

## West Cheshire AC - 2008 Road Race Rankings as at 21st November

### 5km

Louis Humphreys	JM	17:09	9	Christleton	09-May	Kate Titlow	JF	19:34	8	Capenhurst	20-Aug
James Ellis	JM	17:12	9	Christleton	09-May	Kerry Riley	JF	22:14	15	Capenhurst	20-Aug
Alex Haswell	JM	17:46	11	Capenhurst	20-Aug	Eleanor Robinson	F35	22:50	16	Birchwood	02-Jul
Andrew Clague	SM	18:00	11	Christleton	09-May						
Gary Withers	M50	18:44	13	Capenhurst	20-Aug						
Paul Price	M50	18:47	14	Christleton	09-May						
Alan Cooper	M55	21:36	21	Wavertree	11-Jun						
Dave Hough	M55	21:38	21	Capenhurst	20-Aug						
Peter Haswell	M50	21:59	22	Capenhurst	20-Aug						
Brian Hastings	M60	22:54	24	Falesia, POR	14-Mar						
Brian Beattie	M60	23:10	25	Capenhurst	20-Aug						
David Crawford	M50	23:55	27	Falesia, POR	14-Mar						
Tony Thackray	M60	25:15	30	Dunham Massey	13-Jun						

### 5 Mile

David Alexander	SM	00:27:34	7	Mold (BL)	09-Mar	Joanne Fellows	F35	00:39:30	19	Chester	02-Apr
Louis Humphreys	JM	00:28:08	8	Mold (BL)	09-Mar	Sacha Kendall-Woods	F35	00:40:57	21	Mold (BL)	09-Mar
Alec Beaney	JM	0:29:26	11	Mold (BL)	09-Mar						
Gary Withers	M50	00:29:48	11	Abergele (BL)	03-Feb						
Russell Kirk	M45	00:29:54	12	Abergele (BL)	03-Feb						
Andrew Clague	SM	00:30:30	13	Mold (BL)	09-Mar						
Paul Price	M45	00:30:39	13	Mold (BL)	09-Mar						
Alex Haswell	JM	00:30:41	13	Alsager	03-Feb						
Andrew Starkey	M45	0:30:45	13	Sefton Pk, L'pool	16-Jul						
Max Woods	M40	00:32:20	16	Mold (BL)	09-Mar						
Andy Hickmott	M45	00:33:31	18	Mold (BL)	09-Mar						
David Herrington	SM	00:34:06	19	Chester	02-Apr						
Dave Hough	M55	00:34:31	19	Runcorn Bridge	23-Mar						
Christopher Cain	M40	00:34:49	20	Birkenhead Park	04-Jun						
Alan Cooper	M55	00:35:40	21	Walton Pk, L'pool	20-May						
Alan Littler	JM	00:35:55	22	Chester	02-Apr						
Mark Povey	SM	00:37:49	24	Runcorn Bridge	23-Mar						
Stuart Russell-Ingram	M45	00:40:51	29	Mold (BL)	09-Mar						
Steve Armstrong	M45	00:42:43	31	Mold (BL)	09-Mar						
Tony Thackray	M60	00:43:40	32	Abergele (BL)	03-Feb						
Peter Povey	M70	00:47:39	37	Runcorn Bridge	23-Mar						

### 10km

Alec Beaney	JM	00:34:34	7	Guilden Sutton	21-Sep	Eleanor Robinson	F35	00:47:49	17	Guilden Sutton	21-Sep
Andrew Clague	SM	00:36:21	10	Capenhurst	15-Jun	Jayne Boyle	F40	0:48:28?	18	Capenhurst	15-Jun
Gary Withers	M50	00:37:50	12	Flintshire (Mold)	21-Sep	Joanne Fellows	F35	0:48:46?	18	Capenhurst	15-Jun
Dave Tiernan	M40	00:38:58	14	Capenhurst	15-Jun	Frances Mudway	F55	00:50:10	20	Garstang	13-Jan
Stephen Williams	SM	00:41:38	17	Guilden Sutton	21-Sep	Anna Sutherland	SF	00:52:04	2	Preston	27-Jan
Max Woods	M40	00:41:41	17	Guilden Sutton	21-Sep	Sacha Kendall-Woods	F35	00:54:06	24	Guilden Sutton	21-Sep
Richard Batterham	M55	00:43:29	20	Guilden Sutton	21-Sep	Mary Radford	F60	00:58:18	28	Farndon	02-Mar
Dave Hough	M55	00:43:56	20	Farndon	02-Mar	Brenda Sharp	F45	01:05:11	34	Penny Lane, L'pool	22-Jun
Alan Cooper	M55	00:44:55	22	Farndon	02-Mar						
Neil Stanley	M40	00:45:00	22	Flintshire (Mold)	21-Sep						
Brian Beattie	M60	00:45:54	23	Flintshire (Mold)	21-Sep						
Mark Povey	SM	00:47:42	25	Penny Lane, L'pool	22-Jun						
Tony Thackray	M60	00:53:39	32	Capenhurst	15-Jun						
Peter Povey	M70	00:59:36	37	Penny Lane, L'pool	22-Jun						

### 10 mile

Andrew Clague	SM	01:03:37	13	Great Warford	10-Aug
Mike Perchard	M55	01:11:49	20	Gosforth (Cumbria)	11-Jun

### Half-marathon

Andrew Clague	SM	01:20:51	11	Wrexham	17-Feb	Jane Pickering	F45	01:46:03	19	Blackpool	27-Apr
Paul Price	M45	01:25:16	14	Wrexham	17-Feb	Joanne Fellows	F35	01:48:35	19	Chester	18-May
Richard Batterham	M55	01:26:23	15	Wrexham	17-Feb	Alison Plested	F40	01:49:34	19	Liverpool	02-Mar
Clive Donovan	M45	01:28:29	16	4 Villages	20-Jan	Sacha Kendall-Woods	F35	01:53:45	22	Chester	18-May
David Herrington	SM	01:28:42	16	Wrexham	17-Feb	Jayne Boyle	F40	01:54:38	22	Wrexham	17-Feb
Andy Hickmott	M45	01:29:48	17	Wrexham	17-Feb	Miriam Lamb	F35	02:05:52	27	Chester	18-May
Stephen Williams	SM	01:30:23	17	Chester	18-May	Mary Radford	F60	02:08:36	28	Wrexham	17-Feb
Max Woods	M40	01:34:39	20	Chester	18-May	Brenda Sharp	F45	02:25:05	35	Chester	18-May
Tony Kennedy	M50	01:34:41	20	Chester	18-May						
Brian Beattie	M60	01:36:54	21	Wrexham	17-Feb						
Mike Perchard	M55	01:37:15	21	Wilmslow	30-Mar						
Christopher Cain	M40	01:41:27	24	4 Villages	20-Jan						
Andrew Hetherington	SM	01:41:47	24	Chester	18-May						
Clive Sykes	M40	01:43:07	25	Chester	18-May						
Alan Cooper	M55	01:43:43	25	4 Villages	20-Jan						
Mark Povey	SM	01:48:41	28	4 Villages	20-Jan						
Peter Weir	SM	01:50:51	29	Chester	18-May						
Tony Thackray	M60	01:59:35	33	Lancaster	09-Nov						
Kevan Hearn	M45	02:07:53	36	Chester	18-May						
Mark Davies	SM	02:16:43	40	4 Villages	20-Jan						

### Marathon

Richard Batterham	M55	03:09:45	16	London	13-Apr
Max Woods	M40	03:21:18	19	London	13-Apr
Michael Hobday	M45	03:25:34	20	London	13-Apr
Tony Kennedy	M50	03:26:55	21	London	13-Apr
David Herrington	SM	03:28:05	21	London	13-Apr
Clive Donovan	M45	03:30:11	22	London	13-Apr
Brian Beattie	M60	03:39:29	24	London	13-Apr
Andy Hickmott	M45	03:40:44	24	London	13-Apr

#### PLEASE NOTE :

Age groups for some have changed during the year

I have attempted to use the one which applied for the race concerned.

Note that two senior men are now M40, and an additional one will be shortly  
Where are our seniors?

Numbers adjacent to times are handicap codes. The same number at different distances is the same level of performance (approx!). Additionally the same number for males and females indicates the same level of performance (approx) although times (at same distance) will be different.  
The numbers aid rapid comparisons to be made.

If any superior performances please me know.

John Driscoll

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