201	Whitaker, Kester	Unattached	SM	37:05
140	Owen, Sandra	Tattenhall Runners	FV40	32:36	202	Cavanagh, Sue	West Cheshire AC	SF	37:08
141	Owens, David	Unattached	SM	32:38	203	Pritchard, Claire	Deestridders	SF	37:11
142	Settles, David	Northern Veterans AC	MV50	32:40	204	Woodward, Mark	St Helens Striders	SM	37:18
143	Chambers, Barry	Vale Royal AC	MV45	32:44	205	Machin, Polly	Birkenhead AC	SF	37:26
144	Ladanowski, J	Teesdale	MV45	32:50	206	Eve, Richard	Rivacre Runners	SM	37:29
145	Stevens, Graham	Unattached	SM	32:53	207	Redpath, Ruth	Unattached	SF	37:33
146	Edwards, Claire	Village Runners	SF	32:56	208	Walsh, Andrew	Unattached	JM	37:50
147	Devereux, Phil	Village Runners	SM	32:57	209	Peerless, Lorraine	Wirral AC	FV40	37:52
148	Ballard, Neil	Unattached	SM	33:07	210	Crossland, J.	Unattached	MV50	38:09
149	Roberts, Edward	Ford Halewood AC	MV45	33:09	211	Davenport, Maggie	Vale Royal AC	FV40	38:14
150	Jones, Kim	Wrexham AC	SF	33:12	212	Webb, Jane	Wrexham AC	SF	38:19
151	Frost, Barry	Buckley Runners	SM	33:13	213	Thomas, Mark	Unattached	SM	38:27
152	Knight, Roger	Capenhurst	MV45	33:15	214	Machin, Val	Birkenhead AC	FV50	38:34
153	Morrell, Maurice	Wirral AC	MV60	33:22	215	Jones, Carys	North Wales RRC	SF	39:03
154	Carson, David	Unattached	MV45	33:35	216	Edmondson, Dave	Unattached	MV40	39:08
155	Wright, Nic	Unattached	SM	33:39	217	Murphy, Jeanette	Ford Halewood AC	FV50	39:11
156	Meredith, Mary	Prestatyn RC	FV50	33:40	218	Holt, Debbie	Unattached	SF	39:21
157	McCusker, K	Deestridders	SM	33:45	219	Radford, Mary	West Cheshire AC	FV50	39:35
158	Bull, John	Unattached	SM	33:51	220	Chattle, Paul	Unattached	MV40	40:00
159	Anderson, Chris	South Liverpool	SM	33:53	221	Baths, Heidi	Unattached	SF	40:02
160	Murphy, William	Ford Halewood AC	MV55	33:54	222	Lloyd, Geraint	Wrexham AC	MV55	40:08
161	Salt, David	Unattached	SM	33:57	223	O'Keefe, Alex	Unattached	JM	40:11
162	Gibbons, Alan	Unattached	MV45	33:59	224	Bates, Tom	Rivacre Runners	SM	40:26
163	Docking, Margaret	Wrexham AC	FV40	34:03	225	Walsh, Christine	Unattached	FV40	40:39
164	Lee, Marcus	Unattached	SM	34:09	226	Redpath, Janet	Unattached	FV40	41:02
165	Jones, Neville	Warrington AC	MV60	34:15	227	Stevens, Melanie	Unattached	SF	41:47
166	Temple, David	Deestridders	JM	34:18	228	Mirty, Joan	Helsby RC	SF	41:58
167	Parsons, Tony	Unattached	MV50	34:21	229	Clague, Lesley	Tattenhall Runners	FV50	42:09
168	Burton, Catherine	Macclesfield Harriers	SF	34:24	230	Hunter, Rowena	North Wales RRC	SF	42:16
169	Keasley, Jackie	Helsby RC	SF	34:29	231	Mitchell, Helen	Deestridders	SF	42:18
170	Bevan, Alan	Unattached	SM	34:31	232	Murphy Josephine	Helsby RC	FV40	42:48
171	Heaton, Andy	West Cheshire AC	SM	34:34	233	Astle, Margaret	Unattached	FV40	43:05
172	Dog, Fred A	Last Inn Runners	SF	34:36	234	Price, Rosemary	Unattached	FV40	43:12
173	McGibbon, Tom	Unattached	SM	34:41	235	O'Keefe, Jerry	Unattached	MV40	43:14
174	Bromley, Paul	Cheshire Tally Ho	SM	34:47	236	Musson, Nicky	Rivacre Runners	SF	43:19
175	McGuigan, Brian	Wirral AC	MV60	34:48	237	Barton, David	Ford Halewood AC	MV50	43:23
176	Rickers, Martin	Unattached	MV45	34:49	238	Hunter, Marilyn	Unattached	FV50	43:40
177	Wright, ?	Wrexham AC	MV45	34:52	239	Volker, Arnoud	Unattached	SM	43:53
178	Hughes, Leah	Prestatyn RC	JF	34:59	240	Mottram, Beryl	Pensby Road Runners	FV50	43:59
179	Jones, Christine	Prestatyn RC	SF	35:04	241	Travers, Tracy	Unattached	SF	44:43
180	Meredith, Michelle	Prestatyn RC	SF	35:06	242	Stringer, Ann	Helsby RC	FV40	44:46
181	Beard, David	Shropshire Shufflers	MV45	35:10	243	Carter, Jillian	Unattached	SF	44:48
182	Redpath, David	Unattached	MV45	35:18	244	Headley, Susan	Denbigh Harriers	FV50	44:54
183	Wood, Gerry	Northern Veterans AC	MV40	35:27	245	Stott, Jennifer	Unattached	SF	44:59
184	Melvin, David	Saddleworth Runners	MV50	35:31	246	Hemmings, Stephen	North Wales RRC	SM	45:06
185	Lamb, Mike	West Cheshire AC	MV55	35:42	247	Siddall, Anthony	Unattached	SM	45:07
186	Minion, Nick	Chester Tri Club	SM	35:42	248	Shiple, Margaret	Pensby Road Runners	SF	45:42
187	Prys-Owen, Robert	Unattached	MV45	35:47	249	Crossland, Anne	Unattached	FV40	45:55
188	Hallard, Jill	Colwyn Bay AC	FV50	35:57	250	Jones, Sue	Unattached	FV40	45:57
189	Laurent, Jean-Pierre	Unattached	MV40	36:00	251	Silverwood, Angela	Unattached	SF	49:31
190	Smith, Philip J	Red Herrings	MV45	36:02	252	Clarke, J	Unattached	SM	49:33
191	Budenberg, Anne	Vale Royal AC	SF	36:10	253	Jones, Ken	Unattached	SM	52:30
192	Clague, Derek	Tattenhall Runners	MV55	36:11	254	Cole, Janet	Unattached	FV40	54:15